Parent and Carers Support Group

Are you the parent or carer of a child with a disability, including but not limited to any of the following:

* **autism spectrum disorder**
* **developmental delay**
* **sensory processing disorder**
* **attention deficit disorder**

Do you sometimes find it overwhelming, exhausting or isolating when caring for your child?

**If so**, we have set up a local support group in the Mount Alexander Shire for parents and carers who are just like us. Below please find details of our meetings for 2019. Please come along if you are interested in joining our group and feel free to pass the details of the group on to anyone you feel could benefit.

**Venue: Castlemaine Community House**

**30 Templeton Street, Castlemaine**

**Classroom 1**

**Dates: Thursday 17 October**

**Thursday 21 November**

**Time: 7-8:30pm**

**RSVP Karen Evennett – 0420 841 129**

**Karen.evennett@gmail.com**