

St James Brighton Primary School



Term 4, Years 4-6 Physical Education Overview 2019

Week 1-4

Cricket will be the focus during weeks 1-4. Students will be learning the skills of overarm throwing for aim and accuracy, overarm bowling, catching, fielding, batting and game play.

Students will learn these skills through drills and fun games to enhance enjoyment and participation.



Week 5-8

During week 5-8 students will be learning how to make connections with an implement through tennis. Forehand, backhand, volley and serves will be the skills taught. Hand eye co-ordination and making connection with the ball will be the main focus. Students will learn the skills of tennis through whole group instruction, individual and paired activities.

Week 9-10

In weeks 9-10 we will be having some fun combining all of the skills learnt throughout the year. Minor Games will be our focus including Coney Island (a personal favourite), dodgeball, multi-sports etc.

SPECIALIST TIMETABLE

Week A

		9 - 10	10 - 11	Recess	11.30 - 12.30	12.30 - 1.30	Lunch	2.30 - 3.30
Mon	Art	4C	Release Art		5C	Year 6		5M
	Perf Arts	Release PA	4C		Year 6	5M		5C
Tues	Art	Year 2	Prep		Year 1Q	Year 1		3
	Japanese	Year 1	4C		3	2		Prep
	PE CK	Prep	3		Year 1	Year 1Q		2
	PE GM	4C	Year 6		Release GM	5M		5C

Week B

		9 - 10	10 - 11	Recess	11.30 - 12.30	12.30 - 1.30	Lunch	2.30 - 3.30
Mon	Art	Year 1Q	Year 1		Prep	2		3
	Perf Arts	Year 1	Year 1Q		2	3		Prep
Tues	Art	5C	Year 6		5M	Release Art		4C
	Japanese	Year 1Q	5M		5C	Year 6		Release LOTE
	PE GM		5C		Year 6	4C		5M
	PE CK	Year 1	2		Prep	3		Year 1Q

Thank you for your ongoing support,

