

Tuesday 3 March 2021

## 9 QUEST Alpine Day Walk and Coasteering Journey: Friday 5 March 2021

Dear 9 QUEST Parents and Carers,

As part of the 9 QUEST Program in Term 1, we will be heading off-campus this Friday 5 March to undertake 2 activities: Alpine Day Walk on Mount Wellington, and a Coasteering Journey from Kingston Beach to Blackmans Bay.

The alpine day walk begins at The Springs, and follows the Ice-House Track to the South Wellington Track and the summit of Mount Wellington, then a descent along the Zig-Zag Track to The Springs. This is an alpine walk in a rugged and beautiful natural environment exposed to the elements, with steep and rocky terrain.

The Coasteering Journey begins at the southern end of Kingston Beach, near the Sailing Club, and progresses along the coastline to the northern end of Blackmans Bay Beach. Coasteering involves making passage along a shoreline. The group may need to walk, scramble and swim to complete the journey. Jumps from modest heights into deep water may be required. This activity is weather and swell dependent.

Students will be divided into 2 groups, as per the Sea-Kayaking and Indoor Rock Climbing Day on Friday 26 February following Camp. Group 1 will take part in the Coasteering Journey, and Group 2 will take part in the Alpine Day Walk. These groups will remain until the end of Term 1. Students have been notified of their groups in a group briefing and via email.

**Please note:** students should bring all of the following equipment, regardless of forecast weather.

### Alpine Day Walk:

- PE uniform including pair of joggers with good grip
- Morning tea & lunch
- Day pack (school backpack okay)
- At least 1 litre of drinking water
- A sunhat & sunscreen (warm beanie might be more appropriate)
- A waterproof rain jacket
- A warm fleece long-sleeve top / jacket
- Personal medications required to self-manage in a non-urban setting

### Coasteering:

- Full-length wet-suit (the College has a limited supply available to students)

Southern Christian College will use the personal information it collects from you for the primary purpose of enabling the College to provide schooling for the pupil, to keep parents/guardians informed, the student's educational, social or medical wellbeing or to satisfy the College's legal obligations and allow the College to discharge its duty of care. Please contact the College for a copy of the complete Privacy Policy.

Proud to deliver



150 Redwood Road, Kingston 7050

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e: [enquiries@scc.tas.edu.au](mailto:enquiries@scc.tas.edu.au)

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- Pair of joggers with good grip OR booties with thick sole and good grip
- Towel
- Morning tea & lunch
- At least 1 litre of drinking water
- A sunhat & sunscreen
- Personal medications required to self-manage in a non-urban setting
- The College will provide helmets and pfd's (personal flotation devices)

The staff group will carry first-aid kits and mobile phones. Group 1 (Coasteering) will be accompanied and supervised by Mrs Desirée Smuts and Mr Ben Jarvis. Group 2 (Alpine Day Walk) will be accompanied and supervised by Mr Todd Barker and Mr David Witcomb.

Mr Witcomb and Mr Jarvis, both experienced bus drivers, will transport the student and staff group in two College buses and / or Wisby buses.

**Students will leave Southern Christian College at 9:00am after Pastoral Care on Friday 5 March and return to College at approximately 3:00pm.**

Would you please complete the ***Parental EMERGENCY Contact Information and Authorisation Form below and return or email to the School Office, or in person to QUEST staff NO LATER THAN 8:45am Friday 5 March.***

Please do not hesitate to contact us should you wish to clarify or discuss the above information, or any matter regarding the 9 QUEST Alpine Day Walk and Coasteering Journey.

Yours sincerely,

Mr David Witcomb  
Head of QUEST

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QUEST Teacher

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QUEST Teacher

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## Parental EMERGENCY Contact Information and Authorisation Form

Following accepted duty of care principles, no student will be permitted to take part in the proposed off-campus activities without an appropriately completed parental authorisation form to clearly indicate to Southern Christian College that parents have been made aware of the 9 QUEST Activity and acknowledge their authorisation for their child's participation.

Please note that the parental authorisation form provided by the College is the only accepted method of recording parental permission for an off-campus activity. Other means of giving permission, including phone calls to the College Office, hand-written or typed notes, and emails cannot be accepted by the College.

### EMERGENCY CONTACT

#### 9 QUEST Alpine Day Walk and Coasteering Journey, Friday 5 March 2021

Please nominate an adult contact to be immediately available for the duration of the day:

Student Name: \_\_\_\_\_

Name of 24-hour emergency contact: \_\_\_\_\_

Telephone: (H) \_\_\_\_\_ (B) \_\_\_\_\_ (Mob) \_\_\_\_\_

\_\_\_\_\_  
Name of Father / Guardian    **OR**    Name of Mother / Guardian    Signature

Date: \_\_\_ / \_\_\_ / \_\_\_\_\_

**OFFICE USE ONLY:** Sighted, Recorded and Filed by Head of QUEST / QUEST Teacher Date: \_\_\_ / \_\_\_ / \_\_\_ Initials: \_\_\_\_\_

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