

are you unsure about the upcoming  
National Disability Insurance Scheme  
(NDIS)?

do you need some assistance collating  
the information for your first planning  
meeting?

## NDIS family readiness

pre-planning  
workshops

The National Disability Insurance Scheme (NDIS) is the most significant change in Australian social policy since the introduction of Medicare in 1975, and is a different way of providing support for people with disability, their family and carers.

To help you understand the changes, Inclusion Melbourne, with support of State Trustees has developed a series of workshops to support you transition to the NDIS.

Over the 2 free workshops Inclusion Melbourne will provide you with information, guidance to set goals, helpful tips, and assist you to gather paperwork for the planning meeting.

It is recommended that you attend both workshops to prepare for your NDIS planning meeting.

In addition to the workshops you will have the chance to meet with other families that are in your local area.

### what we will cover in the workshops

- ▶ What is the National Disability Insurance Scheme, and what has changed?
- ▶ The NDIS process and NDIS documentation
- ▶ How has planning changed?
- ▶ Choice, control and the NDIS
- ▶ How to plan and set goals using the NDIS domains
- ▶ How to ask for circles of support, volunteers, training, shadow shifts, and respite
- ▶ Other important considerations to include in your plan
- ▶ Understanding the NDIS price guide
- ▶ How your plan will translate into supports
- ▶ Preparing for the roll-out and your planning meeting
- ▶ Your plan in action
- ▶ The NDIS review process
- ▶ Your rights as a consumer

## workshop details

**Cost:** Free

**Dates:** Thursday 10<sup>th</sup> August & Thursday 24<sup>th</sup> August 2017

It is recommended that you attend both workshops to prepare for your NDIS planning meeting

**Time:** 2:30 – 4:30pm

**Location:** Bayside Council offices  
76 Royal Ave, Sandringham  
Car parking is available on site

**RSVP:** Email Grant Robert at [groberts@bayside.vic.gov.au](mailto:groberts@bayside.vic.gov.au) or phone Elizabeth Casey on 9599 4711 to register your interest.

Please include access requirements in your RSVP

**Places are limited; please register your interest early**

The NDIS family readiness workshop series was initiated through generous funding provided by State Trustees Australia Foundation Grassroots Grants Program.

