

Volunteering with At Home with Willoughby

Would you like to make a real difference to the lives of others?

Would you like to 'give back', make friends and learn new skills?

Do you have some spare time during the week?



Willoughby City Council runs a number of services for seniors in our community. These services and programs are all aimed at enabling seniors to live independently, and wouldn't be possible without the help of our team of wonderful volunteers!

Our services include:

- Meals on Wheels
- Linen Service
- Social Outings
- Social Lunches
- Companion Shopping

**Volunteer weekly, fortnightly or monthly,
Monday – Friday with our friendly team.**

We are especially looking for volunteers to assist with our Companion Shopping program and our Linen Service.



Companion shopping pairs a volunteer with an elderly client who needs a bit of extra assistance at the shops. You will regularly collect them from home, drive them to the shops and assist them with their shopping. Although volunteers offer some practical help, this program is also about reducing social isolation and is rewarding for volunteer and client alike!

Volunteers with our Linen Service work in pairs to deliver clean linen to seniors in the local area, and assist with changing bed sheets. As you can imagine, this chore is very tricky for some older people and so your help is greatly appreciated. With your help they can enjoy the feeling of fresh sheets!

If you are interested in volunteering with At Home with Willoughby, please contact Tara Russell, At Home with Willoughby Coordinator
Tara.Russell@willoughby.nsw.gov.au or 02 9777 7831.

The Commonwealth Home Support Programme provides funding for these services

