



St Pius X College Canteen Menu



✓ Good food choices shown with a tick

SANDWICHES/ROLLS/WRAPPS

White, Wholemeal, Multigrain or Gluten free available

Buttered or plain sandwich	1.00	✓
Buttered or plain roll	1.50	✓
Rolls and Wraps 50c extra	0.50	
Cheese	2.00	✓
Cheese and Tomato	3.00	✓
Chicken/Leg Ham/Salmon/Tuna	3.00	✓
Chicken and Salad	3.50	✓
Chicken, Lettuce and Mayonnaise	3.50	
Leg Ham and Salad	3.50	✓
Salmon/Tuna Salad	3.50	✓
Salad	3.50	✓
Egg	2.00	✓
Peanut Butter or Vegemite	1.50	✓

Lettuce, tomato, cheese	0.50	✓
Egg, Ham, Chicken	0.60	✓

WRAPS

Sweet Chill Chicken Wrap	4.00	✓
Tandoori Chicken	4.50	✓
Falafel	4.50	✓

TURKISH BREAD

BLAT	4.50	✓
Ham Lettuce	4.50	✓

SALADS/FRUITS SALADS

Salad Plate (+ egg + meat -.50c each extra)	6.00	✓
Salad tubs – variety	3.00	✓
Fruit Salad - Small	2.50	✓
- Large	3.50	✓

HOT FOOD

Cheese and Bacon Roll	3.00	
Sausage Roll	3.00	
Pies – Meat or Potato	4.50	
Pasta – Lasagne, Twista Bolognese or Macaroni Cheese	4.50	✓
Fried Rice (<i>Gluten Free</i>)	4.50	✓
Sauce	0.30	

GLUTEN FREE AND VEGETARIAN

Lunch Order Only

Meat Pie (GF)	4.50	
Pasta (GF)	4.50	✓
Vegetarian Lasagne (GF, V)	4.50	✓
Mac and Cheese (GF)	4.50	✓
Spinach and Feta Roll (V)	3.00	
Vegetable Mornay Pie (V)	4.50	
Fried Rice (GF)	4.50	✓

SNACKS

Chocolate Mousse	3.50	
Yoghurt	3.00	
Rice Pudding	3.00	✓
Banana Bread, Lamingtons	2.50	
Eucalyptus Drops	1.50	
CHIPS:		
Snaps	2.00	
Soya Crisps	3.00	
Pretzels/JJ's/Red Rock	1.50	
Grainwaves/Smiths	1.50	
Popcorn	1.50	

WEEKLY SPECIALS

MONDAY

Hot Dogs	2.50	
Hamburgers	4.50	

TUESDAY

Pasta	4.50	
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WEDNESDAY

Buttered Chicken and Rice	4.50	✓
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THURSDAY

Pork Ribs	4.50	
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FRIDAY

Chicken Burgers	4.50	
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EVERYDAY

Sushi	3.50	✓
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DRINKS

Plain Milk 300ml	1.50	✓
Plain Milk 600ml	2.00	✓
Oak Milk 300ml	2.50	
Oak Milk 600ml	3.50	
Up and Go 250ml	2.50	
Sparkling Water 500ml	2.00	
SPRING WATER:		
600ml	2.00	✓
750ml sport top	2.50	✓
1.5 Litres	3.00	✓
Glee Sparkling Fruit Juice 250ml	2.00	✓
Nippys 100% Juice 350ml	2.50	✓
Ice Creams (various prices)		

Online ordering at flexischools.com.au
Orders to be placed by 9:30am on the day

EAT WELL FEEL WELL DO WELL