

PRIMARY SPORTS NOTICE



ANDREWS CUP GYMNASTICS 2021 'Dress Rehearsal'

The Andrews Cup Gymnastics Team will be required to attend a 'dress rehearsal' in preparation for our Andrews Cup Competition.

Date- **Tuesday 26 October (our usual compulsory training session)**
Time- **6:40am-9:00am**
Venue- **Clayfield College Sports Centre.**

Girls will be performing their competition routines on all four apparatus at this session.

Girls are required to wear their **Clayfield College leotard** and also have their **hair done** ready for competition with the yellow Clayfield College gymnastics ribbons. **Please see the following page for uniform requirements and a step-by-step hair guide.**

Girls will be supervised throughout the morning by myself and our Clayfield College gymnastic coaches. Please adhere to the usual drop off procedures and at the completion of the dress rehearsal, the girls will change into their uniform and I will escort them back through the tunnel. The girls will have time to have something to eat before they start Lesson 2.

Please also note, that the **College leotard may be worn to all of the compulsory Tuesday training sessions** for the remainder of the season.

If you have any further queries, please do not hesitate to contact me.

Kind regards

Mrs Peta Richardson
Andrews Cup Coordinator



Andrews Cup Gymnastics Uniform Requirements:

Clothing:

The Clayfield College tracksuit is to be worn over the College leotard to the Andrews Cup competition. Girls are required to wear running shoes. Slide-on shoes ie. thongs, flip flops are NOT to be worn.

Underwear is not required to be worn under leotards; however, if gymnasts would like to wear undergarments then they must be flesh coloured and completely covered by the leotard (otherwise competition points will be deducted).

Hair:

Please follow the following link to the 'Competition Hair Step by Step Guide' provided by Delta-

<https://www.deltagym.com.au/delta-competition-hair-quick-guide/>

This is 'competition' hair that is required by all gymnasts at the Andrews Cup.

The Clayfield College Andrews Cup Gymnastic hair ribbons are satin yellow and silver spot sparkle. This ribbon is available for purchase at the College Uniform Shop.

Other requirements:

No makeup or nail polish is to be worn and

Gymnasts may not wear watches, bracelets, necklaces, rings or any other jewellery.