



STRENGTHENING PARENT SUPPORT PROGRAM - LILYDALE

PEER SUPPORT GROUP FOR PARENTS & CARERS OF CHILDREN
AGE 0-18 WITH A DISABILITY OR DEVELOPMENTAL DELAY

Busy? Tired? No time for yourself? You are not alone!

Your stories may not be the same, but the importance of taking care of yourself is. Come and have a cuppa and a chat with other parents.

Share stories, frustrations and ideas and be ready to have some laughs too!

WHEN: 4th Friday of every month (except school holidays) - Feb 23rd, March 23rd, April 27th, May 25th

TIME: 10:30 - 11:30 AM

WHERE: Anglicare Victoria, 47-51 Castella St, Lilydale

COST: FREE OF CHARGE
Bookings are essential.

BOOKINGS:

Grace Miano on 9735 6146 or
strengtheningparentsupport@anglicarevic.org.au

The Strengthening Parent Support Program is delivered by Anglicare Victoria with funding from the Victoria Department of Education and Training.



Education
and Training

