

How to Book and secure your place

Go to our Website.....

www.tresillian.org.au

Click on “**Courses**”

Then...“**Courses and Training**”

Click “**For Parents**”

Scroll down to select “Course” and click to read details which include:

- Outline of the group program and length.
- Dates and times.
- Venue.
- Facilitator’s details.

Book and follow the prompts to register your details

For any group enquiries, please contact:

Lynn Richards

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Venue



Virtual



Getting
To
Know

Getting to Know You

Join us for our next group

The Getting to Know You Group is a five week program for parents/carers with newborn babies. During the sessions parents/carers will learn about social and emotional development of their infants from birth to three months of age. Topics included are: **Tired Signs, Brain development, Non verbal and verbal Expression, and Regulation.**

Parents/carers will improve their understanding about the amazing skills and desires a baby has to communicate and interact with his/her parents/caregivers and how this helps healthy brain development in the infant.

PLEASE NOTE: Babies, with Parents/Carers, should be between 0-8 weeks of



GETTING TO KNOW YOU

2022 Session Dates

Thursday mornings 10AM-12PM
(5 weekly sessions)

- Group One:* January 20, 27
February 3, 10, 17
- Group Two:* March 10, 17, 24, 31
April 7
- Group Three:* April 28
May 5, 12, 19, 26,
- Group Four:* June 16, 23, 30
July 7, 14
- Group Five:* August 4, 11, 18, 25
September 1
- Group Six:* September 22, 29
October 6, 13, 20
- Group Seven:* November 10, 17, 24
December 1, 8