



Peer Support Group

A Safe Space to Connect

Joining this group is a great way to continue your recovery and healing journey. It aims to provide a safe space to connect with others with similar experiences, form friendships, build confidence and self-esteem.

Participants will be offered support throughout the program from the group facilitators. Light snacks will be provided. Childcare, interpreters and transport can be arranged if required.

WHO

- Women* who have experienced family violence
- Live in Bayside Peninsula

WHEN

- Throughout 2024
- 8 x weekly
- Options both within and outside business hours

WHERE

- From Bayside to Southern Mornington Peninsula. Locations provided upon registration

If you are interested and would like further information, please contact Chelsea D or Sally R on 5971 9444 or email FVIntake@goodshep.org.au



*Good Shepherd is inclusive of anyone who identifies as a woman.



Good Shepherd

Australia New Zealand