



CAREERS NEWSLETTER

Disclaimer – all information is printed in good faith
It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email jmadani@stpiusx.nsw.edu.au or call 9414 4733.

JobJump - Parents and students please watch YouTube video below and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information.

Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

Deadly Pathways Festival Dubbo

Organisation: Charles Sturt University

Location: CSU Dubbo Campus

Date: September 2, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.

[Find out more and register](#)

2025 Apprenticeship/Traineeship & Jobs Expo – Sutherland Shire

Organisation: Brett Carter Events

Location: Tradies Gynea

Date: September 2, 2025

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts. The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more and register](#)



Torrens Business and Hospitality Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Business and Hospitality academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

Torrens Health and Education Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Health and Education academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

Torrens Technology Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 2, 2025

Join online as our Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)

Interaction Design at Sydney: Your Pathway to Innovation and Creativity

Organisation: University of Sydney

Location: Online

Date: September 3, 2025

Join us for an exciting webinar where we'll introduce you to the vibrant universe of studying Design at the University of Sydney.

This webinar is your chance to discover how our Design degree can prepare you to shape the way we experience the world through technology, from digital interfaces to physical spaces, and everything in between!

[Find out more and register](#)

Torrens Design and Creative Technology Virtual Open Day

Organisation: Torrens University Australia

Location: Online

Date: September 3, 2025

Join online as our Design and Creative Technology academics talk you through the courses on offer and how you can get the most out of studying with us. Learn about scholarships, study pathways, our industry partnerships with global brands and what sets us apart from other universities.

[Find out more and register](#)



Columbia, Brown, Penn, and Princeton University Undergraduate Admissions – Virtual Information Session

Organisation: Columbia University

Location: Online

Date: September 3, 2025

Admissions representatives will hold a joint virtual session for students and families in East Asia, Southeast Asia and Oceania about their respective universities and the highly selective college admissions process. Topics will include:

- Academic programs
- Campus activities
- Student life
- Admissions policies
- Financial aid.

[Find out more and register](#)

They Did What? Video Competition Webinar for Students, Parents & Teachers

Organisation: The GiST

Location: Online

Date: September 4, 2025

Join us for a webinar about the [They did what? video competition](#). This national competition run by The GiST invites Australian students from Foundation to Year 10 to create a 3-minute video highlighting the contributions of an unsung Australian STEM hero, especially those who are under-represented in mainstream STEM success narratives. Whether you're a teacher, student, or parent, this webinar will take you through:

- Information about the competition
- Some inspiring examples from our last competition
- Materials and resources available
- How to enter
- Classroom implementation and curriculum links
- Handy tips and tricks

[Find out more and register](#)

Indigenous Futures at Sydney: Academic and Cultural Support

Organisation: University of Sydney

Location: Online

Date: September 4, 2025

This yarn will focus on the vital role of the Gadigal Centre in supporting the success of Indigenous students at the University of Sydney.

We'll discuss how the Centre serves as a home away from home for our Indigenous cohort and the various resources available to enhance your academic journey.

[Find out more and register](#)

Online Information Session for New Accommodation Residents at the University of Newcastle in 2026

Organisation: University of Newcastle

Location: Online

Date: September 4, 2025

If you're a new resident hoping to move onto campus in 2026, you might have some questions about the application process, contract terms, which residence is for you etc. We'll be hosting a webinar to provide this information and more, so please join us and bring your questions!

[Find out more and register](#)



Unearthing Snowy 2.0 – Geology And Geotechnology Webinar for Schools

Organisation: Snow Hydro Limited

Location: Online

Date: September 5, 2025

When digging a tunnel for the [Snowy 2.0 project](#), one of the last things you might expect to find is a coral reef! This hands-on experience gets students involved in unearthing the mysteries within the Earth's crust. Geology and geotechnology are integral in the designing and building of infrastructure, and by decoding the layers of rock that we build on and in, students will unpack the mysteries of ancient worlds and how they affect us today. With sampling experiences and discussion on experimental design, this session will have your class decoding the universe to help build tomorrow.

This online webinar option allows you and your students to participate at a time and place that suits you, complete with in class practical activities to match.

[Find out more and register](#)

ACPE Open Day 2025

Organisation: Australian College of Physical Education

Location: ACPE Sydney Olympic Park

Date: September 6, 2025

Exploring your study options for a career in the sport industry? Join us on campus. See where you will study, meet our students and lecturers, and participate in info sessions and practical sessions to take the next step with confidence.

- Discover your study course options
- Find out where a qualification from ACPE can take your career
- Take a campus tour
- Discuss your study options with our Admissions team
- Meet with academic and student support staff
- Chat with current students about their experience at ACPE
- Enrol for your preferred course on the day, and secure your place

[Find out more and register](#)

UNSW Open Day 2025

Organisation: University of New South Wales

Location: UNSW Kensington Campus

Date: September 6, 2025

At UNSW Open Day 2025, you'll discover the progress you can make as one of Australia's most employable graduates. Whether you're looking to start uni next year or in a few years, you're a parent or you're considering postgrad – we'll have something for you.

[Find out more and register](#)

UTAS Open Day 2025, Rozelle

Organisation: University of Tasmania

Location: UTAS Rozelle Campus

Date: September 6, 2025

Visit us at our Open Day 2025 event in Sydney. You will have the opportunity to explore our campuses, discuss your study options, and discover how studying at the University of Tasmania could be the perfect fit for you.

[Find out more and register](#)



ACU Open Day 2025, North Sydney

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: September 6, 2025

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to check out the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals.

[Find out more and register](#)

National Art School Open Day 2025

Organisation: National Art School

Location: National Art School

Date: September 6, 2025

Considering art as a career or simply curious about what happens behind the school's historic sandstone walls? See what life is like for students at NAS by participating in studio demonstrations, chatting to our academic staff and visiting the NAS Gallery and student exhibition spaces across our campus.

Want to know more about how to apply to NAS? See us at our course enquiry desk, speak with our faculty in a one-on-one consultation or pop into one of the information sessions running throughout the day.

What can you expect at Open Day?

- Explore the campus with a guided tour
- Get an inside look into art school life with the open studios and creative workshops
- Have your questions answered in a one-on-one portfolio consultation
- Get application ready with a drop-in information session

[Find out more and register](#)

ACAP University College Strategies to Survive Your End-of-Year Exams – Online Session for Year 12 Students

Organisation: ACAP University College

Location: Online

Date: September 15, 2025

Calm and Conquer is your virtual toolkit for navigating the challenges of Year 12 exams with confidence and composure. Led by Alessandro Digiacocono – who brings his unique perspective as a former secondary teacher, current school counsellor and ACAP academic – these tailored sessions deliver evidence-based strategies that work in the real world.

- Understanding stress: Uncover how stress affects us physically and mentally.
- Practical tips to manage stress: Simple methods you can use right away to reduce anxiety and improve focus when studying gets intense.
- Effective study techniques: Learn how to maximise what you remember without burning out.
- Exam-day prep & reset: Strategies to manage nerves and perform at your best when it really counts.

[Find out more and register](#)

Year 12 Future Talk – What's Next? Successfully Setting Up to Start in 2026!

Organisation: University of Wollongong

Location: Online

Date: September 15, 2025

Future Talk is a series of online information sessions designed specifically for a student's support crew. If you're a parent or carer who is navigating the HSC too, we've got your back.

What an Early Admission offer means, what's next? This session will guide you through the next steps, including how to navigate UAC, finalise your enrolment, and prepare for university. You'll also hear from UOW's Accessibility & Inclusion, Wellbeing, and Safe & Respectful Communities teams on how we create a supportive, inclusive environment to help you thrive from day one. [Find out more and register](#)



Crimson Global Academy Gifted Education Models Webinar for Parents

Organisation: Crimson Global Academy

Location: Online

Date: September 16, 2025

Struggling to choose the right educational pathway for your gifted child? With options ranging from acceleration and enrichment programs to specialised schools and online learning, finding the right learning pathway for a gifted child in Australia can be challenging.

Join Gifted Minds Counsellor Dominic Westbrook and CGA Admissions Officer Alex Cork for a fireside chat discussing:

- Common Australian gifted education models, how they work in practice, and the learners they best serve.
- Benefits and drawbacks of different learning approaches and practical tips to determine the right fit for a gifted child.
- Key insights, questions, and considerations to help you effectively assess different schools and programs for your child's best fit.

[Find out more and register](#)

Sydney College of the Arts Portfolio Development Information Evening Online for Future Students

Organisation: University of Sydney

Location: Online

Date: September 16, 2025

Don't miss the opportunity to join us at the Sydney College of the Arts Portfolio Evening online, for tailored feedback and valuable insights to elevate your portfolio to support your application.

Your portfolio is a key part of your application to study a Bachelor of Visual Arts or Bachelor of Visual Arts and Bachelor of Advanced Studies at the University of Sydney.

As part of the Portfolio Evening, you'll be able to speak with our experienced staff to:

- gain personalised, one-on-one feedback and advice on your current portfolio and how to enhance your submission from our academic staff
- receive information about our degrees, specialised facilities, and student opportunities inside and outside the classroom.

[Find out more and register](#)

Sydney College of the Arts Portfolio Development Information Evening for Future Students

Organisation: University of Sydney

Location: USYD Camperdown Campus

Date: September 16, 2025

Don't miss the opportunity to join us at the Sydney College of the Arts Portfolio Evening, in-person, for tailored feedback and valuable insights to elevate your portfolio to support your application.

Your portfolio is a key part of your application to study a Bachelor of Visual Arts or Bachelor of Visual Arts and Bachelor of Advanced Studies at the University of Sydney.

As part of the Portfolio Evening, you'll be able to speak with our experienced staff to:

- gain personalised, one-on-one feedback and advice on your current portfolio and how to enhance your submission from our academic staff
- receive information about our degrees, specialised facilities, and student opportunities inside and outside the classroom.

[Find out more and register](#)



Why Study Civil Engineering at Sydney?

Organisation: University of Sydney

Location: Online

Date: September 17, 2025

See how our civil engineering degrees can equip you for the challenges and opportunities in the evolving world of infrastructure and development. You will explore a variety of specialised fields such as water, structures, geotechnical, humanitarian and transport engineering.

Gain insights into our Professional Engagement Program, modern engineering precinct and career paths available to our civil engineering students. [Find out more and register](#)

Scholarships at Sydney

Organisation: University of Sydney

Location: Online

Date: September 17, 2025

At the University of Sydney, we offer over \$135 million worth of scholarships every year. We're dedicated to supporting you throughout your time at university and offer a variety of scholarships for domestic undergraduate students. To make the process easier and more accessible, we've created a centralised form where you can be considered for a scholarship through one simple application.

Additionally, some of our scholarships require no application at all! In this webinar you will learn about the scholarships we offer, find out about your eligibility, get tips on writing a strong scholarship application and have your questions answered by our team.

[Find out more and register](#)

Live Talks: Parents Information

Organisation: Southern Cross University

Location: Online

Date: September 18, 2025

Here at Southern Cross University, we are organising an exclusive session designed specifically for parents and students in Years 11 & 12 and encourage you to join us for an upcoming Parents Information Webinar.

The session will cover a wide range of topics, including:

- How to apply
- Taking advantage of our early entry application
- Why SCU
- Scholarship opportunities
- Understanding costs
- Support services
- Uni life and global opportunities

[Find out more and register](#)

Deadly Pathways Festival Port Macquarie

Organisation: Charles Sturt University

Location: CSU Port Macquarie Campus

Date: September 18, 2025

Deadly Pathways Festivals are back in 2025! Join us for a high-energy day full of activity, inspiration and celebration of First Nations success.

- Meet First Nations role models in science, technology and health.
- Engage in insightful workshops led by Charles Sturt academics, and dive into hands-on activities that will ignite your curiosity and passion for learning.
- Find out about support for entry and success as a future student at Charles Sturt.
- Enjoy featured entertainment by comedian Andy Saunders and talented musicians.
- [Find out more and register](#)



University of Sydney Online Open Night

Organisation: University of Sydney

Location: Online

Date: September 18, 2025

Open Night is your opportunity to experience the University of Sydney from wherever you are. Join us online for an interactive evening designed specifically for prospective domestic undergraduate students from interstate and regional areas in Australia, New Zealand, and offshore.

Whether you're exploring your study options, want to understand entry pathways and scholarships, or are curious about life on campus, this event is for you. You'll hear from current students, and connect with our faculty, admissions, student support and scholarship staff, as well as a range of accommodation providers, in live breakout rooms.

[Find out more and register](#)

University of New South Wales Aviation Open Day

Organisation: University of New South Wales

Location: UNSW Aviation Flying Operations Unit, Bankstown Airport

Date: September 20, 2025

Are you passionate about flying or curious about a career in aviation? Join UNSW for an unforgettable experience at their Aviation Open Day, held at the state-of-the-art Bankstown Airport flight training facility.

What to expect:

- Explore the fleet of Diamond DA-40 and Piper Seminole PA44 aircraft up close
- Experience cutting-edge flight simulators
- Chat with expert instructors and current students
- Tour the facilities and get a feel for life at UNSW Aviation
- Ask anything - UNSW is here to help you navigate your aviation journey

Whether you're dreaming of becoming a pilot or just want to learn more about aviation, this is your chance to get inspired and informed.

[Find out more and register](#)

Free Online HSC Study Sessions

Organisation: Western Sydney University

Location: Online

Date: September 29 to October 3, 2025

From Monday 29th September to Friday 3rd October 2025, Western Sydney University will be offering a range of online study sessions to assist Year 12 students in their preparations for the HSC.

These will be delivered by highly qualified senior teachers with 24 free sessions across 15 key HSC subject areas, with sessions that include content analysis, tips and strategies, and a detailed exploration of key syllabus and curriculum areas.

Students also have the opportunity to sit a practice exam and deconstruction, with feedback and advice from experts. [Find out more and register](#)

Discover Teaching & Psychology at Strathfield Campus

Organisation: Australian Catholic University

Location: ACU Strathfield Campus

Date: October 1, 2025

Are you passionate about shaping young minds or helping others thrive? Take part in hands-on workshops where you'll gain practical insights into what it's really like to work as a teacher or psychologist.

Tour our facilities and hear firsthand from current students about their rewarding journeys and experiences in these impactful fields.

Whether you're interested in becoming a teacher or pursuing a career in psychology, this event will give you a closer look at how ACU can help you make a difference in the lives of others.

[Find out more and register](#)



University of Wollongong EmpowerHER STEM Summit Junior for Year 7-9 Students

Organisation: University of Wollongong

Location: UOW Wollongong Campus

Date: October 1 to October 2, 2025

The University of Wollongong is thrilled to announce the return of the EmpowerHER STEM Summit Junior in 2025. This hands-on, two-day event, taking place during the Spring school holidays, is designed for fierce female students in Years 7, 8 & 9.

Brace yourself for an exciting experience as we raise the STEM-bar for girls and ignite their passion for Science, Technology, Engineering, and Maths (STEM)!

Students will journey through UOW's vibrant Wollongong Campus and mind blowing Bluescope site to witness STEM in action. Accompanied by faculty, current students, and industry professionals, this event promises an enriching, yet collaborative experience.

[Find out more and register](#)

Australian Institute of Music Holiday Workshop for Year 9-12 Students – Mastering Performance, Sydney

Organisation: Australian Institute of Music

Location: AIM Sydney Campus

Date: October 3, 2025

AIM's new school holiday workshop is designed for high school students interested in Music Performance. Created for students in Years 9-12, the workshops provide incredible opportunities to experience playing and performing music, mentored by AIM's own accomplished musicians and educators.

Over the course of the workshop, students will work with two professional musicians, Adrianna Cicchitelli & Gian Timothy Gho, to expand their performance skills in a collaborative and inspiring environment. They will workshop communication in an ensemble, chart reading, rhythm, pitch, dynamic, improvisation, stylistic interpretation and performance. Under their guidance, they will use these new rehearsal and performance techniques to create a small set of diverse songs in collaboration with other students in the class to present a performance for family and friends.

[Find out more and register](#)

Discover Business at ACU North Sydney

Organisation: Australian Catholic University

Location: ACU North Sydney Campus

Date: October 3, 2025

In today's fast-paced world, where technology and AI are reshaping industries, are you ready to take on the challenges of the modern business world? Discover how ACU can help you become a business leader, entrepreneur or social innovator in the modern global economy.

At this event, you'll take part in a hands-on workshop with current students and staff to learn how ACU can kickstart your career in business.

You'll explore the unique opportunities we offer, from working with cutting-edge technology and machine learning to making valuable industry connections, engaging with the community, and even studying abroad.

[Find out more and register](#)

Australian Institute of Music Holiday Workshop for Year 9-12 Students – The Songwriter's Toolkit, Sydney

Organisation: Australian Institute of Music

Location: AIM Sydney Campus

Date: October 3, 2025

Created for students in Years 9-12, AIM's new high school music workshops provide incredible opportunities to explore songwriting, mentored by AIM's own accomplished musicians and educators.



This songwriting workshop is essential for any high school students curious about writing songs and performing and is a golden opportunity to work with incredibly accomplished songwriters. Join us these school holidays and discover the songwriter and performer you were born to become.

[Find out more and register](#)

School Holiday 'Out There' Sailing Program

Organisation: Royal Prince Alfred Yacht Club

Location: Royal Prince Alfred Yacht Club

Date: October 7 to October 10, 2025

The 'Out There' School Holiday Sailing Program is for participants who are 12-17 years old looking to try a new activity, have some fun and engage with others whilst sailing.

This four-day program will include a variety of sailing activities that are focused on having fun and learning basic sailing skills. Sessions will be conducted on a mix of Club vessels, including the RPAYC's fleet of Elliott 7 Keelboats, Pacer Dinghies, Windsurf and SUP Boards, Hobie-Cat dinghies and Powerboats.

[Find out more and register](#)

HSC Study Session With Dymocks Tutoring

Organisation: International College of Management Sydney

Location: ICMS Manly Campus

Date: October 8 to October 9, 2025

Are you a current Year 12 student stressed about your upcoming HSC exams? Don't be! ICMS, in collaboration with Dymocks Tutoring, is thrilled to invite you to our free revision days on 8 and 9 October 2025.

Throughout the day, you'll have the incredible opportunity to attend up to three sessions run by expert tutors from Dymocks. These sessions are designed to cover a range of subjects, including English, Mathematics, and Business Studies.

Whether you're looking for a comprehensive review of all modules, seeking valuable tips and tricks, or in need of practical guidance on how to excel in the HSC exam, this event is tailored to meet your needs.

[Find out more and register](#)

Campion Study Camp

Organisation: Campion College

Location: Campion College Toongabbie

Date: October 8 to October 10, 2025

Looking for the perfect place to focus on your studies during the school holidays? Campion College's Study Camp is a brand-new initiative launching in 2025, designed to help Year 11 & 12 students make the most of their time away from school. With 6–8 hours of study each full day, a peaceful and focused environment, and the chance to connect with like-minded peers, this camp provides the ideal setting to stay on track with your academic goals.

But it's not all work! Between study sessions, enjoy fun activities to help you recharge, nutritious meals and snacks, and comfortable on-campus accommodation with 8–9 hours of sleep each night. There will also be opportunities for reflective discussions, offering encouragement and perspective during this important time. On the final night, students will join Campion College students, faculty and staff for Formal Hall – a special evening featuring a two-course meal and guest talk in the college's Grand Hall.

To ensure a focused and supportive experience, Study Camp will be limited to 30 students.

[Find out more and register](#)

National Fashion College Styling Workshop

Organisation: National Fashion College

Location: NFC Sydney Campus

Date: October 11, 2025

You're officially invited to the National Fashion College's Styling Workshop, hosted at their incredible Sydney Campus. Taught by one of Tiffany & Co's National Stylists, Emma Read, you're not going to want to miss this!



Attendees will also work on two street-style photo shoots with a renowned fashion photographer, as well as learn about:

- Styling celebrities and talent
- E-commerce styling
- Social media and content styling

By the end of the day you'll leave with a portfolio of digital images and receive a certificate of completion. This experience is recommended for guests aged 16 and older.

[Find out more and register](#)

Experience Engineering! for Female and Non-binary Students in Years 7-10

Organisation: Engineers Australia

Location: WSU Kingswood Campus

Date: October 24, 2025

Experience Engineering! is designed to capture the imagination of female and non-binary students in Years 7-10. They will discover how they can use their Maths, Science and Technical knowledge combined with their creativity and communication skills to solve set tasks and problems. This is what Engineering is all about!

The activities are devised by our Engineering Universities and delivered by current Engineering students - with the assistance of Engineers.

[Find out more and register](#)

University of New South Wales Water Research Laboratory Open Day 2025

Organisation: University of New South Wales

Location: UNSW Water Research Laboratory

Date: October 25, 2025

Ever wanted to know why rips form in the surf? Or what happens to all the sand on the beach in a storm? What amount of water does it take for a car to float? How are dams, harbours and breakwalls designed? And how, exactly, do these things get tested anyway?

Based on Sydney's Northern Beaches at Manly Vale, the [UNSW Water Research Laboratory](#) (WRL) is one of the biggest scientific and engineering facilities in Australia, tucked away below Manly Dam.

Come tour our massive labs, meet the experts, and see engineering and science at work.

[Find out more and register](#)

Year 11 & 12 Masterclass – Northern Rivers

Organisation: Southern Cross University

Location: SCU Lismore Campus

Date: November 13, 2025

Join us for Masterclass Day where you will take a deep dive into different study areas of your choice. Meet our students and academics, experience our campus facilities and learn more about university life on this interactive and fun day!

What can I expect?

- Live like a University student for the day and elect two interactive workshops in your preferred areas of study
- Experience our state-of-the-art campus facilities
- Meet inspiring people, from academics to current students

[Find out more and register](#)

Making It In Media

Organisation: Charles Sturt University

Location: CSU Bathurst Campus

Date: November 14, 2025



Are you passionate about content creation, news, journalism, media, advertising or public relations? If you're a student in Years 9, 10, 11 or 12, join us for our free Making it in Media workshop!

Ever wondered what it's really like to host a podcast, write newsworthy articles or work in TV? In this exciting full-day workshop, you'll dive deep into the dynamic worlds of design and content creation, news and media, and strategic communication.

This interactive, hands-on experience invites you to collaborate with other students and explore the diverse majors you'll discover at Charles Sturt.

[Find out more and register](#)

Camden Careers and Jobs Expo 2025

Organisation: Camden Council

Location: Camden Civic Centre

Date: November 20, 2025

Hosted by Camden Council, this exciting event brings together job seekers, exhibitors, students, and industry leaders for a day packed with opportunities. Whether you're launching your career, switching industries, or looking to advance your skills, this is the event you don't want to miss!

- For Job Seekers: Discover a wide range of job opportunities, connect with employers, and explore career paths that could change your future.
- For Exhibitors: This is your chance to showcase your business, engage with potential candidates, and promote your training programs to an eager audience.
- For Students/Schools: Explore endless career pathways, network with employers, and find out about study and training options to kickstart your journey post school.

[Find out more and register](#)

Engineering Summer School – Experiences for Year 11 & 12 Students

Organisation: Engineers Australia

Location: Sydney

Date: December 7 to December 12, 2025

Engineering Summer School has been running for 33 years and supported by the Office of NSW Chief Scientist & Engineer. It is a collaboration between Engineers Australia, our Engineering Universities and Industry partners. ESS2025 is for students sitting their HSC or equivalent in 2026. The aim of the week is to provide an insight into the vast number of areas where Engineers work, the numerous degrees available, and the amazing career opportunities both in Australia and globally.

ESS2025 is a fully residential program, allowing you to start building your networks as you find your "tribe". You will:

- Stay on campus at USYD
- Visit 5 key universities and 5 key organisations
- Meet loads of Engineers from wide and wild ranging areas

[Find out more and register](#)

University of New South Wales Arts, Design & Architecture Undergraduate Scholarships

Organisation: University of New South Wales

Location: Australia

Value: Up to \$6,000 AUD

Open Date: July 2, 2025

Close Date: September 30, 2025

[Find out more](#)

University of Canberra Snow Scholarship for Disadvantaged Students in ACT & NSW

Organisation: University of Canberra

Location: Australian Capital Territory, New South Wales

Value: Up to \$30,000 AUD

Close Date: October 12, 2025



[Find out more](#)

They Did What? STEM Video Competition for Australian Students

Organisation: The GiST

Location: Australia

Value: Up to \$300

Open Date: August 25, 2025

Close Date: November 27, 2025

[Find out more](#)

How to know if you're eligible for the Educational Access Scheme

Things don't always go to plan, and if you've faced difficult times during your last few years of school then this may have impacted on your results. For that reason, the Educational Access Scheme exists to support you and essentially level the playing field, improving your chances of getting into your preferred course at university.

If you've experienced challenges such as financial hardship, illness, a disability, difficult family circumstances, or disruptions like natural disasters, the EAS could help balance things out when you apply for university.

There's a [good video here from VTAC](#) which explains the schemes.

Why should you apply for the EAS?

Applying for EAS can give you a fairer chance of getting into your chosen course. If your Year 11 or 12 results don't reflect your true potential because of your circumstances, your application can be reassessed with adjustment factors (sometimes called bonus points). These don't change your ATAR, but they can boost your [selection rank](#), which is what universities use to decide who gets an offer.

For example, you might miss the advertised entry rank for a course by a couple of points, but if you've been approved for EAS, the adjustment factors could lift your selection rank high enough to secure an offer.

It's not about lowering standards or giving you an unfair advantage – you'll still need to meet course prerequisites and, once you're at uni, keep up with your studies. It's simply about making sure your application is considered fairly, given the obstacles you've had to manage.

What benefits can you get?

The main benefit of EAS is that it can make it easier to get into your preferred course. Depending on the university and the category you apply under, you may receive:

- **Adjustment factors** (extra points added to your selection rank)
- Access to **equity scholarships or grants**
- **Support services at university** to help you transition more smoothly into study

Even if you're not sure whether you'll qualify, it's worth checking. Many students are surprised to find they're eligible under one or more categories.

Before we get into the EAS...

If you're struggling, then support is out there.

For financial support

Check out scholarships from the universities you are applying to – most of them offer scholarships specifically for people who need financial support. Also don't forget to get in touch with Centrelink, let them know what's happening and see if there are any additional payments you can access – especially if you'll be moving to study.

Support for young carers

If you help care for a family member, check [the Young Carers Network](#) for resources and the [Young Carer Bursary](#). It provides financial help so you can keep studying while balancing your caring role.

Domestic and family violence



If home isn't safe, you can contact [1800 RESPECT](#) (24/7, free, and confidential). Universities also have wellbeing teams who can connect you with housing and emergency support.

English as a second language

Many universities run bridging programs and [academic skills support](#) programs. Community centres and libraries may also offer free English classes.

Illness or disability

For mental health support, reach out to [Headspace](#) or [Kids Helpline](#). At university, you can register with disability services to access adjustments such as flexible attendance or exam support.

Rural, regional and remote students

There are heaps of [scholarships](#) for rural, regional, and remote students to help with the costs of university, from tuition fees to relocation costs.

How to check if you're eligible for EAS

The criteria are different across Australia, so you need to start by thinking about where you want to study next year. What makes you eligible in one place might not count in another.

If you want to stay close to home and study in the same state or territory as you are living in right now, then just skip down to that section - otherwise, check out the criteria for where you want to study, *not* where you are living right now.

If you want to study in New South Wales or the Australian Capital Territory

There are nine categories you could be eligible for:

- Disrupted schooling
 - Attended three or more different schools in Years 10, 11, and 12
 - Moved to Australia after the start of Year 11 and English is your first language
 - Moved interstate after the start of Year 11
 - Studied a Year 12 subject through distance education or an Access program
- Financial challenges
 - Receiving any of the following for at least three months:
 - Youth Allowance
 - Austudy
 - ABSTUDY
 - another Centrelink means-tested benefit
 - You've faced a different exceptional financial challenge (usually only for a small number of people)
 - Your parent(s)/guardian(s) received Family Tax Benefit Part A
- Severe family disruption
 - Death of an immediate family member or close friend
 - Life-threatening or severe illness of an immediate family member or close friend
 - Separation of your parents
 - Separation of your relationship (needs to have caused a change in your living arrangements)
 - Criminal or legal matters for offences not committed by you
 - Severe abuse of you, your parents, or your siblings
 - Time spent in Out Of Home Care (OOHC)
 - Impacts from a natural disaster (evidenced by disaster relief payments, insurance documents, etc.)
- Excessive family responsibilities
 - Significant/excessive care for children or other family members
 - Required to work to support yourself or your family
 - Cared for yourself with no family support
- English language difficulties
 - English is your second language
 - You came to Australia from a non-English speaking country after 2020 or Year 7



- Personal illness/disability
 - You have a severe and long-term/recurrent medical condition or disability
 - You have a learning, sensory, physical, psychological or other disability/disorder
- Refugee status
 - You hold (or have previously held) an Australian refugee or humanitarian visa
- School environment
 - Your school is classified as rural, regional or remote according to the [Australian Bureau of Statistics \(ABS\) Australian Statistical Geography Standard – Remoteness Area \(ASGS-RA\)](#)
 - Note: this will normally be automatically assessed - you only need to apply if you transferred to a metropolitan school during Year 11 or 12
- Socio-economic disadvantage
 - Your residential address is in the lowest 25% of socio-economic disadvantage in Australia
 - Note: this will be automatically assessed and you can't change your address after you submit your UAC application

Any of these factors need to have been negatively affecting you during Year 11 and/or 12, and anything that happens after September won't make you eligible.

You also need to be an Australian or New Zealand citizen, permanent resident, or holder of an Australian permanent resident humanitarian visa.

If you're eligible, institutions can increase your selection rank but you're not guaranteed a place, and UAC can't tell you how many points you could get.

How to apply

- Some of the criteria are assessed based off your address, so if you meet criteria for socio-economic disadvantage or living in a rural, regional, or remote area then you will automatically be assessed when you apply to UAC - you don't need to do anything else. They'll send an email letting you know if this is the case.
- If you need to apply, then fill in the form AFTER you've completed your UAC application. You'll need to select the circumstances and answer any questions. You'll have time afterwards to submit supporting documentation.
- If instructed to do so, supply additional evidence, which could be an applicant statement (i.e. you explain what happened in your words), a statement from someone at your school or a counsellor, or a medical impact statement.

Key dates

- Early bird applications close: 30 September 2025
- Deadline to submit application and supporting documents:
 - 18 November 2025 (to guarantee a response by 18 December for change of preferences and to be considered in December Round 2)
 - 25 December 2025 (to be considered in January Round 1)
 - 6 February 2026 (final closing date for Semester 1 2026 admissions)
- Earliest date you could receive a response: 18 December 2025

For more information and all the details, check out the [EAS application guide](#) and [visit the UAC website](#).

If you want to study in Queensland

There are five categories you could be eligible for:

- Financial Hardship
 - Receiving any of the following:
 - Youth Allowance
 - Austudy
 - ABSTUDY
 - another Centrelink means-tested benefit
 - You participate in The Smith Family Learning for Life Program
 - Your total (gross) household income is below a threshold (determined by each institution)



- Home Environment and Responsibilities
 - Family conflict (significant dysfunction)
 - Legal separation or divorce (self or parents)
 - Substance abuse within your household
 - Lack of stable housing
 - Forced to be independent under the age of 18
 - Abuse where you reside
 - Assault where you reside
 - Lack of support for education due to cultural demands
 - Required to provide care for siblings in excess of normal domestic responsibilities
 - Caring for a disabled or seriously ill family member or member of household
 - Death or serious illness of a family member or member of household
 - Home affected by a natural disaster or serious accident
 - Home affected by drought
 - In foster care or recently left foster care
- English Language Difficulties
 - you have studied in English for less than 6 years
 - you have experienced profound difficulty studying in English
 - you are a recent migrant to Australia or
 - you are a refugee or asylum seeker
- Personal Illness or Disability
 - a disability
 - a long-term or recurrent medical or psychological condition
 - a serious, short-term medical or psychological condition
 - learning difficulties
 - a significant illness causing prolonged disruption to your studies
- School Environment
 - Regional or remote schooling in a *remote* or *very remote* (RA3-RA5) area
 - Travel time greater than 2 hours to school each day, as a round trip, from your home in a regional or remote area
 - Significant peer conflict at school during your senior studies
 - A natural disaster or serious accident that affected your school
 - Death of a school peer
 - Limited access to schooling before coming to Australia as a refugee
 - One or more changes of school or school system in Years 11 and 12 with adverse impact
 - Excessive change of teachers in one or more subjects during senior schooling (generally more than 3 teachers or 4 changes)
 - Distance Education for one or more subjects during years 11 and 12 due to circumstances beyond your control
 - Composite or concurrent classes for one or more subjects during your senior schooling with adverse impact

How to apply

- Some of the criteria can be automatically assessed - for example, you can connect your QTAC application to Centrelink so they can assess your benefits automatically.
- If instructed to do so, you'll need to complete a cover sheet and supply any additional required evidence or documentation.

Key dates

- Deadline to submit application and supporting documents – 8 December 2025 (to receive an offer on 23 December)

For more information and all the details [visit the QTAC website](#).



If you want to study in Victoria

There are four categories you could be eligible for:

- Personal Information and Location
 - Mature age (over 21 for higher ed/uni, over 18 for VET)
 - Identify as Aboriginal or Torres Strait Islander
 - Live in a regional, remote, or under-represented area – what counts differs by institution
 - Attend an under-represented school
 - Identify as an under-represented gender
 - From a non-English speaking background (born in a non-English speaking country, speak a language other than English at home, and have arrived in Australia after 2014)
 - First in your family to attend university
 - Note: you'll be automatically assessed for these even if you don't apply, but you can still apply for other criteria in other areas as well
- Financial Hardship
 - You are in receipt of Centrelink benefits
 - You are a dependent of a parent or guardian who is in receipt of Centrelink benefits
 - Excessive financial obligations
 - Individual or family economic hardship
 - Individual or family poverty
- Living with a disability or medical condition
 - You'll need to explain how the condition has impacted on your education, and provide a statement of support from a health practitioner
- Difficult family and life circumstances
 - You are a refugee or asylum seeker
 - You've been homeless or lived in out-of-home care
 - Death of an immediate family member or close friend
 - Life-threatening or severe illness of an immediate family member or close friend
 - Separation of your parents
 - Separation of your relationship (needs to have caused a change in your living arrangements or required you to change schools and social group)
 - Excessive caring responsibilities
 - Natural disasters
 - Experienced physical, psychological, or emotional abuse at school, work, or elsewhere
 - Experienced domestic, family, or sexual violence (no statement required if you provide a letter from a [support worker](#))
 - Disrupted education
 - Other disruptions not specified – you'll need to provide a statement and evidence, and this doesn't include things like an absence of local art galleries, being a school captain, or short-term teacher absences

Many of the criteria are automatically assessed (i.e. financial circumstances if you receive Centrelink payments), but you may still need to supply additional evidence or statements to support your claim.

To be eligible, you'll need to be an Australian or New Zealand citizen, permanent resident, or holder of an Australian permanent resident humanitarian visa. Not all institutions recognise all of the eligibility criteria, so [check directly](#) with them if you're unsure.

When you apply for SEAS, you'll also be automatically assessed for equity scholarships.

If you're eligible, institutions can increase your selection rank but you're not guaranteed a place, and VTAC can't tell you how many points you could get.

How to apply

- You need to complete your VTAC course application first; if you're eligible, the application forms will become available in your VTAC account after this.



- Some of the criteria can be automatically assessed once you complete your VTAC profile (unless you opt out).
- If instructed to do so, you'll need to select categories, supply your statements and supply any additional required evidence or documentation.

Key dates

- VTAC timely applications close: 29 September 2025
- SEAS and scholarship applications close: 10 October 2025
- Access your ATAR: 11 December 2025
- Receive an offer: 23 December 2025

For more information and all the details [visit the VTAC website](#).

If you want to study in Western Australia

There are four categories you could be eligible for:

- School environment
 - Experiencing multiple relocations during your schooling
 - Attending a school where few students are interested in university study
 - Attending a school in a rural or isolated area
- Financial circumstances
 - Family financial hardship
 - Coming from a low socio-economic status background
 - Needing to work excessive hours to support family income
- Family situation
 - Experiencing family disruption
 - The death of a close family member or friend
 - Lack of a supportive home study environment
 - Supporting family member/s with an illness/disability
 - Indigenous background
- Personal health issues
 - Living with a medical condition/disability
 - Sustaining an accidental injury that disrupted your schooling through the year
- Other considerations
 - Refugee/asylum seeker status
 - Leaving foster care
 - Other things not covered above

You complete your EAS application AFTER you've completed your initial TISC application and paid the processing fee – technically, you can apply directly to the universities but if you apply through TISC then they'll process your application for all the universities.

How to apply

- Complete your TISC application and pay the fee.
- Log back into TISC and select 'Educational Access Scheme'.
- You'll need to provide supporting documentation which could include your statement, Year 11 and 12 reports, a school statement, any Centrelink statements or documentation, medical evidence, or any other requested documents.

Key dates

- EAS applications close: 28 November 2025
- Access your ATAR: 19 December 2025
- Receive an offer: 24 December 2025

For more information and all the details [visit the TISC website](#).



If you want to study in South Australia or the Northern Territory

SATAC do things a little differently; they apply a 5 point adjustment to all students in certain specified schools, and to eligible individual students in other schools.

For your school to qualify for equity adjustments they consider:

- The school's remoteness
- The percentage of students who gain an ATAR in your school
- The mean ATAR achieved, and
- The school's Index of Community Socio-Educational Advantage (ICSEA)

You don't need to apply for this type of adjustment, it will be made automatically when you apply through SATAC and they calculate your selection rank.

If you don't attend a qualifying school, you can apply for individual adjustments if, during the school year when you gain your ATAR (usually Year 12):

- you or your parents receive a Commonwealth means-tested income support payment
- you or your parents are the holders of a Health Care or Pensioner Concession Card
- you are the holder of a School Card (under the Government of South Australia's School Card scheme)

How to apply for individual adjustments

- Start your SATAC application.
- If you receive the support payments or have a card in your own name you'll provide your Centrelink CRN, otherwise you'll need to supply supporting documents.

For more information and all the details [check out the SATAC website](#).

If you want to study in Tasmania

UTAS offer special consideration if you've experienced challenges or disadvantage. These could include:

- A serious or debilitating illness
- An extended period of educational disadvantage or personal hardship

To be eligible, you'll need to be an Australian or New Zealand citizen, permanent resident, or holder of an Australian permanent resident humanitarian visa. You'll need to have been affected to a substantial degree, and be able to support your application with independent documents

How to apply

- Apply to UTAS and complete your application.
- Complete the online form and provide any requested documentation.

Key dates

- Starting in Semester 1 2026 – applications close 4 January 2026
- You'll receive an outcome by the end of January at the latest

Find out more about [special consideration at UTAS here](#).

Deadly jobs where First Nations people shine

You might be visiting hospital when Dr Kelvin Kong walks in: he's celebrated as [Australia's first Indigenous surgeon](#). Or you're watching Thor: Ragnarok, directed by Taika Waititi, who was the [first Māori filmmaker to win an Academy Award](#). Maybe you're researching health outcomes that could help close the health gap, in which case you're likely to read publications by Professor Sandra Eades; she's a [leader in indigenous health](#) and the [first Aboriginal practitioner to be awarded a PhD](#).

These aren't just career success stories - they're proof that First Nations people are absolutely smashing it across every industry you can imagine.

Making music that moves the world

Music is a universal language, but when First Nations artists blend traditional cultural practices with contemporary sounds, they are preserving ancient traditions and creating something truly revolutionary.



Tanya Tagaq

[Tanya Tagaq](#), an Inuk throat singer from Cambridge Bay, Nunavut, has transformed a traditional art form into something completely groundbreaking.

Throat singing, traditionally performed by two women as a friendly competition, nearly disappeared due to colonialism. But Tagaq adapted the technique for solo performance, blending it with electronic, punk, and rock elements. Her powerful voice has earned her collaborations with international stars like Björk and won her the prestigious Polaris Music Prize in 2014, beating out Drake and Arcade Fire.

"We're getting to the point where it's going to be cool to be us, and that's so exciting," [Tagaq says](#) about the new generation of Indigenous artists making waves.

Jeremy Dutcher

[Jeremy Dutcher](#), a Wolastoq man currently living in Toronto, discovered his calling when he listened to century-old wax cylinder recordings of his ancestors' songs at the Canadian Museum of History.

Classically trained as an operatic tenor, Dutcher created his debut album *Wolastoqiyik Lintuwakonawa* by re-imagining traditional Wolastoqiyik songs with neo-classical arrangements. His work won the 2018 Polaris Music Prize and the Juno Award for Indigenous Music Album of the Year.

"When we lose [the people who speak Wolastoqey], we're not just losing words," [Dutcher says](#). "We're losing entire ways of seeing the world. That's what language is."

Healing communities through medicine

Medicine isn't just about treating illnesses - it's about connection, understanding, and trust too. First Nations medical professionals bring deep cultural knowledge to their practise that helps them connect with patients and their needs in ways that transform healthcare.

Dr Stanley Vollant

[Dr Stanley Vollant](#) made history as the first Innu surgeon in Quebec and the first Indigenous person to head a medical association in North America.

His not-for-profit organisation Puamun Meshkenu works to inspire First Nations youth to realise their full potential. It was founded after Dr Vollant embarked on a 6,000km walk across Quebec between 2010 and 2017, visiting schools and Indigenous communities along the way to promote healthy habits.

"My vision is to bring people to celebrate wellness and also to celebrate [being] all together, Indigenous and non-Indigenous people," [he says](#).

Dr Nadine Caron

[Dr Nadine Caron](#) is the first Canadian female general surgeon of First Nations descent, as well as the first female First Nations student to graduate from University of British Columbia's medical school.

Now, she's director of the [Northern Biobank Initiative](#), ensuring rural and remote First Nations communities have equitable access to genomic research into diseases like colorectal, breast and thyroid cancer. Dr Caron was also inducted into the Canadian Medical Hall of Fame in recognition of her transformative leadership in Indigenous health and surgical practice.

"This is recognition of all those individuals who believed in and supported me with my hopes and dreams, which have really only started and that I will one day pass on," [she said after her induction](#). "This honour is a symbol of what family, friends, colleagues, and community can do when we all wish for a tomorrow that is better for our children."

Reaching for the stars

Space exploration and cutting-edge technology might seem worlds away from traditional Indigenous knowledge, but First Nations innovators are proving that ancient wisdom and modern science create a powerful combination.

John Herrington

[John Herrington](#) of the Chickasaw Nation, made history in 2002 when he became the first Native American to fly into space aboard Space Shuttle Endeavour's STS-113 mission.



But Herrington's journey to the stars wasn't straightforward - he dropped out of college, worked in restaurants, and was a rock climber before joining the U.S. Navy and becoming a pilot. His path shows that success can come from unexpected directions when you combine determination with opportunity.

After retiring from NASA with over 330 hours in space, Herrington earned his PhD in education and now travels the world inspiring Indigenous youth to pursue STEM careers.

"A lot of people have a stereotypical view of what a Native American is, but in reality, we're engineers, we're scientists, we're doctors, we're lawyers," he said [in an interview with PBS in 2023](#). "It's not just that we're proud of who we are, but proud of what we do."

Karlie Noon

[Karlie Noon](#) is a Gamilaraay woman from Tamworth, and the first Aboriginal person on the east coast of Australia to graduate with a combined degree in mathematics and physics.

Now, she works across Australia sharing science with young people, especially those from Indigenous and low socio-economic backgrounds. Her achievements have earned her recognition as a finalist in several major awards, including the Eureka Prize and ACT Young Australian of the Year.

"I hope that I can show people how important our role is, here under the beautiful sky we have, and show everyone that this place is something really to treasure," [Noon says](#).

Creating stories that matter

The creative industries have been revolutionised by First Nations storytellers who bring authentic perspectives to global audiences. They're important cultural ambassadors changing how the world sees Indigenous stories.

Taika Waititi

Of Te-Whānau-ā-Apanui descent, Taika Waititi grew up in the Raukokore region of New Zealand. His acceptance speech for his Academy Award in 2020 resonated around the world - in fact, he's the first person of Indigenous descent to win an Oscar in the Best Adapted Screenplay category.

"I dedicate this to all the Indigenous kids in the world who want to do art and dance and write stories," [he said](#). "We are the original storytellers and we can make it here as well."

Waititi had brief ambitions to enter the Air Force after watching *Top Gun*, until someone told him he needed to do "a lot of science and maths and physics stuff". But his parents had always encouraged his creative side, and after watching a TV show and thinking "I could do that better than you," he set off to write his own material - and the rest is history.

Cherie Dimaline

Métis author [Cherie Dimaline](#) always knew she wanted to be a writer, growing up fascinated by the stories her Mere (grandmother) would tell her and her brother.

She wrote her novel *The Marrow Thieves* hoping to open people's eyes to the hardships her people have suffered - it has since become an international best seller and won five awards. Dimaline was also the first writer in residence for Aboriginal literature at the Toronto Public Library.

"The awards are so critical and important because it will start or continue a larger dialogue and I hope it will influence people's opinions," [she said](#).

Designing the future of fashion

Fashion reflects identity, culture, and has been making statements throughout history. First Nations fashion designers are revolutionising the industry by bringing authentic Indigenous perspectives to both global runways and everyday wardrobes.

Dr Bronwyn Bancroft

[Dr Bronwyn Bancroft](#), a proud Bundjalung woman, is noted as a pioneer of Indigenous fashion in Australia. In 1985, she established Designer Aboriginals, selling fabrics made by Aboriginal artists including herself, and training young Aboriginal women in all aspects of business.



She made history as [one of the first three Australian fashion designers invited to show their work in Paris in 1987](#), and is also a celebrated artist and has authored 45 children's books.

"It is an honour to record, reinterpret, and create a different perspective on my family, our Country and the richness that is embedded in these lives lived," [Dr Bancroft says](#).

Lesley Hampton

Anishinaabe designer and member of Temagami First Nation [Lesley Hampton](#) is making waves with her contemporary designs that address mental wellness and body neutrality through an Indigenous worldview. Her pieces feature powerful messages about identity and healing, catching the attention of celebrities like Lizzo, and have been featured on international runways.

"I really hope that the work that I'm doing and the connections that I'm building between Indigenous and non-Indigenous people within the fashion industry," [Hampton says](#). "I hope that those connections lay the format for other Indigenous youth who want to grow in the fashion industry to see themselves represented."

Champions on the field

Sport provides powerful platforms for First Nations people to excel while inspiring others. These athletes inspire their communities and demonstrate that excellence comes in many forms.

Ash Barty

[Ash Barty](#), a proud Ngaragu woman, dominated world tennis by becoming the first Indigenous Australian to win a Grand Slam singles title when she claimed Wimbledon in 2021.

She reached world number one and won the French Open, Wimbledon, and Australian Open before retiring at just 25 to pursue other passions, including founding the [Ash Barty Foundation](#) to inspire young Australians through sport and education and providing computers for [Indigenous Knowledge Centres](#) throughout Queensland.

"I don't do it for the recognition, that's not what makes me happy," [Barty said in an interview with Vogue](#). "Each year we continue to grow and help the Knowledge Centres become better places for people to be, to learn and discover what they want in life, and to become curious."

Pita Taufatofua

[Pita Taufatofua](#) is Tongan athlete who has competed in taekwondo, cross-country skiing, and canoe at the Olympics between 2016 and 2024.

But other than being an athlete, Taufatofua is also an engineer, UNICEF ambassador, motivational speaker, and environmentalist - he's particularly passionate about raising awareness of rising ocean levels that are affecting his home and other islands in the Pacific.

"I always chose to learn from the pain and the failure," [he said in an interview with the Guardian](#). "It is not special to me, it is something that is transferable to anyone if they have the right mindset... Everyone has potential. It is whether you act on it or not."

Your pathway starts here

The question isn't whether you can make it - these role models prove you absolutely can. The real question is what deadly career will you choose to pursue?

Ready to explore your options and find the support you need? Check out our comprehensive resources for [First Nations students](#), where you'll find information about study pathways, scholarships, career guidance, and connections.

How much should you study in high school?

If you've ever wondered whether you're studying too much, too little, or just the right amount, you're definitely not alone. It's one of the most common questions we hear from high school students, and honestly, it's not surprising why. Between trying to keep up with coursework, maintaining friendships, possibly working a part-time job, and figuring out what you want to do after school, it can feel overwhelming.

Here's the thing though: there's no magic number that works for everyone. The "right" amount of study time depends on your goals, abilities, other commitments, and even what stage of high school you're in. What works



brilliantly for your friend who seems to ace everything with minimal effort might leave you feeling stressed and underprepared...or conversely, might be complete overkill for what you're trying to achieve.

The key is finding an approach that helps you reach your goals whilst still maintaining your wellbeing and leaving room for the other important parts of teenage life. Because let's be honest - high school is about more than just grades, and burning yourself out isn't going to serve you well in the long run.

What influences your study time

Before we dive into specific recommendations, it's worth understanding the factors that influence how much time you spend hitting the books. Your study schedule isn't just about what year you're in, it's about your entire situation.

Your academic goals

These, of course, play a huge role. If you're aiming for competitive university courses or specific career pathways that require high marks, you'll naturally need to invest more time than someone who's focused on meeting graduation requirements while pursuing other interests. Neither approach is wrong – they're just different paths with different time investments.

Your natural learning style and pace

Some students grasp concepts quickly and retain information easily, while others need more time to process and practise material. To make the most of your studies, it's important to be honest with yourself about your capabilities and needs.

Your current performance

If you're consistently achieving the grades you want with your current routine, you might not need to dramatically increase your study time. However, if there's a gap between where you are and where you want to be, some adjustments are probably in order.

External factors

Sometimes things outside of school can significantly impact your available study time. If you're working a part-time job, caring for family members, dealing with health challenges, or heavily involved in sports or other activities, you'll need to factor these into your planning. But rather than eliminate everything else from your life, you should find a sustainable balance.

Example study schedules

We've provided some examples for different ages and stages to help you build your own study schedule. Remember, these are just guidelines - you should adjust them to suit your individual needs and preferences.

Just starting high school: Building your foundation

If you're in Years 7 or 8, congratulations on thinking ahead! This is actually the perfect time to establish good study habits without the pressure of high-stakes assessments.

At this stage, you should be aiming for about **30 minutes to 1 hour of study per day during the week, plus 1-2 hours over the weekend**. This might sound like a lot if you're coming from primary school, but remember that "study" at this level includes homework, reading, and light revision, not intensive cramming sessions.

The real focus during these early high school years should be on **learning how you learn best**. Are you someone who needs to rewrite notes to remember them? Do you prefer studying in short bursts or longer sessions? Do you work better with background music or in complete silence? These early years are your chance to experiment and figure out what works without the pressure of major consequences if something doesn't go to plan.

You should also be using this time to **develop good organisational habits**. This means keeping track of assignment due dates, creating a basic study timetable, and learning to break larger projects into manageable chunks. These skills will be absolutely crucial as your workload increases in later years.



Most importantly, make sure your study routine feels **sustainable**. If you're constantly stressed or have no time for friends, hobbies, or relaxation, you're probably doing too much. The goal is to stay on top of your work whilst still enjoying this stage of your education.

Years 9 and 10: Stepping up your game

Once you hit Years 9 and 10, things start to get a bit more serious. Your grades during these years might contribute to your final results in some way, and you're also making important decisions about which subjects to continue with in your senior years.

During this phase, you should be looking at **up to 1 hour of study per day during the week, plus 2-3 hours over the weekend**. This includes homework, revision, and preparation for upcoming assessments. You might find that some weeks require more time, especially when you have major assignments due or exams approaching.

This is also when many students start taking on additional responsibilities like part-time work, so **learning to balance competing priorities** becomes crucial. If you're working a few shifts per week, you might need to be more strategic about when and how you study. Perhaps you do lighter tasks like reading or reviewing notes on days when you're working, and save more intensive study sessions for your days off.

Preparation for senior years should also be on your radar during Years 9 and 10. This doesn't mean you need to start studying senior-level content, but you should be consolidating your understanding of foundational concepts and identifying any areas where you might need extra support. It's much easier to address knowledge gaps now than when you're in the middle of your final years.

Use this time to **refine your study techniques**. By now, you should have a good sense of what works for you, but don't be afraid to try new approaches. Maybe you discover that study groups really help with certain subjects, or that active recall techniques work better than just re-reading notes.

Senior years: The rounded approach

If you're in Year 11 or 12 and aiming for a balanced approach (perhaps because you're working, heavily involved in extracurricular activities, or simply because you want to maintain your wellbeing alongside your studies) you'll want to aim for **up to 1 hour of study per day during the week, plus 2-3 hours over the weekend**.

The key word is to be **strategic about your studies**. With limited time available, every study session needs to count. This means prioritising the most important topics, using active study techniques rather than passive reading, and regularly reviewing your approach to ensure you're getting the best return on your time investment.

Quality becomes more important than quantity when you're following a rounded approach. Two hours of focused, purposeful study will always be more effective than four hours of distracted, unfocused work. Make sure you're creating the right environment, eliminating distractions, and using techniques that actively engage your brain. You'll also need to be **flexible and adaptable**. Some weeks might require more intensive study due to upcoming exams or assignment deadlines, while others might allow for a slightly lighter load. The key is maintaining consistency without burning yourself out.

Don't forget that **taking care of yourself** is part of academic success, not separate from it. Regular breaks, adequate sleep, proper nutrition, and time for relaxation aren't luxuries – they're essential for sustainable academic performance.

Senior years: The academic achievement focus

If you're aiming for top marks (maybe you're targeting competitive university courses or simply because academic achievement is a personal priority) you'll need to step up your commitment significantly. This typically means **1-3 hours of study per day during the week, plus 4-6 hours over the weekend**.

At this level of commitment, **efficiency becomes absolutely crucial**. You can't afford to waste time on ineffective study methods or become caught up in perfectionist tendencies that don't actually improve your results. Every technique you use should be evidence-based and personally tested to ensure it's genuinely helping you learn and retain information.

Detailed planning is also essential when you're operating at this intensity. You'll need detailed study schedules that account for all your subjects, upcoming assessments, and revision requirements. You don't need to micromanage every minute, but ensure you're allocating appropriate time to each area based on its importance and your current understanding.



You'll also need to be **particularly mindful of burnout** when studying at this level. The symptoms can be subtle at first, like finding it harder to concentrate or feeling unusually irritable or anxious. Regular check-ins with yourself, and possibly with family or friends, can help you spot these warning signs early.

Remember that **sustainable high performance** is different from short-term cramming. You're aiming to maintain this level of study for an extended period, which means you need to build in adequate rest, maintain your physical health, and preserve your motivation.

Adjusting your approach

Regardless of which category you fall into, remember that these are starting points, not rigid rules. You might find that you need to adjust your study time based on how you're performing, what feedback you're receiving from teachers, or how sustainable your current approach feels.

Pay attention to your results

If you're consistently achieving your target grades with time to spare, you might be able to reduce your study time or redirect some of that effort towards developing other skills. Conversely, if you're putting in the recommended hours but not seeing the results you want, it might be time to look at your study techniques rather than simply adding more time.

Be honest about your circumstances

If you're dealing with additional challenges – whether that's family responsibilities, health issues, financial pressures, or anything else – you might need to adjust these recommendations accordingly. The goal is always to find an approach that works for your specific situation.

Quality matters more than quantity

An hour of focused, active study will always be more valuable than two hours of distracted, passive work. If you find yourself struggling to maintain concentration during your scheduled study time, it might be worth reducing the duration but increasing the intensity.

Build a routine that works for you

The best study routine is the one you can actually stick to while still maintaining your wellbeing and enjoying your high school experience. Whether you're aiming for academic excellence or simply wanting to stay on top of your coursework, the key is finding an approach that serves your goals without overwhelming your life.

[You can find more study tips on our website here.](#)

How to become a Policy Analyst

Policy analysts are responsible for analysing current organisational or government policies. They use their research and findings to suggest changes, or even develop entirely new policies, that best meet the needs of affected communities and stakeholders.

If you love solving problems, enjoy researching and deep thinking, and want to contribute to change in society, becoming a policy analyst could be for you.

What skills do I need as a policy analyst?

- Excellent problem-solver
- Great communicator
- Critical and analytical thinker
- Detail-oriented and organised
- Strong maths skills
- Good collaborator
- Great time management skills
- Continuous learner



What does the job involve?

- Analysing current policy issues and impacts
- Gathering data and statistics on policy outcomes
- Consulting with stakeholders and communities
- Writing detailed reports of findings
- Presenting findings to government or business
- Suggesting policy improvements
- Assessing potential impacts of policy change
- Monitoring changes in outcomes

What industries do policy analysts typically work in?

- Public Administration and Safety
- Professional, Scientific, Technical Services
- Health Care and Social Assistance

What Career Cluster do policy analysts belong to?

Most policy analysts fall under the [Informer Cluster](#), as the job involves using specialised knowledge to advise and guide others.

What kind of lifestyle can I expect?

As a policy analyst, most of your work is done during standard business hours, but you might occasionally need to work overtime. There are often work-from-home and hybrid opportunities available for those seeking greater flexibility.

Policy analysts typically earn an average salary throughout their careers, though this can vary based on experience and your specific role.

You can work in various government departments at local, state, or federal levels, as well as for businesses, think tanks, research institutes, non-profit organisations, and consulting firms.

How to become a policy analyst

Becoming a policy analyst typically requires a bachelor's degree in a field such as political science, economics, public administration, or law. Some employers may prefer candidates with postgraduate qualifications in public policy or related areas.

Relevant experience is also highly valued, including internships with government departments, research assistant roles, or work with community organisations and advocacy groups.

What can I do right now to work towards this career?

If you're in high school and considering a career as a policy analyst, here are some things you can do to prepare:

- Get involved in student government or debate teams to gain experience in policy discussions and public speaking.
- Volunteer with local community organisations, political parties, or advocacy groups to understand how policies affect real people.
- Look for work experience opportunities with local councils, members of parliament, or other policy-focused organisations.

Where can I find more information?

- [International Public Policy Association](#)
- [International Institute of Business Analysis](#)
- [Australian Political Studies Association](#)
- [New Zealand Political Studies Association | Te Kāhui Tātai Tōrangapū o Aotearoa](#)
- [Political Studies Association](#) (UK)
- [Irish Social Policy Association](#)
- [Association for Public Policy Analysis and Management](#) (US)
- [Canadian Association of Programs in Public Administration](#)



Similar careers to policy analyst

- Economist
- Intelligence Officer
- [Solicitor](#)
- [Criminologist](#)
- Politician
- [Data Scientist](#)
- [Electoral Worker](#)
- [Public Relations Professional](#)