

Hi, I am Maud and my son Hugo is in grade 2. As a counselor and life coach I help men and women create inner stability so they can make a stand for themselves and let go of what doesn't support them anymore.

I am offering soon a short online workshop focusing on 3 keys to live well together with our family. In this time of lockdown, it is a great way to reconnect with our loved ones beyond the possible stresses of living so close to each other non-stop. I thought some of you might be interested so here is a little presentation of it.

Feel free to contact me if you have any questions 😊 Thanks. Maud



Maud Briscoe-Renaud
Navigate Your Path To Fulfillment & Freedom



LIVING TOGETHER

A 3 hours online workshop
Learn three keys for living together harmoniously

In this workshop you will:

- Explore three tools to improve your daily relationships
- Strengthen your connection with your family or the group you are part of
- Discover where you can progress to help build more and more harmonious relationships
- Boost your motivation to live together more harmoniously

Why you may want to take this workshop:

- You like to work as a team with your family but find it a challenge at times
- You would like to learn how to be more comfortable managing everyone's needs without losing yourself
- You are interested in learning some tools to live together more harmoniously even when you disagree on some subjects

Modality: 3 hours workshop, online

Date: Sunday 12th September 2021, from 1pm to 4pm

Cost: \$130 per person and \$90 concession (at your discretion).

A deposit of \$50 must be paid to register a place in this workshop. Payment can be made by contacting Maud on 0401 057 669; maud@maudbr.com or through PayPal via the webpage:

<https://www.maudbr.com/living-together>.