Scones

This basic scone recipe uses only three ingredients to make. For a better rise, use cold butter — or even frozen butter. When it comes to mixing, don't overdo it!

Serves- 12 large scones Recipe from <u>womensweeklyfood.com.au</u>



Ingredients

- 2 1/2 cup self-raising flour Self-raising flour – you can make your own if you only have plain flour, add 1 teaspoon of baking powder for each cup of flour.
- 60 gram cold butter, chopped
- 3/4 cup cold milk, plus extra to glaze
- jam or marmalade, to serve

Equipment

Baking tray
Mixing bowl
Knife to mix
Scone cutters
Pastry brush
Baking paper

Instructions

- 1. Preheat oven to 180°C.
- 2. Line a baking tray with baking paper.
- 3. Sift flour into a large bowl. Rub in butter to make fine crumbs.
- Make a well in centre; add milk. Using a round-bladed knife, cut through mixture until it just forms a soft dough, adding 1-2 tablespoons more milk if needed.
- 5. Turn out dough onto a lightly floured surface. Knead briefly until smooth, then flatten to 2cm thick.
- 6. Using a scone cutter dipped into flour, cut rounds from dough or cut into squares or triangles.
- 7. Place scones side by side on the prepared tray.
- Brush tops with extra milk to glaze.
 Place in the freezer to cool down the scones before baking. This will result in a delicious flaky texture.
- Bake for 12-15 minutes or until golden and well risen.
- 10. Cut in half and add jam and/or cream.
 Jam first!

