



## Join Claire Orange

*for a 2 hour workshop with practical, immediately applicable parenting strategies*

## Positive Parenting Pop-up

# Systems | Routines | Boundaries

## Getting early parenting right 2-12 years

Getting systems, routines and boundaries in place is complex and challenging in the early childhood years. In this seminar join me, **Claire Orange** for an evening exploring what works and ways to smooth your family life:

- Choosing a system that works for you
- Planning ahead for positive and negative reinforcement
- What to do when the wheels fall off
- Yelling, threatening, joining the chaos—how to let that go
- Time in, time out—what is it and learning to manage big behaviours with love
- Tackling the bedtime traps that extend going to sleep time

\$25

The way you approach parenting makes the difference in being able to truly love and embrace all the joy and messiness of those early years that require so much patience and self-control to survive. I say of parenting that failing to plan means planning to fail - so come along and do some planning with me.

### Claire Orange

Director of BEST Programs 4 Kids

As the mum of 4 boys and a multi-qualified therapist, Claire knows the importance of getting children life ready and resilient.

Claire appears weekly at Channel 9's and 882-6PR's resident Parent Educator.

**19th March, 2019**

Bendat Parent & Community Centre  
36 Dodd St, Wembley WA 6014

**7-9pm**

Doors open at 6.40 for a 7pm sharp start

**Bookings**

[www.bestprograms4kids.com](http://www.bestprograms4kids.com)

