



Protective Behaviours

FREE WORKSHOP

As a Parent or Caregiver, are you interested in developing a greater understanding and strategies to empower your child/children to develop problem solving, assertiveness skills and increase their ability to promote personal safety and resilience?

If so, please come along to this personal safety program.

DEVELOP KNOWLEDGE ON HOW TO EMPOWER AND EQUIP YOUR CHILD TO:

- Assert their right to feel safe.
- Identify a trusted adult to talk to.
- Recognise 'signs' their bodies give them when they may be unsafe.
- Learn 'body safety' rules and safety strategies.
- Learn the difference between safe and unsafe secrets.

When: Tuesday, 29th October 2019,

Time: 10:20am for 10:30am start.

Where: Merredin Regional Community and Leisure Centre

Crèche: A limited crèche will be available at \$15 per child

Bookings Essential. Please email Clare Smith on csmith@amityhealth.com.au by October 22nd, 2019

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