



Talking Tweens

A Parents Building Solutions Program For Parents of Children Aged 8 to 12 years

Do you want to:

- Improve communication?
- Deal with anger and anxiety?
- Establish boundaries with your child around screen use and other challenging behaviors?
- Understand tween development?

Come along to these 6 interactive sessions. Share strengths, challenges, and strategies to parent 8 to 12 year old.

When: Monday evenings (6 sessions)

Mon 1st August to Mon 5th September 2022

Time: 7.00 pm - 9:00 pm

Where: Online via Zoom. Participants will need access to a device with video and audio in order to participate

Cost: Free of charge

Registrations: [Click here](#)

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PARENTZONE