

Thurs 4pm-5pm Primary Age

Thurs 5pm-6pm Adolescents

Commencing 02/02/2017 x 8 weeks

Centre of Bright FACES

3/21 Reserve Road, Melton 3337

Facilitated by:

Rolando Jimeno

(Qualified Fitness Trainer)

and Michelle Jimeno

(Ed & Dev Psychologist)

This fun and active 8 week programme will focus on a variety of skill building exercise such as:

- Functional Movements
- Balance and Coordination
- Strength and Conditioning
- Agility
- Reflexes

- Regulation of Emotions and Behaviour
- Self development
- Group Skill Development
- Anxiety Management
- Social Skills

Adolecents \$75.00 per week or \$500 per term with up to \$84.80 medicare rebate per session.

Primary \$100 per session or \$700 per term with up to \$84.80 medicare rebate per session or fully funded for clients eligible for DSS funding.

For more information 0410207995 or info@brightfaces.com.au

Please note prices and Medicare rebates may change depending on enrolment numbers