

# Continuous Learning Advice for Parents

## Years 7 – 12

### START THE DAY WELL

- If you are at home with your child, please ensure that they have had breakfast and are dressed in neat casual clothes and ready to learn for the day by the 9:00 am check in.
- Check your child's timetable for the day.
- If your child is unwell or unable to attend classes, please contact the College via: [attendance@standrews.vic.edu.au](mailto:attendance@standrews.vic.edu.au)

### CREATE A LEARNING SPACE

- Your child's learning space should be tidy, comfortable and as quiet as possible.
- Make sure your child is sitting on a chair at a desk or table.
- Ensure that your child has a charged device and is logged on to The Hub.
- Students need to have specific materials for each subject ready.
- If your child is using a webcam, ensure that they are sitting in front of a blank background.
- Students are encouraged to use headphones where possible and to remove all distractions – including mobile phones and pets.



### COMMUNICATION

- Each Friday afternoon teachers will email the Learning Plan for the following week. This will include:
  - the times for any scheduled Online Learning Lessons which your child is required to attend.
  - the work which must be submitted
- Check on The Hub, with your child, each day for any additional instructions from the teacher.
- Encourage your child to use the class forum to ask questions about course content.
- Please contact the subject teacher if you have any subject specific questions.

### WHAT PARENTS CAN DO

- Parents can support their children by encouraging them to set goals, plan, and manage their time, effort, and emotions.
- This type of support can help children to regulate their own learning and will often be more valuable than direct help with homework tasks.
- Encourage your child to practise healthy habits
  - Take breaks every 20-30 minutes
  - Have recess and lunch breaks and eat healthy food
  - Engage in exercise each day – outside if possible.
- Contact the Homeroom teacher via email if your child has any Well-being concerns.

### SUPPORT

IT Support: 1300 832 454  
Email: [itsupport@standrews.vic.edu.au](mailto:itsupport@standrews.vic.edu.au)

Head of Senior School: Mr John Presant  
[jpresant@standrews.vic.edu.au](mailto:jpresant@standrews.vic.edu.au)

Head of Middle School: Mr Dan Lee  
[dlee@standrews.vic.edu.au](mailto:dlee@standrews.vic.edu.au)

Year 7/8 Coordinator: Mrs Christa Cloete  
[ccloete@standrews.vic.edu.au](mailto:ccloete@standrews.vic.edu.au)

Year 9/10 Coordinator: Mr Steve Mellody  
[smellody@standrews.vic.edu.au](mailto:smellody@standrews.vic.edu.au)

Year 11/12 Coordinator: Mrs Natalie Farmer  
[nfarmer@standrews.vic.edu.au](mailto:nfarmer@standrews.vic.edu.au)

Head of Learning and Teaching: Mr Michael Swanborough  
[mswanborough@standrews.vic.edu.au](mailto:mswanborough@standrews.vic.edu.au)

Head of Learning Support: Mrs Shirley Gillie  
[sgillie@standrews.vic.edu.au](mailto:sgillie@standrews.vic.edu.au)