

# WIN YOUR LUNCH WITH OUR 'WHOLE IN THE WALL'

ENTRIES CLOSE 29 APRIL 2022

Do you have an awesome **IDEA** for a canteen meal or snack? Do you love a **FREE** lunch? We want your **veg-inspiring** ideas or recipes for our 'Whole in the Wall' lunch experience!

The Health and Wellbeing Team at Rowville Primary School are calling all students to submit **new food or drink ideas**, to be added to the menu at our 'Whole in the Wall' lunch experience! Three entries will be chosen and sold at this one-day special event. Students with the winning entries will be awarded a **free lunch and reserved table** at our cafe.

For one day next term the Kitchen Garden will be transformed into a lunch time cafe experience, where students can purchase delicious, home cooked and nutritious whole foods at school.

We need all students to get involved. If you have a **vegetable or fruit based** meal, snack or drink, that you would love to enjoy as part of the canteen menu, please submit an entry. Remember the more veggies the better!

Please submit your recipe idea to your classroom teacher or email it to [Kari.Haddon@education.vic.gov.au](mailto:Kari.Haddon@education.vic.gov.au) by 29 April 2022.



Please see over the page for the entry form. If you prefer, you will find an electronic version on Compass.

# WHOLE IN THE WALL ENTRY FORM

If you have an idea for a snack or meal, but not a specific recipe, still complete this form with as much information about your idea as possible (like possible ingredients and flavours).

Recipe or Idea Name: .....

Number of Serves (if known): .....

Prep & Cooking Time (if known): .....

Ingredients (including quantities if known):

- .....
- .....
- .....
- .....
- .....
- .....
- .....
- .....
- .....
- .....

Do you have a photo to go with this recipe? Then email it to [Kari.Haddon@education.vic.gov.au](mailto:Kari.Haddon@education.vic.gov.au)

Method or Idea details:

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Notes / Comments:

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Your name and class: .....

Email: .....