

Year 10

Virtual Wellbeing Workshops: Wednesday 27th October 2021

GOAL Groups	Session 1 9:00am - 10:00am	REACH Workshop Continues 10:00-10:30	Break 1 10:15-10:30	Session 2 10:30 -11:30 am	REACH Workshop Continues 11:30-12:00	Break 2 11:45-12:00	Session 3 12:00 - 1:00pm	REACH Workshop Continues 1:15-1:30	Session 4 2:15-3:15
GOAL 1	REACH 1 Re-Set (Webex)			Be Wise End The Coward Punch (Teams)			Guru Dudu Wellbeing through music		Elephant Ed Consent
GOAL 2	REACH 2 Re-set								Workshop 1
GOAL 3	Group spilt into 2 groups	Will join either G 1 or G2							Workshop 2
GOAL 4	Guru Dudu Wellbeing through music			REACH 1 Re-Set (Webex)			Be Wise End The Coward Punch (Teams)		
GOAL 5	(Teams)			REACH 2					Workshop 3
GOAL 6				Group spilt into 2 groups	Will join either G4 or G5				
GOAL 7	Be Wise End The Coward Punch (Teams)			Guru Dudu Wellbeing through music			REACH 1 Re-Set		Workshop 4
GOAL 8							REACH 2		

*Key Wellbeing Staff in the REACH Sessions