

This is the Parent / Guardian proof of approval for those under the age of 18



THE PUSH-UP CHALLENGE 2023

Complete this form to show proof that you have permission to participate in The Push-Up Challenge 2023 from your parent or guardian.

PARTICIPANT

First Name: _____ **Last Name:** _____

Mailing Address: _____

Suburb: _____ **State:** _____ **Post code:** _____

Phone: _____ **Email:** _____

Date of Birth: / / **Signature*:** _____

* If 12 years old or older

Before returning this form you must read The Push-Up Challenge '[terms and conditions](#)' (or similarly named) on our website and acknowledge by ticking the below box

I have read The Push-Up Challenge terms, conditions and agree to comply with them

PARENT / GUARDIAN

Participants under the age of 18 require the written consent of their parent or guardian before taking part or fundraising for The Push-Up Challenge. Consent must be obtained and received by The Push-Up Challenge prior to taking part. Please refer to The Push-Up Challenge Terms and Conditions of Website Usage and our Privacy Policy on our website for information on how we ensure the safe and comfortable use of our website by children.

PERMISSION

I hereby grant permission for the child named above to participate in The Push-Up Challenge, including fundraising. I acknowledge that the supervision of the child named above must comply with the following requirements under law:

- Children under the age of 16 must take part under the supervision of an adult
- Children under the age of 12 must take part under the direct supervision of a parent or guardian

Name: _____ **Last Name:** _____

Signature: _____ **Date:** _____

Email: _____ **Phone:** _____

Relationship to participant: _____

Take a photo or scan this completed form and email it through to us at:

permission@thepushupchallenge.com.au

In the subject line of this email, include the name of the person who is taking part.

Please note that this email address is for record keeping, we do not respond to questions to that email.