Kitchen Garden at Collingwood College: Term 1: Menu 2-2021

Name of Recipe: Purple Congo Potato, Tomatoes, Chickpeas, Basil Salad

Volunteer Notes: This is a room temperature salad.

Check with Des-re students with Allium intolerance's (spring onions). Keep their portions separate. Also use of HONEY (re vegan or allergy).

From our garden: Purple Congo potatoes, Tomatoes, all herbs, Lemons, Spring Onions

What to do Scales Pot Colander 1/2kg scrubbed & skin left on -Purple Congo Potatoes  2 x stick celery-washed Portion of tomatoes  1 Tin chickpeas -washed & drained  1/2 x bunch parsley 6-8 sprig basil, pick off leaves 8 x sprig thyme  Set usash the potatoes well in cold water. Divide for each student. Cut each potato in ½ first to have a flat side down. Then dice potatoes into 2 cm dice & place in a STEAMER pot, cook until just soft.  Set aside in a large bowl Each student; Wash celery, cut into 5 even pieces, now cut each piece 3 x lengthways. Then cut across to dice. Wash tomatoes, portion foreach student. Use tunnel hold and gently "saw" in ½ with a paring knife.  Add chickpeas & vegetable to the bowl of cooked potatoes.  Pick each herb separately, wash each, spin-dry and slice each finely>add to bowl.  Whisk together & then pour on top of salad mix.
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T LENDON-MASHED (X VESIED (X TVINSK NOCEMEN X MEH DOM ON DOM OF SAMO OW
juiced
80 ml XV Olive oil Mix all gently, using a spoon> add
1 tbsp mustard seasoning-Salt flakes/ground pepper
1 tbsp HONEY-check w DES
Salt flakes
Ground Pepper
Ordana i epper
3 x flat platters Divide mix onto your platters.
3 x spoons Garnish.