

## Term 3, 2024 Program Guide

### School Holiday Program

#### Lego Technic Robotics (Ages 7-12)

**Venue:** Delahey Community Centre

Tuesday 2 July

Session 1: 10.00am – 12:00pm OR

Session 2: 12.30pm – 2:30pm

No Charge, one session per child

Build on your robotics skills with our facilitator Taylor Hoffman! Learn to design, build and control robots, vehicles and structures! All material provided. Parent supervision is required.

#### NAIDOC Week

#### Mixed Art Workshop (Ages 5-12)

**Venue:** Delahey Community Centre

Monday 8 July

11.00am – 12:00pm - No Charge

Join us to celebrate NAIDOC Week & take part in an Aboriginal Cultural Awareness and Art Workshop at Delahey Community Centre. Designed for children aged 5-12 years your child will learn Aboriginal symbolism and story creation plus discover different types of Aboriginal art techniques and tools. All material provided. Parent supervision is required.

#### Games & Craft Zone (Ages 4-12)

**Venue:** Delahey Community Centre

Thursday 11 July

10.00am – 12:00pm - No Charge

Stay warm these winter school holidays and join us for a morning of indoor fun with board games, clay modelling and arts & crafts activities. We'll have old school board games including Snakes and ladders, Jenga, 5 Second Rule, UNO, Chess, Checkers plus more! Also, we'll have an arts & crafts station for colouring in & clay play fun. Parents are encouraged to join & parent supervision is required.

### Arts, Craft & Books

#### Delamates - Social Group

**Venue:** Delahey Community Centre

Tuesdays, 2 July – 17 September

10:00am – 12:00pm - No Charge (12 sessions)

Enjoy a cuppa, share your craft skills and learn handy craft tips from others.

#### Chinese Brush Painting & Mahjong Meet Up

**Venue:** Delahey Community Centre

Tuesdays, 16 July – 17 September

1:00pm – 3:00pm - No Charge (10 sessions)

Share your Chinese brush painting skills with others. BYO materials. This is not a teaching group. Plus join us for a game of Mahjong! No game experience necessary, learn from fellow players in a non-competitive environment.

#### Quilting Teaching Group

**Venue:** Delahey Community Centre

Tuesdays, 16 July – 17 September

6:00pm – 9:00pm - \$30 (10 sessions)

Learn to stitch and sew in this quilting teaching group facilitated by a volunteer. BYO materials. Sewing machines and quilting tools provided.

#### Quilting Group

**Venue:** Delahey Community Centre

Wednesdays, 17 July – 18 September

9:30am – 12:30pm - \$30 (10 sessions)

Share your quilting and cross stitching skills with others facilitated by a volunteer. BYO materials. Sewing machines and quilting tools provided.

#### Sew Cool - Ice Pack Neck Tie Sewing

**Venue:** Delahey Community Centre

Wednesday 21 August and 4 September

12.30pm – 3.30pm - No Charge (2 sessions)

We are seeking volunteers to be involved in the 'Sew Cool' project to help with sewing ice pack neck ties. The neck ties are worn around the neck to keep cool when moving around our community. The neck ties made will then be available from neighbourhood houses during heatwaves at no cost.

# Delahey Community Centre

70 Copperfield Drive, Delahey VIC 3037  
Phone: 9249 4900



## Crafty Sewing Teaching Group EOI

**Venue: Delahey Community Centre**

Thursdays, 18 July – 19 September

10:00am - 1:00pm - \$30 - (10 sessions)

We are looking for expressions of interest in joining a low-cost Crafty Sewing Teaching Group, where you will learn how to create, stitch and enhance your basic sewing and machine skills facilitated by a volunteer. BYO materials. Sewing machines and tools provided. Please contact us to provide your details and express your interest.

## Community Library

**Venue: Delahey Community Centre**

Come visit our growing Community Library at Delahey Community Centre, there's a book for everyone!

Want a book? Take a book,  
Have a book? Leave a book!

## Family & Children

### Toddler Make and Play

**Venue: Delahey Community Centre**

Mondays, 29 July – 9 September (excl 26 August)

10:00am – 11:00am - \$30 (6 sessions)

Facilitated program that encourages parents/caregivers to connect with their child while having fun in a range of activities.

### Tuning in to Kids – Online Parenting Program

**Venue: Online**

Mondays, 29 July – 2 September

10:00am – 11:30am - No Charge (6 sessions)

A program for parents and carers of children aged 3 to 10 years. Learn to understand your child's emotions and guide their behaviour with appropriate limits. Delivered by Relationships Australia Victoria to register call 8311 9222.

### Tuning in to Teens – Online Parenting Program

**Venue: Online**

Mondays, 29 July – 2 September

7:00pm – 8:30pm - No Charge (6 sessions)

A program for parents and carers of tweens and teens aged 10 to 16 years. Improve how to communicate and manage conflict with your young person. Delivered by Relationships Australia Victoria to register call 8311 9222.

### Circle of Security Parenting – Online Parenting Program

**Venue: Online**

Group 1 - Wednesdays, 17 July – 4 September

10:00am – 11:30am - No Charge (8 sessions)

Group 2 – Thursdays, 25 July – 12 September

7:00pm – 8:30pm - No Charge (8 sessions)

Learn how to recognise and understand your child's emotional needs. Delivered by Relationships Australia Victoria to register call 8311 9222.

## Gardening

### Social Gardening Group

**Venue: Delahey Community Centre**

Fridays, 5 July – 20 September

10:00am – 12:00pm – No Charge (12 sessions)

Garden and chat. Learn new garden tips and share some of your own. BYO garden gloves.

### Natural Pesticides Workshop – NEW

**Venue: Delahey Community Centre**

Friday 16<sup>th</sup> August

10:30am – 12:00pm – No Charge (1 session)

Explore the friends and foes of garden bugs as well as how to prepare and use natural, non-toxic pesticides to deter harmful bugs.

### DIY Greenhouses Workshop – NEW

**Venue: Delahey Community Centre**

Friday 6<sup>th</sup> September

10:30am – 12:00pm – No Charge (1 session)

In this workshop, you'll learn how to create your own DIY mini-greenhouse for early spring gardening. We'll also discuss the planting and sowing calendar to help you determine the best season and climate for planting your herbs and vegetables.

### Healthy Soil for Healthy Gardens Workshop

**Venue: Delahey Community Centre – NEW**

Friday 20<sup>th</sup> September

10:30am – 12:00pm – No Charge (1 session)

Come learn with us how to prepare your garden soil as a foundation for a healthy and productive garden. You will learn various methods of composting and worm farming to enrich your soil and nourish your vegetable garden. Plus gain an understanding of Soil Composition covering soil PH and how to adjust acidity or alkalinity.

# Delahey Community Centre

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## Health, Fitness & Wellbeing

### Pilates – NEW

**Venue: Delahey Community Centre**

Mondays, 29 July – 16 September

6.30pm - 7.30pm - \$72 (8 sessions)

Enhance your mind and body with our new Pilates program, offering simple techniques that improve posture, flexibility, strength and body awareness. Perfect for all levels and abilities. BYO Yoga Mat & drink bottle.

### Walking Group

**Venue: Delahey Community Centre**

Tuesdays, 16 July – 17 September

9.15am - 10:30am – No Charge (10 sessions)

Enjoy a walk with our friendly group followed by a cuppa.

### Yoga

**Venue: Delahey Community Centre**

Thursdays, 18 July – 5 September

6.30pm - 7.30pm - \$72 (8 sessions)

Improve your health and wellbeing through yoga stretches, postures and breathing exercises in a relaxing space. BYO Yoga Mat & drink bottle.

### Gentle Movement

**Venue: Delahey Community Centre**

Fridays, 19 July – 6 September

9:15am – 10:00am - \$40 (8 sessions)

A combination of gentle and easy to follow movements, stretches, mindfulness and relaxation techniques designed to enhance your overall health and wellbeing.

### Parents Walking Group

**Venue: Delahey Community Centre**

Fridays, 19 July – 20 September

10:00am - 11:30am – No Charge (10 sessions)

Come along with your children for a walk around Delahey and join us for a coffee afterwards.

## Language

### Practice Your English

**Venue: Delahey Community Centre**

Tuesdays, 16 July – 17 September

11:00am - 12:30pm – No Charge (10 sessions)

Practice your English in an informal conversation class facilitated by a volunteer.

## Skills Development/ Education/ Employment

### Computers & Free Internet available

**Venue: Delahey Community Centre**

Computers are available for community use Monday to Thursday and we also have free Internet/WiFi. If you are a beginner computer user and need help, our friendly staff can help. If you would like to use a computer, please contact Delahey Community Centre on 9249 4900 to arrange a time.

### Beginners Computer Skills

**Venue: Delahey Community Centre**

Fridays, 26 July – 30 August

9.30am - 11.30am - \$30 (6 sessions) \*

Learn how to use the computer including navigating the internet safely, Microsoft word and email.

### Intermediate Computer Skills

**Venue: Delahey Community Centre**

Fridays, 26 July – 30 August

11:45am – 1:45pm - \$30 (6 sessions) \*

Explore Microsoft Word, PowerPoint and Excel at an Intermediate level and understand how to use digital devices with your computer.

**\* Due to high demand, registrations are limited to one computer program per person.**

**\* For group enquiries please call the centre on 9249 4900**

## Support Group

### Breast Cancer Support Group

**Venue: Delahey Community Centre**

Thursday 1 August, 5 September (excl 4 July)  
(first Thursday of each month)

7:00pm – 8:00pm – No Charge (11 sessions)  
Support group.

# Delahey Community Centre

70 Copperfield Drive, Delahey VIC 3037  
Phone: 9249 4900



## Information Sessions

### ATO Tax Help 2024 – NEW

**Venue: Delahey Community Centre**

**Date to be Confirmed** – No Charge

Tax Help will be available at Delahey Community Centre. Volunteers will be available to offer assistance, volunteers are trained and supported by the Australian Taxation Office (ATO). Please contact us to register your details.

### Family Tax Benefit & Child Care Subsidy – Services Australia – NEW

**Venue: Delahey Community Centre**

Thursday 8<sup>th</sup> August

9:15am – 10:15am – No Charge (1 session)

Join us for a session to discover more about Services Australia's Family Tax Benefit and Child Care Subsidy. This session will be led by a representative from Services Australia.

### Age Pension & related topics - Services Australia – NEW

**Venue: Delahey Community Centre**

Friday 9<sup>th</sup> August

11:30am – 12:30pm – No Charge (1 session)

This session will discuss the Age Pension, the main income support payment for people who have reached Age Pension age. Additional related topics will also be shared during the session. This session will be led by a representative from Services Australia.

### Parenting Payment – Services Australia – NEW

**Venue: Delahey Community Centre**

Thursday 22<sup>nd</sup> August

9:15am – 10:15am – No Charge (1 session)

Join us for a session to discover more about Services Australia's Parenting Payment. This session will be led by a representative from Services Australia.

### Financial Information Services - Services Australia – NEW

**Venue: Delahey Community Centre**

Friday 13<sup>th</sup> September

11:30am – 12:30pm – No Charge (1 session)

In this session, discover Services Australia Financial Information Services, covering topics such as age care services, budgeting and saving for retirement and superannuation. This session will be led by a representative from Services Australia.

## What would you like to see happening?

Is there a program or activity that you are interested in that we don't offer? If so, please reach out to our friendly team and share your thoughts. We value your feedback.

**Bookings are essential for all programs.**

To register, please visit

<https://learning.brimbank.vic.gov.au/venue/delahey-community-centre/cat.listevents/2024/01/09/->

Or scan QR Code & search for **Delahey Community Centre**



# Contact

## **Cairnlea Community Hub**

**59 Carmody Drive, Cairnlea 3023**

**P** 9249 4800 **E** [cairnleacommunityhub@brimbank.vic.gov.au](mailto:cairnleacommunityhub@brimbank.vic.gov.au)

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## **Delahey Community Centre**

**70 Copperfield Drive, Delahey 3037**

**P** 9249 4900 **E** [delaheycc@brimbank.vic.gov.au](mailto:delaheycc@brimbank.vic.gov.au)

**Office hours:** Monday-Friday – 9am-4pm

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## **Hunt Club Community and Arts Centre**

**775 Ballarat Road, Deer Park 3023**

**P** 9249 4800 **E** [huntclubarts@brimbank.vic.gov.au](mailto:huntclubarts@brimbank.vic.gov.au)

**Office hours:** Monday-Friday – 9.30am-4.30pm

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## **Keilor Community Hub**

**704B Old Calder Hwy, Keilor 3036**

**P** 9249 4224 **E** [keilorcp@brimbank.vic.gov.au](mailto:keilorcp@brimbank.vic.gov.au)

**Customer Service office hours:** Monday-Friday 8.45am-5pm

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## **Sydenham Neighbourhood House**

**102/Level 1, 1 Station Street, Sydenham Community Hub, Taylors Lakes 3038**

**P** 9249 4224 **E** [sydnh@brimbank.vic.gov.au](mailto:sydnh@brimbank.vic.gov.au)

**Office hours:** Monday-Thursday – 9am-6pm, Friday – 9am-5pm

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## **West Sunshine Community Centre**

**25 Kermeen Street, West Sunshine 3020**

**P** 9249 4555 **E** [wsc@brimbank.vic.gov.au](mailto:wsc@brimbank.vic.gov.au)

**Office hours:** Monday-Friday – 9am-5.30pm

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## **Westvale Community Centre**

**45 Kings Road, St Albans 3021**

**P** 9249 4665 **E** [westvale@brimbank.vic.gov.au](mailto:westvale@brimbank.vic.gov.au)

**Office hours:** Monday-Friday – 9am-5pm

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## **Brimbank Learning Futures**

**80B Harvester Road, Visy Cares Hub Building, Sunshine 3020**

**P** 9249 4116 **E** [BLFVisyCaresHub@brimbank.vic.gov.au](mailto:BLFVisyCaresHub@brimbank.vic.gov.au)

**Office hours:** Monday-Friday – 9am-5pm

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[brimbank.vic.gov.au/community/  
neighbourhood-houses-and-community-centres](http://brimbank.vic.gov.au/community/neighbourhood-houses-and-community-centres)

