

# Sports Teams and Interschool Competitions

# **RUGBY LEAGUE**

**Rugby League CIS U16 Girls Trials** 

Nominations Due: 15 July 2023

Date: 9 August 2023

The Senior Girls Rugby League pathway is U16 and straight to CIS so therefore your daughter must play high level club or rep Rugby League and be aged 15 or 16 years of age as of 31 December to nominate. Schools are advised they should only send players of outstanding ability.

# SOFTBALL

# **CIS U12 Girls Softball Championships**

Nominations Due: 19 July 2023

Date: 2 August 2023

Each school is limited to only sending three players to trial at the CIS Championships. At these Championships, players can get selected to represent CIS at the NSWPSSA U12 Softball Championships from 19-21 September 2023.

# School Pathway Sport

# **ATHLETICS - PATHWAYS**

# **Junior School**

- HICES (Heads of Independent Co-Educational Schools)
- CIS (Combined Independent Schools)
- PSSA (Primary Schools Sports Association)

# **Athletics - HICES Carnival**

**Date:** 29 August 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

HICES is our first Athletics pathway following the Pittwater House Junior School Athletics Carnival. Only the fastest two in ages 8-10 and four in ages 11-12 will qualify for the sprint events and the best two in all field events and distance races from our Athletics Carnival are eligible to compete at HICES, from Years 2 to Years 6 (8 years of age to 13 years of age).

# **Athletics - CIS Junior Championships**

Date: 19 September 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

The CIS Championships are our next pathway after HICES. Only the top three athletes per event, per age group per association are eligible to compete at CIS. The top three finalists at CIS will go on to compete at the NSW PSSA Championships from 25<sup>th</sup> to the 26<sup>th</sup> of October 2023.

# **Senior School**

- CDSSA (Combined Districts School Sports Association)
- AICES (Association of Independent Co- Educational Schools)
- CIS (Combined Independent Schools)
- NSW All Schools

## **Athletics - CDSSA Carnival**

#### **Date:** 24 August 2023

CDSSA is our first Athletics pathway following the Pittwater House Senior School Athletics Carnival. Only the fastest in each age group in each event from our Athletics Carnival are eligible to compete at CDSSA, from Years 7 to 12.

## **Athletics - AICES Championships**

Date: 5 September 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

The AICES Championships is our next pathway after CDSSA. Only the top three athletes per event, per age group per association are eligible to compete at AICES. If your child would like to nominate to compete in the Triple Jump event at the AICES Athletics Carnival, please send their distance, place, and venue to the Sports Office.

## **Multi Class Events**

Athletes with a disability can compete at AICES with the first three places at AICES being nominated to CIS. These places will be decided by Athletics NSW. All multi class athletes will need to have their classification number to compete.

# **Athletics - CIS Senior Championships**

Date: 19 September 2023

Location: Sydney Olympic Park Athletics Centre, Homebush

The CIS Championships is our next pathway following AICES. Only the top three athletes per event, per age group, per association are eligible to compete at CIS.

If your child would like to nominate to compete in the Hurdles event at the CIS Athletics Championships, please send their time, distance, place, and venue to the Sports Office by 30 August.

# SOFTBALL PATHWAYS

# Softball CIS U12 Girls Championships – Junior School

Nominations Due: 19 July 2023

**Date:** 2 August 2023

Each school is limited to only sending three players to trial at the CIS Championships. At these Championships, players can get selected to represent CIS at the NSWPSSA U12 Softball Championships from 19-21 September 2023.

# **CROSS COUNTRY**

# AICES Cross Country Championships - 1 June 2023

We are thrilled to announce that 35 of our talented athletes have qualified to represent Pittwater House and CDSSA at the AICES Championships held on Thursday 1 June. Your hard work and dedication have paid off, and you should be proud of your achievements.

From the talented pool of athletes, 11 students have further qualified for the AICES Cross Country team to compete at the CIS Senior Cross Country Championships held on 8 June 8.

Let's give a big shoutout to Jack (18 Year Boys), Ruby (18 Year Girls), Harry (16 Year Boys), Oliver (15 Year Boys), Max and Max (14 Year Boys), Ria, Reggie, Trinny, and Matilda (13 Year Girls), and Billy (12 Year Boys) for their outstanding achievements. We want to highlight Ruby's remarkable performance, earning her a well-deserved bronze medal. Way to go, Ruby!

A special thanks goes to our incredible Head Running Coach, Jack, for getting our students warmed up and race-ready with his expert guidance and valuable advice. We also want to express our gratitude to the parents and supporters who cheered on our athletes throughout the AICES Championships. Your unwavering encouragement plays a vital role in their success.

# CIS Cross Country Junior – 8 June

On 8 June 2023, the Sydney International Equestrian Centre played host to the highly anticipated CIS Cross Country Junior event. The competition featured talented young athletes from various schools, including four representatives from the Pittwater House and HICES, Monroe (Year 3), Austin and Jessica (Year 4), and Violet (Year 5). Each of these young athletes displayed exceptional skills and commitment leading up to the event, earning their place to represent the School.

Our athletes showcased their dedication and enthusiasm despite the challenging conditions and fierce competition. They gave their best efforts, demonstrating excellent sportsmanship and determination throughout the race. Each participant displayed their individual skills and pushed their limits to secure a qualifying position for the prestigious NSW All Schools competition.

Although the team from Pittwater House exhibited admirable performances, they were unable to secure qualification for the NSW All Schools event. The high level of competition and the challenging weather conditions proved to be formidable obstacles for the team. However, the participants should be proud of their achievements, as they competed against some of the region's top young runners and gained valuable experience in the process.

#### CIS Senior Cross Country Championships - 8 June

A huge congratulations to the 11 students who represented Pittwater House and AICES at the CIS Senior Cross Country Championships on June 8th at the Sydney International Equestrian Centre! Your dedication and remarkable running skills truly shone throughout the competition.

We were thrilled to witness the incredible camaraderie and unwavering support among our students as they cheered each other on. Your unity and uplifting spirit made us immensely proud.

Let's give a special round of applause to Billy (G7), for his outstanding 5th place finish and qualification for the CIS team at the upcoming NSW All Schools Championships on July 21st at Sydney Motorsport Park, Eastern Creek. Billy, the entire Pittwater House community is behind you! Congratulations to all our outstanding athletes, and best of luck to Billy at State Champs!

# FOOTBALL

## **AICES Football Championships**

The AICES Football Championships were held at Valentine Park, NSW on the 11th and 12th of May. The tournament featured multiple categories, including U16 Boys, U15 Girls, Open Girls, and Open Boys. Participants from Pittwater House and CDSSA showcased their skills and competed against other schools, demonstrating their talent and dedication to the sport.

Representing Pittwater House and CDSSA, Ike and Jesse (G9) participated in the U16 Boys category. In the U15 Girls category, four girls from Pittwater House and CDSSA, namely Lexi (C9), Reggie (C7), Zara (C8), and Grace (C7), exhibited their football abilities. Rhys (G11) represented Pittwater House and CDSSA in the Open Boys division, while Mirabelle (C10) represented the School in the Open Girls category.

On the 11<sup>th</sup> of May, the U16 Boys performed admirably throughout the day, showcasing their skills and determination. They reached the final, where they faced the Hills Association. With an impressive display of teamwork and talent, the U16 Boys emerged as the champions, winning the AICES title. In the Open Girls category, the Pittwater House and CDSSA team proved to be unbeatable, securing victories in every single game they played and claiming the AICES championship as well. Our players had ample time on the field, and they utilized it effectively, contributing to the team's success. Unfortunately, Ike (G9) sustained an injury during the second game of the day.

On the 12th of May, the U15 Girls and Open Boys categories took place. The U15 Girls demonstrated remarkable performances in all their games leading up to the final. Although they lost in the final match against the Hunter Association, our girls displayed an amazing game, exhibiting their skills and determination. The Open Boys, on the other hand, exhibited exceptional football abilities, winning all their games, and securing the AICES title. The team's excellent performance showcased their talent and commitment to the sport.

In addition to the success at the AICES Football Championships, Mirabelle (C10) from Pittwater House and CDSSA was selected to represent AICES at the CIS Football Championships. This recognition highlights her exceptional talent and provides an opportunity for her to compete at a higher level.

Overall, the AICES Football Championships was marked by two exceptional days of football, filled with skill, teamwork, and sportsmanship. The participants from Pittwater House and CDSSA showcased their abilities and achieved significant success in their respective categories. These accomplishments reflect their hard work and dedication to the sport. The tournament was a testament to the passion and talent of the young athletes, creating memories of two great football days.

# **GYMNASTICS**

#### **CSSA Gymnastics Junior and Senior**

The CSSA Gymnastics Junior and Senior Championships took place on the 1<sup>st</sup> of June at the Sydney Gymnastic Centre, Rooty Hill, with Pittwater House proudly represented by four talented students: Molly (C7), Hazel and Zara (C8) and Finlay (G8).

The Girl's competition was divided by levels and age groups, with participants rotating through various apparatus throughout the day, including Vault, Floor, Bars, and Beam.

The girls from Pittwater House showcased an impressive level of gymnastics throughout the event. Their hard work and dedication were evident as they executed their routines with precision and grace. Zara particularly stood out, earning the well-deserved title of winner in her level, Level 7 Division 2. Zara's exceptional performance was a testament to her skill and dedication to the sport. The boys, too, demonstrated their talent and commitment in the competition. Divided by levels and age groups, they showcased their abilities on apparatus such as Parallel Bars, High Bars, Floor, Pommel Horse, Rings, and Vault. Their routines were marked by strength, agility, and technical expertise, leaving the audience in awe. Among the boys, Finlay emerged as an outstanding performer, securing the overall victory in his level, Level 7. Finlay's exceptional achievement demonstrated his remarkable skills and dedication to gymnastics.

Overall, the CSSA Gymnastics Junior and Senior Championships provided a platform for talented gymnasts to display their abilities and compete at a high level. The participation of Pittwater House students showcased the School's commitment to excellence in sports. Their performances were a testament to their hard work, training, and passion for gymnastics.

# HOCKEY

## **CIS Open Boys Hockey Trials**

On Thursday 18 May, Lukas (G10) represented AICES in the CIS Open Hockey Championships at Moorebank Hockey Complex. The competition saw a total of 6 teams compete in two pools, with each player contending for a spot on the U16 and Open CIS Hockey Team.

AICES started the competition with a dominant 6-0 win against CSSA then after a 15-minute break the team then took on the CAS Barbarians, an important match the team needed to win to make the grand final. It was a hard-fought match with both teams giving their all, but our AICES team came through with the 2-0 victory, with the last goal of the match being scored by our own Lukas in the last 30 seconds of the match. This win secured the AICES team a place in the grand final.

The grand final match was played between AICES and GPS (Greater Public Schools) and the match was played in 15-minute quarters. It was an intense battle from the beginning with GPS starting with an early goal but AICES answered back in the second quarter. The match was fast paced with a lot of goal attempts, everyone was the edge of their seats as these two teams went head-to-head. GPS finished the match with victorious 3-2 score.

Throughout the competition, Lukas played both IL and IR (inside left and right) positions on the field and was a valuable teammate on both sides. Lukas pushed the ball up the field in transition with great passes, as well as assisting in facilitating attacks on offence.

Lukas demonstrated to the selection panel that he is CIS team material and at the end of the tournament was announced on the U16 CIS Hockey Team that will go away and compete at All-Schools in Bathurst next month. Congratulations Lukas!

# NETBALL

#### **AICES Opens Netball Championships**

The AICES Opens Netball Championships took place on 24th May at Netball Central, Homebush. The event featured teams from various schools, including Pittwater House and the CDSSA Association, who were represented by three talented girls: Brooke and Molly (C11), and Ukiesha (C10). CDSSA was known to have a formidable team, showcasing their strength in Netball.

CDSSA started the tournament on a high note, winning their first four games convincingly. The team displayed exceptional skill and coordination in every game, leaving their opponents with little chance to catch up. The players demonstrated great teamwork and determination, dominating the court, and establishing themselves as strong contenders.

The fifth and final game of the tournament proved to be a tough and intense battle. CDSSA faced off against The Hunter Association in a match that ended in a draw, with both teams scoring 26 points. The game showcased the high level of competition and the skills of both teams.

With their impressive performances throughout the tournament, CDSSA emerged as the champions of the AICES Opens Netball Championships. Congratulations to the girls for their outstanding achievement and their contribution to the team's success.

Following the tournament, two players from Pittwater House were selected for additional opportunities. Molly and Brooke were chosen to participate in the Probables and Possibles. This selection highlights their exceptional skills and recognition of their contributions to the team's success.

Moreover, Molly was selected to represent AICES at the CIS Netball Championships, a testament to her talent and dedication to the sport. Brooke was also recognized for her skills and was chosen as a shadow player, ready to step in if needed.

In conclusion, the AICES Opens Netball Championships was a platform for talented netball players to showcase their skills and compete at a high level. CDSSA's team, including Brooke (C11), Molly (C11), and Ukiesha (C10), displayed exceptional performance and teamwork, leading them to victory. The selection of Molly and Brooke for additional opportunities further demonstrates their abilities and potential. Congratulations to all the girls for their achievements and best wishes to Molly as she represents AICES at the upcoming CIS Netball Championships.

## **PISA SPORT**

## Junior School Senior Netball Team – Blue – 9 June

Our Netball game last Friday proved to be an exceptional experience. Pittwater House Blue displayed remarkable enthusiasm, determination, and unity, resulting in the finest performance we have witnessed this term. Our passes were largely successful, forging strong connections, and our defensive efforts yielded numerous intercepts. As a team, we harmonised perfectly, which, in several aspects, made us victorious despite the 3-11 loss.