



# Growing FAITH at home

PROPER 14

YEAR B

## JESUS GIVES HIMSELF AS THE LIVING BREAD FOR ETERNAL LIFE



Grow Ministries  
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au

Sunday between August 7 and August 13



### CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What do you hope to be doing five, ten and twenty years from now?
2. Why do people have bucket lists?



### BIBLE READINGS

Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.

1st reading

**1 Kings 19:4-8**  
Elijah flees from Jezebel

2nd reading

**Ephesians 4:25-5:2**  
Rules for the new life

Gospel reading

**John 6:35, 41-51**  
Bread from heaven

### DISCUSS

In the Gospel of John eternal life begins now by receiving and eating the living bread that is Jesus. What does it mean to you that eternal life begins now?



### ACTION RESPONSE

St Paul reminds us that, as Christians, we work not only to provide for ourselves but so that we 'have something to share with those in need' (Ephesians 4:28). Collect a household offering to support an organisation helping those in need. One suggestion is ALWS Gifts of Grace. See [www.alws.org.au](http://www.alws.org.au)



### PRAYER

Lord Jesus, help me to look to you and believe. Thank you for your promise of eternal life and fill us with hope, peace and joy. Amen.



### MEALTIME PRAYER

O taste and see that the Lord is good, we thank you now for this daily food. Amen.



### BLESSING

May God bless you with a strong faith in Jesus.

I TELL YOU FOR CERTAIN THAT EVERYONE WHO HAS FAITH IN ME HAS ETERNAL LIFE.

JOHN 6:47

VERSE OF THE WEEK

