

40

Good Deeds

Colour each box as you complete the activity.

1. Tell a family member why you love them.	2. Help mum or dad around the house.	3. Wash your plate after dinner tonight.	4. Talk to someone new at school.	5. Make a lovely cold drink for a family member.	6. Commit to a day without complaining.	7. Offer to help clean the classroom.	8. Stay off the computer all day.
9. Turn off the television today.	10. Hold the door open for somebody.	11. Leave a kind note for a classmate.	12. Pick up litter in the playground.	13. Help make dinner.	14. Recycle all your used paper.	15. Set the table for dinner.	16. Smile and say hello to your classmates.
17. Clean your bedroom.	18. Write a poem for a special friend.	19. Be friendly to a student in a younger grade.	20. Donate food or clothing.	21. Sponsor an endangered animal online.	22. Make a gift for someone special.	23. Paint a picture for someone special.	24. Write a list of your favourite memories.
25. Water the plants.	26. Give your pets a special treat.	27. Clean your bedroom.	28. Help put the groceries away.	29. Give somebody a compliment.	30. Invite a friend over to hang out.	31. Ring a grandparent and say hello.	32. Thank your family for taking care of you.
33. Let someone go in front of you in line.	34. Thank the library teacher for his/her help.	35. Take flowers to a teacher or the admin staff.	36. Give your classmates a sticker.	37. Eat lunch with someone new.	38. Prepare a family picnic.	39. Invite others to play with you at lunchtime.	40. Share a favourite toy with others.