



GYMNASTICS

Skills for Life



GYMNASTICS

Joeys / Kanga (5 - 8 yrs)

Gymstar 1 - 4 (9 - 13 yrs)

Gymnastics based programs that provide the opportunity to learn new skills, strength, balance & more.

X-GYM

X-Gym (5 - 10 yrs)

X-Treme (8 - 12yrs)

Train like a **NINJA**, learning coordination, parkour, strength & agility.

www.fcgc.com.au

10 Mitford Pde, West Footscray

Visit our website to book a

FREE TRIAL !