## Melton West Primary School Canteen Menu 2024

## PLEASE WRITE YOUR CHILD'S NAME, GRADE \& ROOM NO. CLEARLY ON LUNCH BAG

(A lunch bag can also be provided at the canteen for $\mathbf{2 0}$ cents)
PLEASE NOTE: Items with an *asterisk will have a sticker placed on their lunch bag.
This means the child will then come to the canteen with their lunch bag and collect their items.

SANDWICHES- WHOLEMEAL BREAD
NOTE: White bread available on request

| Salad \& Ham/Chicken/Tuna | $\$ 5.50$ |
| :--- | ---: |
| Chicken, Lettuce \& Mayo | $\$ 4.80$ |
| Ham, Cheese \& Tomato | $\$ 4.00$ |
| Ham \& Cheese | $\$ 3.50$ |
| Ham | $\$ 3.00$ |
| Cheese \& Tomato | $\$ 3.50$ |
| Cheese | $\$ 3.00$ |
| Vegemite | $\$ 2.50$ |
| Egg, Lettuce \& Mayo | $\$ 4.50$ |
| Roast Chicken | $\$ 4.00$ |
| Salad (Lettuce, Tomato \& Carrot) | $\$ 4.50$ |
| Please note: Add 50c for white roll |  |
| Extra filling: |  |
| Lettuce, Tomato, Carrot, Cheese | $\$ 0.50$ |
| Mayo | $\$ 0.30$ |
| Extra toasting | $\$ 0.30$ |

## SALAD TUBS

| Salad (Lettuce,Tomato \& Carrot)(GF) | $\$ 5.00$ |
| :--- | ---: |
| Salad with Ham OR Tuna | $\$ 6.00$ |
| Salad with Roast Chicken | $\$ 6.50$ |
| (A drizzle of salad dressing unless specified) |  |

## DRINKS \& FROZEN TREATS

| Water | $\$ 2.00$ |
| :--- | ---: |
| Milk: (Chocolate \& Strawberry) | $\$ 2.50$ |
| Just Juice: | $\$ 2.50$ |
| (Orange, Tropical, Apple or Apple/Blackcurrent) |  |
| Focus Drink: <br> (Raspberry, Fruit Fix or Blackcurrant) | $\$ 2.20$ |
| *Slushie: Cola, Raspberry)(GF) | $\$ 2.50$ |
| *Frozen Fruit cup (V,GF) | $\$ 1.00$ |
| *Paddle Pop (Chocolate or Rainbow) | $\$ 2.00$ |
| *Icy Twist (Lemonade) | $\$ 1.50$ |
| *Mini Calippo (Raspberry) | $\$ 1.50$ |
| *Zooper Dooper (GF) | $\$ 1.00$ |
| *Frozen Pineapple Ring (V,GF) | $\$ 0.50$ |
| *Frozen Orange Quarters (V,GF) | $\$ 0.50$ |

## HOT FOODS

| Lasagne (H) | $\$ 5.50$ |
| :--- | ---: |
| Spaghetti Bolognese (H) | $\$ 5.50$ |
| Plain Penne Pasta (H) | $\$ 2.70$ |
| Plain Pasta with tasty cheese (H) | $\$ 3.20$ |
| Napoli Pasta (H) | $\$ 4.20$ |
| Chicken Burger (Lettuce \& Mayo) (H) | $\$ 5.50$ |
| Beef Burger (Cheese \& Tom Sauce) (H) | $\$ 5.50$ |
| Sweet Chilli Tender Sub(Lett \&Mayo)(H) | $\$ 5.30$ |
| Hot Roast Chicken \& Mayo Roll | $\$ 5.30$ |
| Dim Sims (steamed) | $\$ 1.50$ |
| Four n Twenty Sausage Roll | $\$ 4.20$ |
| Four n Twenty Traveller Pie | $\$ 4.80$ |
| Party Pie | $\$ 1.50$ |
| Pizza: Margherita | $\$ 4.50$ |
| Hotdog (Add Cheese: + \$0.50) | $\$ 4.50$ |
| Halal Hotdog | $\$ 5.20$ |
| Chicken Nuggets (x3) (H) | $\$ 3.30$ |
| Sweet Chilli Tender (H) | $\$ 2.60$ |
| *Cup Of Noodles: Chicken or Beef | $\$ 4.00$ |
| Corn Cob (H)(V)(GF) | $\$ 1.50$ |
| EXTRA: Tomato Sauce .30c Soy Sauce .30c |  |

## SNACKS

| Fruit | $\$ 1.50$ |  |  |
| :--- | ---: | :---: | :---: |
| Carrot Stick | $\$ 1.00$ |  |  |
| Boiled Egg (GF) | $\$ 1.50$ |  |  |
| Raspberry Jelly | $\$ 1.00$ |  |  |
| Homemade Muffins | $\$ 2.00$ |  |  |
| Homemade Cookies | $\$ 1.50$ |  |  |
| Popcorn (Cheese, Butter or S \& V) | $\$ 1.50$ |  |  |
| JJ’S (Chicken, S \& V or Pizza) | $\$ 1.50$ |  |  |
| Red Rock Deli (Sea Salt or Honey Soy)(GF) | $\$ 1.50$ |  |  |
| Apple \& Raspberry Twists (GF, H, V ) | $\$ 2.00$ |  |  |
| GLUTEN FREE ITEMS |  |  |  |
| Chicken Nuggets (3)(GF) | $\$ 3.60$ |  |  |
| Chicken Tenders (GF) | $\$ 3.00$ |  |  |

(H)- Halal (V) - Vegetarian (GF) - Gluten Free

GREEN = Best Choices AMBER = Eat in Moderation

