

ADJUST the string length of each student's yo according to the instructions below.

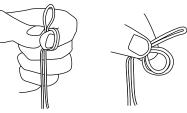
## A. MEASURE THE STRING

Let the string all the way out and set the yo-yo on the ground next to the student's **shoe**. Pinch the string at the student's **elbow** and let the top part drop. Slide your other finger down **two inches**.





## **B. MAKE A SOLID LOOP**

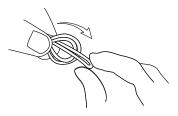


Now, tie a new knot by wrapping the string around your **fingernail** one time and pinch it with your **thumb**, just like tying a water balloon.

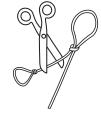
## **C. MAKE A SLIP LOOP**

This loop will fit any size finger, so the yo-yo doesn't fall off your hand.

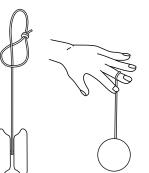
Place the yo between the first and second knuckle on the middle finger.



Slip the end underneath and pull it **through** to form a loop that's the size of a **penny**.



**Pull** the knot tight and cut off the extra string with a pair of **scissors**.





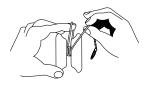
thenedshows.com/string



## HOW TO WIND THE STRING on a sleeper yo



**1.** Make the first wrap over one finger.



- Continue to wrap string around the axle, to the side of your finger, 2-3 times.
- Remove finger and gently continue wrapping until wound.
- 4. The finger loop will disappear when you throw the yo-yo down!