

Dear Parents,

We have been invited by your school to come and present on the topics of relationships, sex, self worth and personal identity. Appreciating the important and irreplaceable role you play as parents/guardians, we would like to share with you a little about Real Talk and the content we present.

**Real Talk is an organisation that is all about getting REAL on the topics of sex, relationships and personal identity.** Based on Catholic Christian values and using personal testimony from a team of dynamic presenters, Real Talk provides up-to-date resources, presentations and programs that help young people to understand God's amazing plan for love and life.

It is important for young people to fully grasp the importance of the gift of relationships and sex and to treat themselves with the dignity they deserve. Young people today receive countless mixed messages about this topic and can be unaware or confused about the precious gift they hold. Due to the specialised and personal nature of the topic many schools use outside presenters.

**The Catholic Church teaches** that when it comes to sexuality, *"It is imperative to give suitable and timely instruction to young people..."* (CCC Article 1632). Despite the many challenges in presenting this topic *"in order for the value of sexuality to reach its full realisation, education for chastity is absolutely essential"* (Sacred Congregation for Catholic Education, 1997, 18).

**We appreciate the importance of the role of parents** in the sex education of their children, and we believe that *"Sex education, which is the basic right and duty of parents, must always be carried out under their attentive guidance, whether at home or in educational centres chosen and controlled by them"* (Familiaris Consortio, 37). Our aim is to complement, and not replace, the present instruction of your children.

**Real Talk's Love and Life Seminars / Reflection Days** are an opportunity for young people to hear from others about the repercussions of poor choices and see the fruits of positive choices. Real Talk presents this topic in a fun, interactive and contemporary way whilst being real and honest. We seek to encourage and empower students to make healthy choices that show respect for others and for themselves.

The presentation is targeted at young people in high school, with adjustments made for every presentation to remain consistent with their physical and emotional development at that age. The purpose of informing you is in part to allow for pre and post discussion with your child.

If you have any queries about your child's suitability or the content of the course, please contact your school or check out our website at [www.realtalkaustralia.com](http://www.realtalkaustralia.com). It is a great honour to speak into the lives of the young people we present to. We look forward to meeting your child / children soon!

Kind regards,



Paul Ninnés  
(Managing Director, Real Talk Australia)