

Community Asthma Program



Have you been told your child has asthma?

Has your child been given Ventolin?

Has the Doctor talked to you about using Ventolin with a cold or cough?

Did Ventolin help your child's breathing?

- The Community Asthma Program (CAP) provides **free** asthma education, support and help for children (under 18) and their families
- Education is done to your needs and provided in an easy way
- It can be in your home or at an area that works for you and your child.

How CAP can help

We are a trained team of asthma educators based in the community.

Asthma educators will help and support you by:

- Listening to your concerns and issues
- Looking at medicines, puffers and spacers used to help control asthma
- Look at what may cause asthma and how to manage this
- Look at signs of asthma and know when to get help and what to do
- Help with a written asthma action plan
- Look at services in the community that may help with asthma management
- Can support and work with your GP, school teacher, childcare centre or others involved with your child

How to participate:

- You can call and discuss with a team member or contact your GP

Contact details:

Phone: (03) 83018861



Free access to interpreter.
Phone 131 450 and ask them to call us.



cohealth.org.au