

Thriving families

For many families, home is far from a haven from the rush of life. Many are 'parenting to survive', rather than to make their household thrive.

Free.
Bookings
essential

Tuesday
5 March

7pm to 9pm

Karralyka
Mines Road,
Ringwood East



Join Paediatric Occupational Therapist, Hannah Gamble, to explore:

- the key ingredients of effective parenting and the healthy habits to support your family to thrive
- how our own experience of being parented can shape the style of parenting we adopt
- how to create a positive family culture at home and how to parent from your value systems.

Free for
parents,
grandparents,
carers and
educators



Hannah Gamble

How to book:

Book online at: www.maroondah.vic.gov.au/ParentInformationSessions

For more information, please contact Cathie Wills, Children's Services Project Officer on 9294 5740 or email childrens.services.events@maroondah.vic.gov.au

1300 88 22 33 or 9298 4598

www.maroondah.vic.gov.au



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