



# EXERCISE PHYSIOLOGY

**Movement specialists to help with chronic health conditions, injuries & pain**

*We empower NDIS participants to achieve greater independence and build capacity so they can lead more independent, active & fulfilling lives*

### **We Help Kids With:**

- ✓ Gross and fine motor skills
- ✓ Core stability, global strength & endurance
- ✓ Emotion regulation & behavioral difficulties
- ✓ Cognitive skills & development
- ✓ Social Skills, confidence and advocacy



***Introducing Kristel Roelfs whose background and passion is working with kids and specialising in neurological conditions. She has 3 years of experience working with NDIS participants as a clinical exercise physiologist.***

**📍 CLINIC LOCATED IN NORTH HOBART**

**IMMEDIATE APPOINTMENT, NO WAITLIST**

**📞 0403 820 607**

**✉️ [kristel.r@pro-active.com.au](mailto:kristel.r@pro-active.com.au)**