



## Managing Screen Time

Learn how to navigate the challenges of managing children's screen time.

This session will offer valuable information on the impacts of screen time on children's health and development.

Parents will also be provided strategies/tips on setting boundaries for screen usage

**DATE:** Wednesday 15th November 2023

**TIME:** 7.00pm - 8.30pm

**WHERE:** Online via Zoom

**COST:** This session is free of charge but registration is essential

For enquiries contact ParentZone Northern:  
03 86418900 or email

[parentzone.northern@anglicarevic.org.au](mailto:parentzone.northern@anglicarevic.org.au).

For bookings [trybooking.com/CDZUH](https://trybooking.com/CDZUH)



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