

# TURNING TIDES CAMP

# REACH

**Turning Tides Camp aims to bring together young people and their parents/carers to share their experiences and build connection, respect and understanding. Reach facilitators will create safe and brave spaces to practice empathy for both the young people and their parents/carers in order for them to get to know each other as people, outside of their role as parent/carer or child.**

## Outcomes

As with all Reach programs, Turning Tides Camp has a carefully considered purpose and objectives. It is designed to meet the following outcomes for both young people and their parents/carers.

- Enhance personal self-awareness, self-efficacy and confidence
- Develop a heightened appreciation and acceptance of difference
- Develop or increase awareness of their impact and influence on others
- Establish meaningful connections, awareness, and respect between young people and their parents/carers

## Who is it for?

Any young person between the ages of 13-17 years old and their parent/guardian/carer

## When is it?

Friday 21 June - Sunday 23 June

Drop off at 5pm on Friday, pick up at 4pm on Sunday

## Where do we meet?

Reach HQ: 152-156 Wellington Street, Collingwood, 3066

## What is the cost?

\$395 per pair (young person + a parent/carer)

## Wellbeing Support Framework

Underpinning the design and delivery of all programs and camps is a framework of professional wellbeing support, to ensure emotional safety of all participants.

Young people are supported by trained crew and wellbeing professionals in all Reach workshops. Due to the nature of workshops, all enrolments of young people are reviewed. This may include a direct call to the young person's parent/guardian.

Get in touch with the team to book!

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