





- Each year 100 carefully selected participants are invited to attend either: Lord Somers Camp for young men, male identifying or non binary youth, or Lady Somers Camp for young women, female identifying or non binary youth.
- Big Camp offers an experience that you
  will not find anywhere else. Big Camp will
  give you a week like nothing you've ever
  done before. Through a series of totally
  unique and challenging situations the Big
  Camp program is designed to create
  change by providing scenarios that allow
  you to question your self perception,
  think about your goals and give you the
  chance to overcome obstacles.

# Are you.....

- Available to attend Camp?
  - Lord: 7th-13th Jan 2024
  - Lady: 14-20th Jan 2024
- Interested in trying something new?
- Aged between 16.5 and 18 years in January?
- Ready to be stretched mentally?
- Willing to take on physical challenges?
- Happy to provide us one written referee? Preferably someone who knows you who is not a family member or close friend
- Able to provide a second referee who we might contact to find out more?
- Prepared to be challenged and extended beyond your comfort zone?





# My experience...

- I don't even know where to begin...
- This camp was a once in a lifetime opportunity and I cannot describe to you the ups and down I went through in only 6 days.
- I was pushed to my limits that I never knew existed and stepped outside my comfort zone. I completed activities that I wouldn't even imagine let alone myself do them alongside 99 other girls.
- I was so nervous on my first day that I wouldn't meet anyone, or this would be a waste of time but I instantly clicked with everyone in my group (red), and from day 1, we all became so close.
- Everyday was a challenge but each day was different and a day I will never forget. I can't go into great detail on the full experience, you will have to experience it for yourself, but trust me once you know, you will never forget it.
- We had a celebrity guest visit us on camp but cannot tell you who, sorry!
- My camp was cut a day short, but the time I spent there was enough, I had pushed myself physically and mentally, made friendships that will last lifetimes, apart of the outer Lord Somers and Powerhouse community, discovered things about myself I couldn't have found elsewhere and made unforgettable memories.
- It is so hard to stand up here today and attempt to describe this camp and experience to you, but I simply cannot capture the essence of this camp. You just have to go and be apart of it yourself, and please listen to me when I say go.



Here are a few photos from my camp to try and help capture my experience that I couldn't in words

# What is the cost?

- The cost of Big Camp is \$576 for each participant.
- This fee need not be a deterrent to nominating someone. Lord Somers Camp and Power House believes no one should be denied involvement in our programs due to financial disadvantage, especially with the effects of COVID still being felt by so many within the broader community. For this reason, payment plans, and sponsorship are available. Please contact the office for further information on these options.



# BIG CAMP

## How to APPLY to be ONEIN100



#### APPLICANT IDENTIFIED

Applicants must be between 16.5-18 years and available to attend their relevant program in full.



## NOMINATION QUESTIONNAIRE

A nomination
questionnaire identifies
a potential applicant that
would benefit from the
Big Camp experience.
This is completed by
someone like a teacher,
coach, supervisor or

mentor.



## APPLICANT QUESTIONNAIRE

The young person completed an application for either Lord or Lady Somers Camp



### **MEDICAL FORM**

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LSC&PH uses Operoo to securely manage medical information. A profile must be completed with the relevant support plans included.



#### APPLICANT REVIEWED

The application and nomination questionnaires are reviewed by the Lord and Lady Somers Camp planning committees.



#### PLACE OFFERED

Places are offered to successful applicants in early November. Due to program oversubscription a wait list will be managed and further places will be offered as they become available.

To be one in one hundred, you are encouraged to take the opportunity to apply quickly as we receive more applications than places available. Read the big camp checklist and if you are eligible, apply via our website **www.lscph.org.au** You will need to provide details of a referee who will support your application and a parent/guardian for medical information. We encourage you to get your application in as early as possible. Applications close at the end of Term 3.

- 1. You can apply for yourself, or
- 2. Someone can nominate you