

OSHC Newsletter Volume 12 Issue October 2023 Outside School Hours Care Program





We acknowledge Aboriginal Traditional Owners of Country throughout Victoria and pay respect to their cultures and Elders past, present and emerging.

"Back to School"

Our first week back from Spring holiday focused on helping children transition back into academic routines, including writing exercises and motor skill development through creative projects like DIY Spring holiday snapshots, poster painting, 2D paper backpacks, and word searches and crosswords.



"Mental Health Matters"

The Mental Health Matters week aimed to promote positive emotions and self-expression through arts and crafts. Activities included a mental health week mat, DIY stress toys, emotion puppets, and flipbooks to help children express their feelings visually.



"Sea Creatures & Disney 100 Years"

Our Sea Creatures & Disney 100 Years week encouraged appreciation of ocean life and beloved Disney characters. Activities like under the sea spy and count, 2D sea creature crafts, jellyfish paper plates, Disney crown crafting, and princess paper dress crafting sparked creativity and role-playing.





OSHC Newsletter Volume 12 Issue October 2023 Outside School Hours Care Program



"Children's Week"

The Children's Week activities focused on sensory stimulation activities such as DIY sensory bottle, 2D dinosaur model, Origami crafts, and slime and foam art to help process complex thoughts and sensory information.



"Halloween Week"

Lastly, the Halloween Week featured spooky decorations, a scavenger hunt with winners receiving prizes, face painting, and a fun baking activity resulting in Halloween cookies for the children to take home. Highlights of the month included cooking experiences where children baked a variety of treats, and the action-packed spooky week. On days when the weather is warmer the children have access to unlimited bubble play and water play with a tub filled with water and squishy toys in it.



Week 1 Creamy pumpkin soup Cheese pinwheels Corn chips nachos Brownie bars Vegetable fried rice Week 2 Chicken/Ham cheese wraps Vegetable pasta Pizza muffins Chocolate cookies Chicken nuggets & chips

Weekly Menus

Week 3 Pumpkin & lentil soup Spring rolls & sausage rolls Peach puff pastry Rice bubble slice Corn chips & assorted dips Week 4 Tuna pasta Chicken/Ham cheese wraps Strawberries puff pasty Banana muffins Vegetable fried rice Week 5 Corn chips nachos Chicken nuggets & chips Tuna wraps Rocky roads Pizza muffins

WeCare Reward Achievers



WeCare Initiative



Service Information ASC Service Hours: 3:00pm - 6:00pm | Phone No: 0476 006 755 | Email: jackson@theircare.com.au