Careers Corner Weekly

Events 18th September to 1st October



Wednesday 20 September 2023

Edith Cowan University - Computing and Security Science Information Evening

Our Computing and Security programs include a broad choice of major subjects and cover dynamic areas such a computer science, cyber security, information technology, counter terrorism, security, intelligence, and software engineering.

Time: 6:00 PM - 7:30 PM

Location: Building 21 Room 201, ECU Joondalup Campus, 270 Joondalup Drive,

Joondalup

Click here for Details and Registration

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Wednesday 20 September 2023

Defence Careers Australia - Perth: Army Careers Information Session

Optimise your potential and consider a career that will transform you into a fit, capable, confident and resourceful member of the army.

There's so much more to life in the Army, with stimulating work opportunities, plenty of travel, amazing mateship, and extensive sport and leisure facilities.

Discover whether an Army career is your kind of challenge at our upcoming info session.

Time: 06:00 PM - 07:30 PM Location: Perth ADF Careers Centre Click here for Details and Registration

Monday 25 September 2023

World Education Program - Online Info Sessions

WEP info sessions are free and provide students and parents the opportunity to meet some of our WEP staff, hear all about student exchange opportunities and ask us any questions!

Time: 6:00 PM - 7:00 PM AEST

Location: Online

Click here for Details and Registration



Wednesday 27 September 2023

Tabor College - Discover Tabor College - Book a Campus Tour

Join Us for a Campus Tour and Meet-and-Greet with Faculty

Looking to explore Tabor College but can't make it to the Discover Tabor Tours? No worries! We've got you covered with our Campus Tour option. You can still schedule a tour on the following dates that work for you. Take the opportunity to explore everything Tabor has to offer!

Time: 4:00 PM

Location: See link below

Click here for Details and Registration

Wednesday 27 & Thursday 28 September 2023

Murdoch University - A Day in the Life of a Murdoch Uni Student (Year 9 & 10) 2023 - Day 1 & 2

Do you want to experience a day in the life of a Murdoch University student?

If you are currently in Year 9 or 10, A Day in the Life of a Murdoch University Student is the perfect opportunity for you to explore your interests and where these might lead you. You will create a customised university timetable based on subjects of interest, speak with current Murdoch University students about their study journey and be inspired by our academics.

Time: 8:00 AM - 3:30 PM

Location: ECL2 Lecture Theatre - Murdoch University

(Building 460)

Day 1: <u>Click here for Details and Registration</u>
Day 2: <u>Click here for Details and Registration</u>



Events 18th September to 1st October

Australian Catholic University						
Date	Event	Description	Time/Location/Registration			
Wednesday 20 September 2023	Talk with Exercise Science and High Performance Sport Professionals	Join us online to hear from ACU alumni about their experiences working as exercise scientists and high performance sport professionals. Take part in a Q&A session about where a career in sport and exercise science could take you.	Time: 6:00 PM - 6:45 PM Location: Online Click here for Details and Registration			
Thursday 21 September 2023	Talk with Arts Graduates	Join us online to hear from ACU alumni about their experiences after graduating from an arts degree. Take part in a Q&A session about the vast range of careers an arts degree can lead to.	Time: 6:00 PM - 6:45 PM Location: Online Click here for Details and Registration			
Tuesday 26 September 2023	Talk with Psychologists, Youth Workers and Social Workers	Join us online to hear from ACU alumni about their experiences in the field. Take part in a Q&A session with our graduates and learn about the rewarding and challenging careers of psychologists, social workers or youth workers.	Time: 6:00 PM - 6:45 PM Location: Online Click here for Details and Registration			
Wednesday 27 September 2023	Talk with Nutritionists and Dieticians	Join us online to hear from ACU alumni about their experiences working as nutritionists and dieticians. Take part in a Q&A session with our graduates and learn about the fulfilling careers.	Time: 6:00 PM - 6:45 PM Location: Online Click here for Details and Registration			

Edith Cowan University						
Date	Event	Description	Time/Location/Registration			
Monday 25 to Friday 29 September 2023	ATAR Revision Sessions	If you're a Year 12 ATAR student, you shouldn't miss our free revision sessions. Sessions run between Monday 25 September and Friday 29 September 2023	Time: See link below Location: Building 32 Room 101, ECU Joondalup Campus, 270 Joondalup Drive, Joondalup WA 6027 Click here for Details and Registration			
Monday 25 to Friday 29 September 2023	Online ATAR Revision Sessions	If you are a Year 12 ATAR student, you shouldn't miss our free online revision sessions. Sessions run between Monday 25 September and Friday 29 September 2023	Time: See link below Location: See link below Click for Details and Registration			
Wednesday 27 September 2023	Year 9 and 10 students - Experience ECU Day	Experience ECU is a one day program of hands-on discovery workshops and activities across the ECU schools of: Arts & Humanities, Medical & Health Sciences and Business & Law.	Time: See link below Location: Meet in Building 8.211 Joondalup Campus, 270 Joondalup Drive, Joondalup WA 6027 Click for Details and Registration			





Chaos Theory of Careers Infographic Source: https://www.careers.govt.nz/articles/spotlight-on-the-chaos-theory-of-careers/

Have you ever felt overwhelmed by the endless possibilities and uncertainties that lie ahead in your future career? Well, fear not, because we are diving into the intriguing world of the Chaos Theory of Careers, a concept that might just revolutionise the way you think about your post-school journey.

Imagine your career as a roller coaster ride through a theme park of opportunities. Pryor and Bright's Chaos Theory of Careers suggests that your career isn't a straightforward ladder but more like an exhilarating maze filled with twists and turns. Change can happen at any time in your life and for all different reasons, some positive and others not so positive. Change is not only normal but absolutely essential. So, why should you embrace the chaos that change presents?



- Firstly, chaos brings excitement. Think about it

 would you rather watch a movie with a predictable plot or one with unexpected twists and turns? Similarly, a career filled with change keeps you engaged and eager to explore new horizons.
- Secondly, chaos fosters growth. Just like muscles need resistance to become stronger, your skills and knowledge thrive in the face of challenges. Embracing change allows you to adapt, learn, and evolve, becoming a wellrounded professional.
- Lastly, chaos sparks creativity. When you venture out of your comfort zone, you discover innovative solutions to problems you didn't even know existed. Chaos invites you to think outside the box, leading to groundbreaking ideas and projects.

So, the next time you feel overwhelmed by the chaos of your future career, remember that it's not something to fear. Instead, see it as a thrilling adventure that will keep you engaged, help you grow, and ignite your creativity. Embrace the chaos, and you'll find yourself on the edge of an exciting and fulfilling career journey!



Coping with Life & Career Change

Life and career changes can be daunting, but with the right strategies, you can navigate them successfully. Here are some practical tips to help you cope with the chaos:

Know and grow your skills

You have skills that are transferable across many areas in addition to your technical skills. Invest in your skills and knowledge. Lifelong learning keeps you competitive in the job market and boosts your confidence.

Aspire

Define clear, achievable objectives for your career and life. Break them down into smaller, manageable steps. More importantly, have a plan A, B, C and be ready to follow any of these plans and say YES to opportunities that come your way - you just never know.

• Develop a growth mindset

Be resilient and maintain an open mind with a flexible mindset that welcomes change as an opportunity for growth rather than a threat.



Change Skills

Focus on the following skills to thrive amidst life and career changes, making you a more adaptable, resilient, and effective individual as you encounter chaos:

RESILIENCE

- Build resilience through self-awareness and positive self-talk.
- Reflect on past challenges and how you've overcome them.
- Develop a support system of friends and mentors. Stay focused on your long-term goals to maintain perspective in the face of setbacks.

ADAPTABILITY

- Expose yourself to new experiences and challenges.
- Seek diverse perspectives and be open to different approaches.
- Practice mindfulness to manage stress and stay centered during transitions

PROBLEM-SOLVING

- Hone problem-solving skills by breaking down complex issues into manageable parts.
- Practice critical thinking and creativity to find innovative solutions.
- Collaborate with others to gain fresh insights.
 Continuously learn and adapt your problem-solving approaches based on feedback and outcomes.



Australian Olympic Change-Maker Program

The <u>Australian Olympic Change-Maker program</u> recognises secondary students from around the country who demonstrate the Olympic spirit – friendship, sportsmanship and striving for excellence - both on and off the playing field, through leadership and driving positive change in their school and local communities.

The Change-Maker program provides students with the opportunity to share their ideas, connect with other likeminded people and be immersed in a unique Olympic experience, hearing first-hand from Olympians.



How it works:

The Australian Olympic Change-Maker program celebrates young Australians who 'Power the Change'. This is an opportunity to be recognised for creating positive social impact through your sport and leadership skills.

You must be in Year 10, 11 or 12 and have a teacher from your school nominate you by 21st September.

Click here for further details.

Career in Change Management

The rate of 'change' is now so great that many organisations now hire a 'Change Manager'.

Change Managers focus on the impact of change on the people. They aim to minimise the negative effects and maximise the benefits of change within an organisation. This often involves identifying the impact on people, getting them ready for change, and handling any resistance to change.

Do you have what it takes?

Click here to discover the skills, qualifications, salary range and typical responsibilities of a Change Manager.







All competitions and challenges are free/have low entry fees and are open to students nationwide unless otherwise stated.

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Competition	Open To	Closing Date			
Bell Shakespeare Shorts Festival Submit a short film about or inspired by Shakespeare, reflecting your school or community.	Primary & Secondary Students	22 September 2023			
The KSP Writers' Centre Poetry Competition All poetry styles and themes are acceptable; maximum 50 line count.	10 - 17 year olds	27 September 2023			
The ACMF National Songwriting Competition Be creative and expression yourself through songwriting. There are some amazing prizes to be won!	All Australian students	30 September 2023			
ANU STEM Challenges Fun and hands-on weekly challenges on a range of STEM topics organised by the Australian National University.	All high school students	Events run 2 - 29 October 2023			
The Simpson Prize A competition that focuses on the service of Australians in World War I. Enter an essay or video in response to the set topic.	Year 9 and 10 students	November 3 2023			
Storyfest National Novella Writing Competition For serious student writers with fantastic prizes on offer!	All high school students	December 1 2023			

