# Continuous Learning Advice for Parents Year 5/6

### START THE DAY WELL

- If you are at home with your child, please ensure that they have had breakfast and are dressed in neat casual clothes and ready to learn for the day before the 9:00 am check in.
- Check communication from your child's teacher, and go to the first subject area on The Hub (Schoolbox)
- If your child is unwell or unable to attend classes, please contact the College via <a href="mailto:attendance@standrews.vic.edu.au">attendance@standrews.vic.edu.au</a>, and cc your child's teacher.

## CREATE A LEARNING SPACE

- Your child's learning space should be tidy, comfortable and as quiet as possible.
- Make sure you child is sitting on a chair at a desk or table.
- Ensure that your child has a charged device and is logged on to The Hub (Schoolbox).
- Students need to have pens, paper and required books near-by.
- Students are encouraged to use headphones where possible and to remove all distractions – including mobile phones.



#### COMMUNICATION

- Each week teachers will email information for the following days/next week.
- Check on The Hub (Schoolbox), with your child, each day for any additional instructions from the teacher.
- Encourage your child to use the class forum to ask questions about course content.
- Please contact the subject teacher if you have any subject specific questions.

## WHAT PARENTS CAN DO

- Parents can support their children by encouraging them to plan times and breaks ahead, and when to work on the different tasks
- This type of support can help children to regulate their own learning and will often be more valuable than direct help with homework tasks.
- Encourage your child to practise healthy habits
  - o Take breaks every 45-60 minutes
  - Have recess and lunch breaks and eat healthy food
  - Engage in exercise and rest each day

#### **SUPPORT**

IT Support: 1300 832 454

Email: itsupport@standrews.vic.edu.au

Head of Middle School: Mr Dan Lee <u>dlee@standrews.vic.edu.au</u>

Year 5/6 Coordinator: Mr Ben Sheahan bsheahan@standrews.vic.edu.au

Head of Learning and Teaching: Mr Michael Swanborough mswanborough@standrews.vic.edu.au

Head of Learning Support: Mrs Shirley Gillie <a href="mailto:sgillie@standrews.vic.edu.au">sgillie@standrews.vic.edu.au</a>

Please consult the Year Level Information Booklet from the Year 5/6 Information Night for relevant specialist teacher contact details.