

POSITIVITY

BOARD GAME






V2





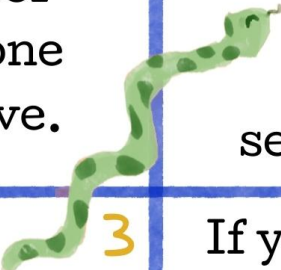

HOW TO ASSEMBLE

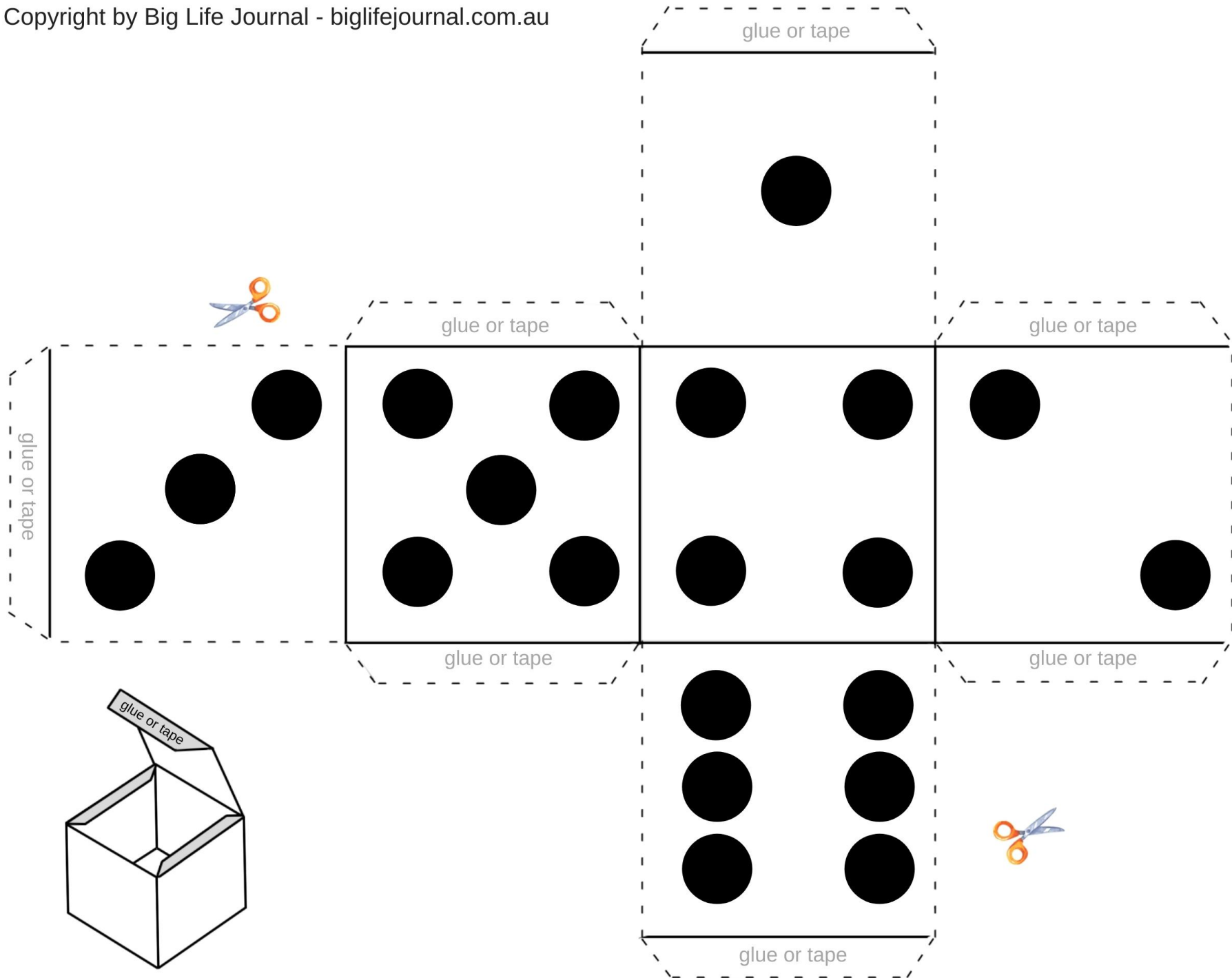
1. Print both pages of the game. To assemble, cut out the bottom white part of page 1 on the solid line and tape to the top of page 2 to form the board.
2. Get a game die from another board game or print and assemble the paper die on page 3.
3. Choose small items as your game board pieces such as small rocks, figurines, or small blocks.

HOW TO PLAY

1. Roll the die and move the correct number of spaces on the board. For example, if you roll a 2, move two spaces on the board.
2. Do the activity or answer the question in the square you landed on. If there is no activity, it's the next player's turn.
3. If you land on a square with a ladder, move your game piece up the ladder to a new square. If you land on a square with the snake, slide down the snake to the lower square.
4. The game is over when all players reach the "Finish" square!

<p>36</p> <p>What do you like to do before bedtime?</p>	<p>37</p> <p>What is your favourite thing to do outside?</p>	<p>38</p> <p>What is your favourite family tradition?</p>	<p>39</p> <p>Make a roaring sound (like a lion).</p>	<p>40</p> <p>FINISH</p> 
<p>35</p> <p>What's your favourite thing to eat for breakfast?</p>	<p>34</p> <p>What does it mean to be a good friend?</p>	<p>33</p> <p>Give yourself a Hug</p>	<p>32</p> <p>What is your favourite season and why?</p>	<p>31</p> <p>Take 3 deep breaths.</p>  
<p>26</p> 	<p>27</p> <p>Pat yourself on the back.</p>	<p>28</p> <p>What do you enjoy thinking about?</p>	<p>29</p> <p>Reach your arms up high and stretch tall like a tree.</p>	<p>30</p> <p>What was the best part of your day?</p>
<p>25</p> <p>What made you laugh today?</p>	<p>24</p> <p>Strike a superhero pose.</p>	<p>23</p> <p>What makes you feel strong?</p>	<p>22</p> <p>What is your favourite dessert?</p>	<p>21</p> 

<p>16</p> <p>What is your favourite holiday?</p>	<p>17</p> <p>What is something that makes your family special?</p>	<p>18</p> <p>FOLLOW your Dreams</p> 	<p>19</p> <p>What is one thing you like about yourself?</p>	<p>20</p> 
<p>15</p> 	<p>14</p> <p>What is your favorite song?</p>	<p>13</p> <p>What is your biggest dream?</p>	<p>12</p> 	<p>11</p> <p>Who makes you feel loved?</p>
<p>6</p> <p>What are you most thankful for?</p>	<p>7</p> <p>Give someone a compliment.</p>	<p>8</p> <p>Make a wish for someone you love.</p>	<p>9</p> <p>Do a funny dance for 10 seconds.</p> 	<p>10</p> <p>What is your favourite thing to wear?</p>
<p>5</p> <p>Make your happiest face.</p>	<p>4</p> <p>YOU are RESILIENT</p>	<p>3</p> <p>How can you make tomorrow a great day?</p>	<p>2</p> <p>If you could have a superpower, what would it be?</p>	<p>1</p> <p>START</p> 



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