



*Transforming
lives for stronger
communities*

Healthy & Respectful Relationships

Do you know what a healthy & respectful relationship looks like?

Family Life's Early Help Program have teamed up with Relationships Australia to learn about healthy and respectful relationships!

The workshop will focus on different relationships like families, friends and intimate partners and how we can make sure they're positive and healthy! We'll also discuss how to look after your own wellbeing when you're in a relationship!

When:

11am to 1pm
Thursday, 18th of May 2023

Where:

Seawinds Community Hub, 11A Allambi Ave,
Capel Sound, VIC 3940

Cost:

FREE but bookings are essential and spaces limited

Eligibility:

Available to Families/Carers with Children 0-18yrs residing in Mornington Peninsula Shire, Frankston City, City of Kingston and Bayside City.



Book by clicking the [Eventbrite link here](#) or scan the QR code below



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