

## **Physical Education (Yr 3)**

Our Physical Education focus for term 3 will be on games skills with a particular focus on the following activities:

### **Handball**

Ball handling; basic defence skills; basic attacking skills; basic goal kicking; team work.

### **Combative Play**

Partner contests; reaction challenges; play wrestling (arm, leg, back-to-back, shoulder); partner tug-o-war; group tug-o-war.

### **Ball Kicking**

Kicking a round ball for accuracy; kicking for distance; ball kicking games.

From time to time additional sporting clinics will be provided by visiting specialist education officers.