



Dear Parents and Carers,

Our next Staff Development Day will be held on **Thursday 26th February, 2026**. This day will be a **Pupil Free Day**.

On this evening of Thursday 26th February a Parent Information Evening will be held at Mercy Hall, James Sheahan High School at 5.45pm hosted by Mr Daniel Principe, Youth Advocate and Educator. The Parent workshop is titled:

### **Who's Raising Our Kids – Us or the Internet?**

*An evening with Youth Advocate and Educator Daniel Principe*

 *Helping parents guide young people through a noisy, digital world.*

*“Young people don't need more noise – they need our voice.” – Daniel Principe*

### **Workshop**

Young people today are navigating a distracted, digital world. From hyper-sexualised content to toxic influencers, these online forces permeate into the surrounding popular culture, sometimes causing young people to act out in harmful ways towards themselves and others. Amid these challenges, we also know that youth are capable of living courageously, leading lives of empathy, respect and kindness. But this shift doesn't just happen. Young people need our help to sensitively unpack the messages they receive about topics like consent, porn culture, stereotypes, relationships and sexuality.

During my parent and community presentations, we gently confront the elephants in the room to get to the heart of what really matters to young people. These sessions intentionally bring caregivers and community leaders together. With care and clarity, I provide reflective tools we can use to help young people analyse and challenge the culture around them. I unpack what the latest academic research reveals about how the current social and cultural forces are affecting young people's wellbeing and their relationships.

Grounded in evidence, we then explore practical ways to equip our young people to become more aware of the people and ideas influencing their behaviour and growing identities. We discuss how to instill the importance of not only consent, but of building respectful and empathetic relationships into adulthood.



## About the Workshop

### What Parents Can Expect

Our young people are navigating a world of constant distraction and influence – from social media to celebrity culture. In this engaging session, Daniel explores:

- How online influences shape young people's behaviour and identity
- The impact of porn culture, stereotypes and toxic influencers
- What the research reveals about youth wellbeing and relationships
- How we can help our children build empathy, respect and resilience

This session provides reflection tools, language, and practical ways to guide meaningful conversations at home.

### 👉 WHY ATTEND?

- Gain practical tools and conversation starters for home
- Understand the cultural forces shaping young people today
- Learn how to model empathy, respect and courage
- Connect with other parents and educators in your community

## About the Speaker

### About Daniel Principe

Daniel is a highly regarded Youth Advocate and Educator, recognised as a nominee for the 2025 NSW Australian of the Year.

As a board member of the DART Institute and ambassador for the Women's Resilience Centre and Consent Can't Wait campaign, Daniel has engaged tens of thousands of young people and educators across Australia. He brings deep expertise in healthy masculinity, respectful relationships, consent, social media harms, and youth wellbeing.



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## EVENT DETAILS

### ORANGE

-  **Date:** 26th February, 2026
-  **Venue:** James Sheahan Hall, Anson St, Orange
-  **Time:** 5.45pm for a 6.00pm start

 **Free event – all parents and caregivers welcome.**

 **Register for your free ticket here [Register for Orange](#)**