



2019 ACC Athletics Team

Dear Students/Parents

Congratulations, you have been selected in the John XXIII ACC Athletics team. Please note there may still be changes to the final team. Students that are selected as reserves are required to attend. Often injuries or illness can occur on the day. Reserves may be called upon to compete at short notice. It is therefore important they attend the carnival, training and meetings. **Please note to receive an ACC Athletics badge students are required to attend at least 5 training sessions.** Training is on Tuesday and Thursday morning meeting in the pavilion at 7am. Training will continue up until the carnival.

Please check the program and note the times and locations of your events for the day. Whilst you will have teachers assisting on the day, it is your responsibility to make sure you do not miss any of your events.

ACC Athletics Carnival

Thursday 19 September, State Athletics Centre 9.00am – 2.30pm

Students meet in the gym at 7.45am. A bus will take them to the State Athletics Centre for a 9.00am start and return to school by 3.10pm. Any student wishing to leave from the State Athletics Centre must have a note with them on the day, or hand one in before carnival.

Uniform:

- JTC Athletics singlet (available from the uniform shop) and College sport uniform.
- Runners or running spikes (bare feet are not allowed). Spikes can be hired (**\$50 deposit**) you can only do this at training (Tuesday and Thursday morning). Spikes are highly recommended for sprinters.

Please contact us if you have any questions.

Yours sincerely

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Head of Sport

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