



Swimming Carnival Monday 11 February 2019

PROGRAM

9:20am

WELCOME / GENERAL SAFETY RULES

9:30am - 12:00pm

COMPETITIVE RACING

9:30am – 10:00am

50m Backstroke (All Year Levels)

10:00am – 10:40am

50m Breaststroke (All Year Levels)

10:40am – 11:20am

50m Butterfly (All Year Levels)

11:20am – 12:00pm

50m Freestyle (All Year Levels)

12:00 – 12:20pm

Free Swim (time permitting) – Florey, Heysen, Kavel, Litchfield

12:20 – 12:40pm
Spence

Free Swim (time permitting) – MacKillop, Mawson, Mitchell,

12:40 – 12:50pm

Organisation of Team Games
Leaders – final organisation of teams

12:50 – 2:30pm

TEAM GAMES –at the shallow end of pool
(Middle & Senior Village Teams)

1. Dribble Relay
2. Running Relay
3. Over and Under
4. Staff vs Student Relay

2:30 – 2:45pm

CLEAN UP

2:45- 3:00pm

PRESENTATION / DISMISSAL

GENERAL RULES

1. Students are to be on best behaviour and keep the swimming carnival safe for all people involved. Pool rules are displayed at the venue and need to be adhered to.
2. All students are to participate. Participation in competitive races is voluntary; however, each student should participate in at least 1 team game, volunteer as a student helper, and generally contribute to their village.
3. When not competing, students are to stay in their village group.
4. On hearing continuous whistle blasts, students are to quickly and safely exit the pool and gather in their village groups.

COOL DOWN SWIM

If the carnival is running to schedule there will be times to jump in the pool to cool down. These will be called out throughout the day for each village, so you will need to pay attention to the announcements.

RULES OF TEAM GAMES

Dribble relay

Each team lines up at the shallow end of the pool. The first swimmer starts in the water and pushes the ball across the pool until they reach the false start rope and then returns back to the start. They are not allowed to hold or throw the ball. It can be pushed with the arms or the head. The next swimmer can enter the water but cannot leave (ie must be touching the side of the pool) until the ball is pushed up against the edge. Each swimmer swims ONCE.

Running Relay

Each team lines up at the shallow end of the pool. The first runner starts in the pool and walks/runs until they reach the false start rope and then returns back to the start. THERE IS NO SWIMMING. One foot on the bottom of the pool at all times. Next runner waits **in the pool** but may not leave until the first swimmer has touched the wall. Each runner runs ONCE.

Over and Under

A team of 8 swimmers stand in line. They must stand on the black lines on the bottom of the pool. The ball starts at the start of the line where it is passed over the head and then backwards through the legs in succession. The person at the end of the line brings the ball to the front until all have been through. The very last person swims with the ball to the finish. Each person shall go through ONCE.

2019 SPORT LEADERS



Sophie Green



Anastazia Stolic

2019 VILLAGE LEADERS

Florey	Senior Middle	Monique Bessell Blayde Harten	Jessi Phan Hannah Peters
Heysen	Senior Middle	Ishita Goel Lydia Paton	Maddison Tamasi Teagan Berghout
Kavel	Senior Middle	Brianna Footer Zaide Johncock	Olivia Nowak Kendall Kahl
Litchfield	Senior Middle	Cindy Dang Andrea Campbell	Kiara David Ryan Schwarz
MacKillop	Senior Middle	Jordan Hall Hope Hill	Nicole Overall Molly Johnson
Mawson	Senior Middle	Xeanthea Dy Alicia Botten	Oliver Cox
Mitchell	Senior Middle	Grace Bolo Kayla Rouse	Ashleigh Whiteman Rohan Bhindi
Spence	Senior Middle	Emily Carroll Annabella Tan	Vivian Tang Nila Nowrozy

PREVIOUS WINNING VILLAGE

Year	Village
2000	Spence
2001	Florey
2002	MacKillop
2003	Heysen
2004	Heysen
2005	Heysen
2006	Heysen
2007	Florey
2008	Heysen
2009	Mitchell
2010	Mitchell
2011	Heysen
2012	Kavel
2013	Kavel
2014	Florey
2015	Florey
2016	Kavel
2017	Florey
2018	Spence

2018 INDIVIDUAL WINNERS

Event	Name
Year 7 Boys	Jordan Jenkin
Year 7 Girls	Stephanie Hansen
Year 8 Boys	Jack Kretschmer
Year 8 Girls	Ashleigh Preiss
Year 9 Boys	Jayden Nhek
Year 9 Girls	Isabella Thompson
Year 10 Boys	Bao Nguyen
Year 10 Girls	Selina Mann
Year 11 Boys	Joel Gregurev Jamie Angelakis
Year 11 Girls	Anastazia Stolic
Year 12 Boys	Carey Zimmer Yovan Arachchige
Year 12 Girls	Kira Howell

COLLEGE RECORDS

Event	Gender	Grade Level	Year of Birth	Name	Time (Seconds)	Year of Record
50m Freestyle	Male	Year 7	2004	Ryan Berghout	35.63	2017
		Year 7	2005	George Dang	35.63	2018
		Year 8	1990	Rohan Dennis	31.06	2003
		Year 9	1990	Rohan Dennis	29.46	2004
		Year 10	1999	Jack Weniton	28.22	2014
		Year 11	1991	Brennan Weniton	27.33	2007
	Female	Year 12	1999	Sam A'Court	27.92	2017
		Year 7	2004	Isabella Thompson	33.39	2016
		Year 8	2004	Isabella Thompson	30.41	2017
		Year 9	2004	Isabella Thompson	30.87	2018
		Year 10	2001	Anastazia Stolic	30.50	2017
		Year 11	2001	Anastazia Stolic	31.32	2018
		Year 12	1996	Amber Jurek	33.49	2014
50m Backstroke	Male	Year 7	2005	George Dang	38.00	2018
		Year 8	1993	Joshua Sexton	34.96	2007
		Year 9	1990	Rohan Dennis	35.00	2004
		Year 10	1999	Jordan Jurek	34.17	2014
		Year 11	1999	Jack Weniton	34.28	2015
		Year 12	1989	Stefan Butler	33.64	2007
	Female	Year 7	2004	Isabella Thompson	41.41	2016
		Year 8	1999	Kellie Elmes	35.47	2013
		Year 9	2004	Isabella Thompson	35.73	2018
		Year 10	2001	Anastazia Stolic	36.17	2017
		Year 11	2001	Anastazia Stolic	35.75	2018
		Year 12	2001	Kira Howell	39.53	2018

COLLEGE RECORDS

Event	Gender	Grade Level	Year of Birth	Name	Time (Seconds)	Year of Record
50m Breaststroke	Male	Year 7	2005	George Dang	49.53	2018
		Year 8	1998	Aaron Cho	38.12	2011
		Year 9	1998	Aaron Cho	37.79	2012
		Year 10	1998	Aaron Cho	37.64	2013
		Year 11	1988	Matthew Cowdrey	37.22	2004
		Year 12	1999	Jack Weniton	37.25	2016
	Female	Year 7	2005	Stephanie Hansen	41.56	2018
		Year 8	1999	Kellie Elmes	40.54	2013
		Year 9	1987	Tara Wadham	44.43	2001
		Year 10	2001	Kira Howell	43.60	2016
		Year 11	2001	Kira Howell	42.59	2017
		Year 12	2001	Kira Howell	44.12	2018
50m Butterfly	Male	Year 7	2005	Jordan Jenkin	48.84	2018
		Year 8	1990	Rohan Dennis	34.40	2003
		Year 9	1990	Rohan Dennis	32.61	2004
		Year 10	1990	Rohan Dennis	32.22	2005
		Year 11	1991	Brennan Weniton	28.49	2007
		Year 12	1988	Matthew Cowdrey	31.48	2005
	Female	Year 7	2004	Isabella Thompson	37.49	2016
		Year 8	2004	Isabella Thompson	33.81	2017
		Year 9	1987	Isabella Thompson	34.32	2018
		Year 10	2001	Anastazia Stolic	36.29	2017
		Year 11	2001	Kira Howell	35.14	2017
		Year 12	1996	Amber Jurek	36.17	2014



2018 Individual Year Level Winners



2018 Village Winner – Spence