

# Murrumbeena Kids' Café

## Canteen Menu (Effective January 2020)

Closed Mondays

Canteen Enquiries: 9568 1300

### Lunchtime Classics

Available as Sandwich, Tortilla Wrap or Roll  
(Roll = 80 cents extra) - all on Wholemeal

Cheese	\$3.10
Vegemite	\$3.10
Sliced Ham	\$4.10
Tuna	\$4.10
Salad (Seasonal vegies)	\$4.10
Egg and Lettuce	\$5.00
Roast Chicken	\$5.00

Add Lettuce, Cheese, Tomato, Carrot, Cucumber  
(30 cents each)  
Add Avocado (50 cents)

Choice of Butter/Nuttelex

### Fresh Sushi Rolls (White or Brown Rice)

Tuna & Mayonnaise	} all \$3.00
Chicken Teriyaki	
Smoked Salmon & Avocado (GF)	
Vegetarian (V & GF)	

(Soy Sauce – 5 cents)

## SUSHI ONLY AVAILABLE TO ORDER ON FRIDAY

### ALLERGY ALERT.

The tuna/salmon sushi will contain mayonnaise  
made with egg.

### Toasted Focaccias:

Cheese	\$4.40
Cheese & Tomato	\$5.00
Ham & Cheese	\$5.00
Ham, Cheese & Tomato	\$5.40
Roast Chicken, Avocado & Cheese	\$5.70

### Vegetarian Options

Salad Box (lettuce, cheese, cucumber, tomato, carrot)	\$5.00
Extra Egg	0.50
Ham/Chicken	\$1.00

### Vegetarian Options (continued)

Macaroni & Cheese	\$5.30
Margarita Pizza	\$4.50
Spinach & Ricotta Roll (hot)	\$4.80
Corn Cobs	\$1.10
Baked Potato with cheese	\$5.70
Baked potato with cheese	\$5.70
Or add your choice of:	
- corn	
- tuna	

Pumpkin Soup	\$3.00
Pumpkin Soup with Bread Roll	\$4.00

### More Meaty Lunches for the very hungry

Cheese Burger: low fat beef pattie with 2 slices of cheese and sauce	\$5.50
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Maxi Burger: low fat beef pattie with lettuce, cheese, tomato & sauce	\$6.00
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Chicken Burger: crumbed tenderloins with lettuce, cheese and mayo	\$6.00
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Crumbed Chicken Tenderloin wrap with lettuce and your choice of sauce (BBQ Tomato or Mayo)	\$6.00
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Butter Chicken with Rice	\$5.30
Lasagne	\$5.30
Spaghetti Bolognese	\$5.30
Party Pie	\$1.80
Party Sausage Roll	\$1.80
Sausage Roll (large)	\$3.80
Hot Dog	\$3.80
Pizza – Hawaiian	\$5.30
Pizza – BBQ Chicken	\$5.30
Chicken Nuggets (5) & dipping sauce	\$4.50
Chicken Strips (3) & dipping sauce (Choice of dipping sauce: Tomato or BBQ)	\$5.50

Tomato Sauce Sachet	0.30
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### Extra fillers: Scrolls / Muffins

#### Home Made Muffin:

- Chocolate, Blueberry or Raspberry & White	
Chocolate	\$2.50
Homemade ANZAC cookie	\$0.80

### Snacks to fill the gaps!

Popcorn	\$1.10
Mamee Noodle Snacks (Chicken or BBQ)	\$1.10
Vege-Chips	\$1.60
Ovalteenies	\$1.10
Gingerbread Kids	\$1.60
Hommus with Celery/Carrot Sticks	\$1.60
Fruit Salad	\$2.50
With Yoghurt	\$3.00

### Drinks:

Nippys Milk 250ml <i>*Chocolate, Strawberry or Honeycomb</i>	\$2.30
Milo (Hot or Cold)	\$2.30
100% Popper Tetra Juices <i>- Apple, Orange, App/Blackcurrant</i>	\$2.10

### From the Freezer

Fruit Stick Icy pole	\$1.00
Moozie – Frozen Milk <i>(Chocolate, Bubblegum, Banana)</i>	\$2.00
Frozen Yoghurt <i>(Mango, Strawberry, Raspberry)</i>	\$2.50

### Over the counter:

Snacks, drinks, fruit and freezer items listed earlier are all available over the counter at recess and lunchtime. There are also small snack biscuits or crackers for children with only 5- 20 cents to spend.

Maximum quantities of these (50c) will be enforced in order to enable all children to buy these items.

### THE FOLLOWING ITEMS ARE AVAILABLE OVER THE COUNTER ONLY –

#### Available in Terms 1 & 4 only

Slushies (99% real fruit juice)	\$1.50
Frozen Watermelon	\$1.00

- Children who order frozen items must bring their bag to canteen window to collect. No need to queue, come straight to front at corner of window.

**BAG MUST BE PRODUCED TO COLLECT ITEM.**

**Our preferred method of payment for lunch orders is online through Qkr!**

**Please download the app**

