

Bush Tucker Garden – Moriac PS

Plant name:	Plant image:	Edible part:	Reference:
Native bluebells (Wahlenbergia stricta) herbaceous perennial		Edible flowers	<u>Wahlenbergia stricta ssp. stricta</u>
Sea celery (apium prostratum) perennial variety		Edible leaf (tastes similar to Italian parsley)	<u>Sea Parsley - Apium prostratum var. prostratum - Tucker Bush</u>
Pussy tails (Ptilotis spatbulatus)		Edible roots	<u>Pussy Tails Biodiversity of the Western Volcanic Plains</u>
Kangaroo grass (Themeda triandra)		Edible seeds	<u>Black Duck Foods Indigenous Agriculture</u>
Mindym berry (Austromyrtus dulcis)		Edible berries	<u>Midyim Berries - Austromyrtus dulcis - Tucker Bush</u>

(Prostanthera sieberi 'minty')		Edible leaves	<u>Prostanthera 'Minty' Native – Mint Bush Gardening With Angus</u>
Emu fruit (Podocarpus drouynianus)		Edible fruit (seed attached to fruit is not edible)	<u>Emu Plum • ReWild Perth</u>
Coast beard heath (Leucopogon parviflorus)		Edible fruit	<u>Leucopogon parviflorus - Coast Beard-heath</u>
Yam daisy Murnong (Microseris lanceolata)		Edible leaves and tuber/root/yam)	<u>Murnong Yam Daisy - Microseris lanceolata - Tucker Bush</u>
Vanilla lily (Arthropodium milleflorum)		Edible tuber Flowers not edible but smell like vanilla	<u>Vanilla Lily - Arthropodium milleflorum - Tucker Bush</u>
Bulbine lily (Bulbine bulbosa)		Edible root and seeds (leaves are not edible)	<u>Native Leek - Bulbine bulbosa - Tucker Bush</u>

Ruby saltbush (<i>Enchylaena tomentosa</i>)		Edible berries, edible leaves if they are cooked	<u>Ruby Saltbush - Enchylaena tomentosa - Tucker Bush</u>
River mint (<i>mentha australis</i>)		Edible leaves	<u>Native River Mint - Mentha australis - Tucker Bush</u>
Mountain pepper (<i>tasmannia lanceolata</i>)		Edible leaves, flowers and berries	<u>Pepperberry - Tasmannia lanceolata - Tucker Bush</u>
Lemon myrtle		Leaves	<u>Lemon Myrtle - Backhousia citriodora - Tucker Bush</u>
Geraldton wax		Leaves (especially new growth)	<u>Jambinu Zest - Chamelaucium "Jambinu Zest" - Tucker Bush</u>
Salt bush		Leaves and berries	<u>Old Man Saltbush - Atriplex nummularia - Tucker Bush</u>

Native violet				Flower petals	<u>Native Violet - Viola banksii</u>
---------------	--	---	--	---------------	--

Additional resources:

Printed text: First Nations Food Companion – Damien Coulthard and Rebecca Sullivan

Young dark Emu – Bruce Pascoe

Website: [Black Duck Foods | Indigenous Agriculture](#)
[Farm My School](#)

Geelong community (Gen U) nursery

Bellarine Landcare nursery

Great Ocean Road nursery