



Social Groups

At Moriac Primary School, social and emotional learning is part of everyday classroom life. Students regularly practise skills such as understanding emotions, building friendships, solving problems and communicating respectfully through our Health and Wellbeing and Respectful Relationships curriculum.

Our Social Groups are simply a small extension of this learning. They provide some students with an opportunity to spend a little extra time practising these skills in a small group setting.

Program Overview

Social Groups run for approximately 10–15 minutes per week over a short period of 6–8 weeks. Sessions are relaxed, practical and age-appropriate, and use resources from *Everyday Speech*, which aligns with our existing curriculum.

Students may be invited to join a group by their classroom teacher for a variety of everyday reasons — for example, to build confidence when speaking with others, strengthen friendships within their class, or further develop their positive sense of self. Participation is not a cause for concern; rather, it is an opportunity for additional practice and growth, much like extra reading or maths support.

What Sessions Look Like:

- Short weekly group sessions led by school staff
- Simple discussions and interactive activities
- Games, role-plays and real-life scenarios to practise skills
- Reinforcement of concepts already being taught in class

The learning in Social Groups connects directly with what students are already doing in their classrooms and supports our whole-school approach to Respectful Relationships and wellbeing.

At Moriac Primary School, we are committed to supporting all students to feel confident, connected and capable. Social Groups are just one small way we continue to nurture these important life skills.