

# Prep Information Evening 2026

When we belong, we shine!





# ★ Prayer ★

## Belonging Together in Faith

### **Loving God,**

As we begin this new school year,  
we gather as one Prep community.

We come with different stories, hopes and feelings,  
yet share a common purpose-  
to care for one another and help every child feel safe, known and valued.

Bless our students, families and staff.

May our school be a place of kindness, trust and belonging.

Guide us in the year ahead, in the learning we share and the relationships we grow.

We place this community into your loving care.

Amen





# Meet the Prep Team



Hanna Wood

Classroom Teacher  
Prep W/L  
Mon/Tues/Wed



Tiffany Levy

Classroom Teacher  
Prep W/L  
Thursday/Friday



Zoe Porter

Classroom Teacher  
Prep P  
Monday-Friday





# Meet the Prep Team



Lola Allen

Learning Support  
Prep W/L  
(M,T,W,T)



Ashleigh Chambers

Learning Support  
Prep W/L  
(Friday)



Mary Bedford

Learning Support  
Prep P  
(M,T,T,F)



# Evening Circle

## Morning Circle

Greeting  
Values  
Expectations  
Announcements  
Positive Primer  
What Went Well



The first 10 minutes of class are critical for setting the tone for the rest of the learning. Each morning in our Prep classrooms begin with our morning circle and time for prayer.

This creates predictable routines within the classroom to support engagement in learning and student wellbeing.

This routine of forming a circle with our young people to review key values and expectations, celebrate any announcements helps to create connection and our classroom community.

Our morning circle supports all children at Sacred Heart to feel fully seen, heard and welcomed into a space.

Please join us for an Evening Circle...!

# A Snapshot of Our Day in Prep

## Arrival/ Morning Block

 9.00-11.10 am

- Gates open at 8.30am
- Bags in class line outside the classroom
- Bell rings 8.53am
- Lunch box, water, bag on hook
- Welcome Circle
- Literacy Block
- Brain Food
- Writing

## Lunch

 11.10-12.00 noon

- Students eat in the classroom from 11.00am
- Hats and sunscreen applied
- Calm Club is on daily during second half of lunch
- Warning bell for toilet/drink break

## Middle Block

 12.00- 2.00pm

- Students line up
- Enter into the classroom for a transition do now task or mindful time
- Commence Maths fluency and learning
- 1.10pm Topic/Religion/RRRR

## Recess

 2.00- 2.30pm

- Time outside to play, explore and connect
- Student eat inside first and play scenarios are set up during this time.

## Afternoon Block/ Dismissal

 2.30- 3.30pm

- Topic/Religion/RRRR learning block
- Readers changed on a Monday
- End of day reflection
- Students are dismissed when students and teachers see their parents or special person

\*Brain Breaks to positively escalate (increase energy) or positively de-escalate (calm and centre students) are embedded throughout the school day.

# Weekly Timetable Prep P (beginning week 6)

\*Commencing from Week 6

Prep P	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.55	Morning Circle Prayer/Roll				
9.00	LITERACY HEGGERTY/MSL	LITERACY HEGGERTY/MSL	LITERACY HEGGERTY/MSL	LITERACY HEGGERTY/MSL	ASSEMBLY/ MASS
10.00	WRITING	WRITING	WRITING	WRITING	LITERACY HEGGERTY/MSL
Lunch	11.10-12.00	11.10-12.00	11.10-12.00	11.10-12.00	11.10-12.00
12.00	MATHS	ART	MATHS	MUSIC	WRITING
1.00	RESPECTFUL RELATIONSHIPS	SPORT	RELIGION	MATHS	MATHS
Recess	2.00-2.30	2.00-2.30	2.00-2.30	2.00-2.30	2.00-2.30
2.30	TOPIC/ READERS	MATHS	ITALIAN	TOPIC	DEVELOPMENTAL PLAY/BUDDIES

# Weekly Timetable Prep W/L (beginning week 6)

Prep P	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8.55	Morning Circle Prayer/Roll				
9.00	LITERACY HEGGERTY/MSL	LITERACY HEGGERTY/MSL	LITERACY HEGGERTY/MSL	LITERACY HEGGERTY/MSL	ASSEMBLY/ MASS
10.00	WRITING	WRITING	WRITING	WRITING	LITERACY HEGGERTY/MSL
Lunch	11.10-12.00	11.10-12.00	11.10-12.00	11.10-12.00	11.10-12.00
12.00	MATHS	ART	MATHS	MUSIC	WRITING
1.00	RESPECTFUL RELATIONSHIPS	SPORT	RELIGION	MATHS	MATHS
Recess	2.00-2.30	2.00-2.30	2.00-2.30	2.00-2.30	2.00-2.30
2.30	READERS/ MINDFULNESS	TOPIC	ITALIAN	TOPIC	DEVELOPMENTAL PLAY/BUDDIES

# Classroom Routines and Expectations

- ★ TAKE HOME READERS (MONDAYS) Sent home in Week 4
  - Students are to bring their reading pouch to school every Monday. Students will be given 3 new decodable books for the week that are changed by the teacher. Reading for enjoyment, according to the skills they have been taught thus far.
- ★ SPORTS UNIFORM
  - Tuesday (PE Lesson)
  - Friday (Class Sport from week 6)
- ★ BRAIN FOOD (mid-morning snack at 10.00am)
  - Fruit, veg and yoghurt
- ★ Antibacterial Wipes and Tissue Boxes please!!
- ★ Class Awards at assembly on Friday. We will email for the 1st award



# T1 Literacy Heggerty/MSL

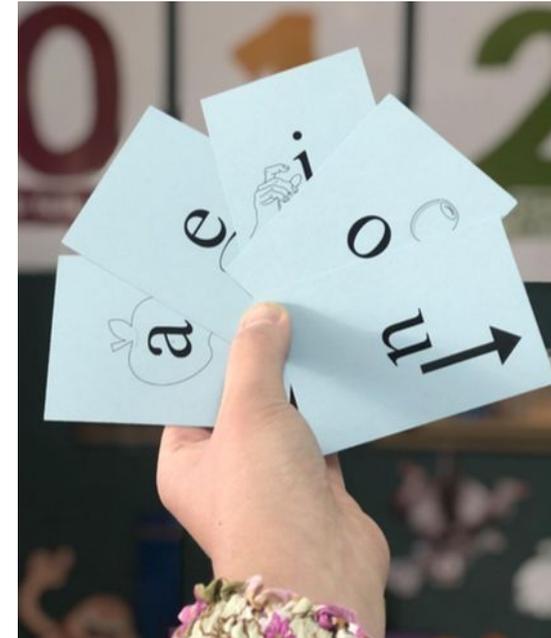
## Heggerty

Phonological awareness - isolating, blending, combining sounds, manipulating sounds to create new words, clapping syllables in words and identify rhyming words.

## MSL- Multisensory Structured Language

This is a phonics-based program that involves direct, explicit, repetitive learning of sounds every day. Students participate through listening, encoding (writing) and decoding (reading) the sounds and words they hear. This term we will focus on learning individual letter sounds.

- Individual letter sounds - mnemonics
- Begin to blend known sounds together to make words, mat, cat, fig etc. (skill practice and fluency)



's' is for strawberry

FIRST

THEN



Sound Write Name



For SA

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 cab	 cab
red	red
jam	jam
pin	pin
mop	mop
nan	nan
leg	leg
sip	sip

# T1 Writing

## TWR - The Writing Revolution

One of the most fundamental skills a good writer should have is the ability to develop a good sentence. This will be our focus this term.

Students will learn to:

- describe the concept of a sentence
- begin to identify and define nouns and verbs
- begin to generate simple sentences from pictures
- expand simple sentences

There will also be a weekly focus on fine motor skill development and letter formation.



Skill development: We do



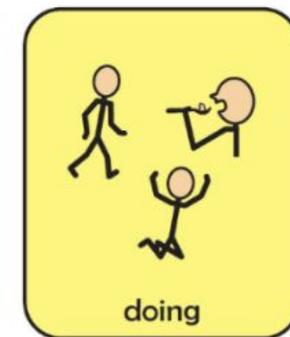
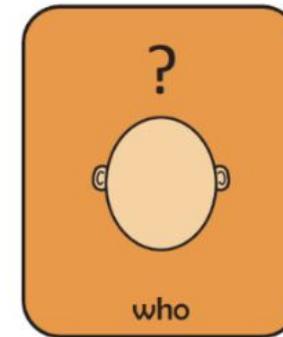
Make a sentence up about this picture.



CFU:

- Does your sentence make sense?
- Does your sentence have a WHO?
- Does your sentence have a DO?

A sentence must:



# T1 Maths

Each Maths lesson will follow a carefully designed evidenced based structure:

- **5 minutes:** Developing mathematical fluency.
- **15 minutes:** Reviewing previously learned concepts.
- **25 minutes:** Explicit instruction of new concepts.
- **15 minutes:** Practicing newly introduced skills

This approach ensures a well-rounded and engaging learning experience, supporting both skill development and a deeper understanding of mathematical concepts.

Throughout Term 1, Prep students will explore the following units through explicit and direct instruction:

- **Patterns:** Identifying and creating simple repeating patterns.
- **Measurement - Time:** Comparing daily activities and sequencing key events using terms like *first*, *then*, and *next*.
- **Counting and Place Value:** Learning to count, compare, sequence, and add numbers up to 10.
- **Location:** Understanding and using directional language such as *next to*, *under*, and *beside* while beginning to differentiate between *left* and *right*.

These units are designed to build foundational maths skills in an interactive and meaningful way, setting your child up for success in their learning journey.

Numbots (Optional Home Learning) login details sent home Week 4 in the reading pouch



# T1 Topic (Our Families & Celebrations)

## Knowledge Rich Curriculum (Humanities and History)

In Term 1, students explore who they are, where they come from, and how families and communities celebrate important moments.

They will:

- Learn about their family, memories, and what makes them special
- Understand that all families are unique, with similarities and differences
- Share stories, photos, and objects that tell their family story
- Explore First Nations perspectives, including family, culture, and connection to Country
- Learn about family celebrations and how different cultures celebrate in diverse ways
- Develop skills in storytelling, listening, asking questions, and sharing ideas

This unit helps students build a strong sense of identity, belonging, and respect for others



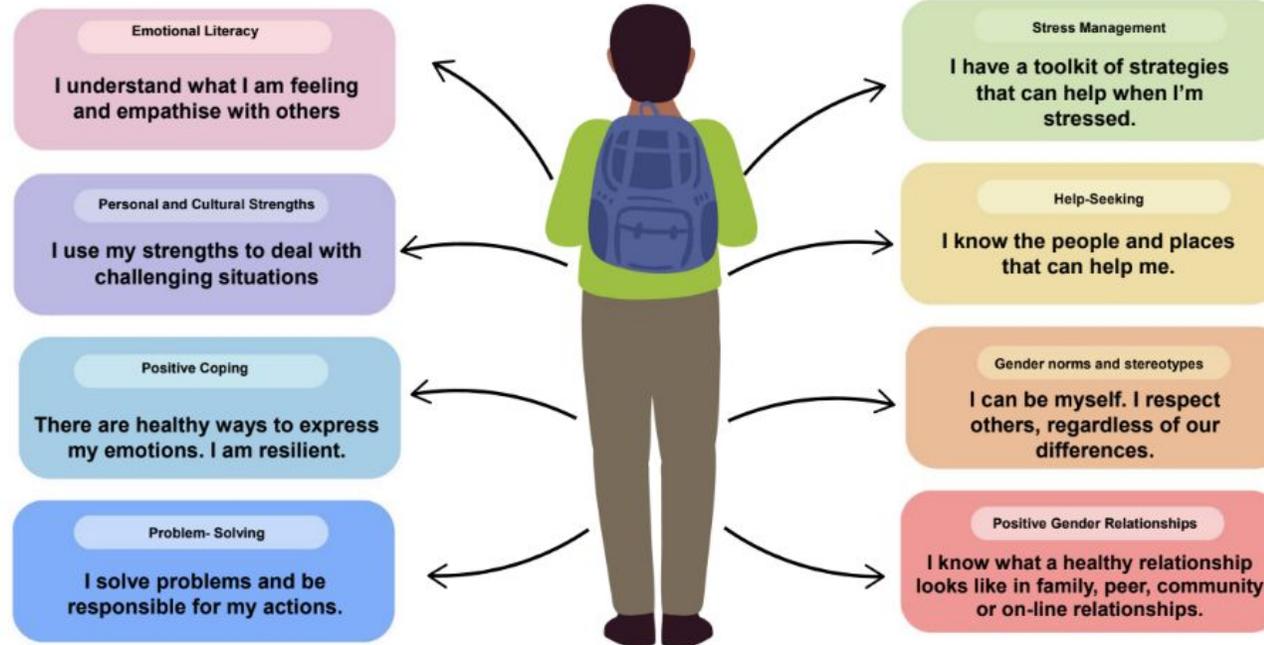
# T1 Religion

This term, we will explore the Church, learn about who God and Jesus are, and discover how we belong to God's family. We will also focus on the Creation Story from Scripture, helping students understand God as Creator. Additionally, our learning will include Lent and Holy Week, giving students the opportunity to engage in a variety of learning activities and prayer experiences.



# Respectful Relationships (SEL Learning)

## Lessons for Life



# T1 Respectful Relationships

The Respectful Relationships program supports schools to promote and model respect, positive attitudes and behaviours. It teaches our children how to build healthy relationships, resilience and confidence.

This term we will cover the topics of 'Emotional Literacy' and 'Personal and Cultural Strengths'

- Identify what the emotions look like through facial and body expressions
- Recognise and identify their own emotions
- Students develop vocab to help them recognise and understand and positive qualities in themselves and others
- 



Happy



Sad



Calm



Angry



Scared

# Buddy System

Our Buddy system works on building a relationship based on trust, affirmation, and acceptance between our Grade 5 students with the Prep children.

It is an opportunity for our senior students to display leadership qualities and to play a positive role in assisting in the transition process for our Preps to the Sacred Heart school environment.

The buddy system encourages Prep children to:

- Feel welcomed and supported in making the transition to primary school.
- Feel part of the school life and parish community.
- Become familiar with the school environment, buildings and daily routine.
- This will be set up in the next few weeks.



# Lunch Orders & Tuck Shop

## Lunch orders

- Info has been posted in the Nforma portal - CDF Pay
- Fridays only
- Orders for lunch need to be in by Thursday 10pm

## Tuckshop

- Small change in identifiable wallet / pouch
- Please speak to your child about coins and amount of money

**CDFpay**™

**CDF**  
CATHOLIC DEVELOPMENT FUND

**Our school offers  
online ordering with  
CDFpay**

**Order and pay in seconds**

- See up-to-date menus and items
- Quickly re-order family favourites
- Buy uniform items when it is convenient

9:41

**CDFpay**

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Events

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# Allergy Aware School

At Sacred Heart, we work together to **minimise the risks associated with food allergies** and keep all students safe.

- **Nut products**, including peanut butter and nut-based foods, **are not to be brought to school**.
- We follow a "No Food Sharing" approach where students eat only their own food.
- Students are taught why food allergies matter and how their choices help keep others safe.

Please avoid hard boiled whole eggs as we have an egg allergy in our Prep space. We ask that only **cooked egg items** are packed to school (baked goods with egg etc)

## Medication, Medical Information and Anaphylaxis and / or Asthma Management Plans

At the beginning of each school year, parents with children who are asthmatic or anaphylactic are requested to complete an Individual Student Medical form and enter the details into the nForma Portal under 'medical'. We also require that parents provide the office with Anaphylaxis and/or Asthma Management Plans for their children. If your child must take medication such as antibiotics etc, a signed, "Medication Authority Form" must be given to Karen at the office. Under no circumstances will medication be administered without written permission, signed by the treating GP or specialist.

## Birthdays

If you wish to celebrate your child's birthday with a shared treat for the class, it is to be handed to the classroom teacher. We suggest 1 small wrapped item like a freddo frog as it is a safe option for children with allergies. There is no expectation to provide a shared item, however, we know many families enjoy to do so. There are 24 students in each class, please ensure no one misses out! Thank you for supporting the safety and wellbeing of all our students.



# Inform and Empower- 19th of March

## RAISING KIDS IN A DIGITAL WORLD

### Cyber Safety Webinar for Parents & Carers

Presented by Martin McGauran, primary school teacher and eSafety educator and Carley McGauran, psychologist and mum.



Sacred Heart Parish  
Primary School

Thursday 19 February  
7.30 - 9.00 pm

### Parent Seminar 19/3/2025 Raising Kids in a Digital World 7.30pm Online Webinar

Our Raising Kids in a Digital World 90 minute seminar presented by Marty, an expert educator, and Carley, an experienced psychologist. They share evidence-based strategies as well as practical tips and up-to-date insights. This ensures our parent community is equipped with the skillset, toolset and mindset they need to be able to support their children as they navigate the online world.



## Term 1 Key Dates

- 6th of Feb- 9.15am Welcome Mass/Liturgy 🏛️
- 10th/12th of Feb- Informal parent/teacher chats
- 21st of Feb- P&F Cocktail Party
- 5th/6th of March- Staff Retreat (School closure)
- 9th of March- Labour Day (school closure)
- 13th of March- School Athletics
- 16th of March- School Photos 📷
- 19th of March- Inform and Empower CyberSafety
- 20th of March- Harmony Day Celebration
- 2th of April- Easter Bonnet Parade/Raffle
- 2th of April- 1.00pm End of Term

QUESTIONS?

## Newsletter

Published every second Friday  
Please check for updates of what is happening in the classroom and school community.

## Emails

Zoe Porter (Prep P)  
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Hanna Wood (Prep WL)  
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Tiffany Levy (Prep WL)  
tlevy@shsandringham.catholic.edu.au