

Athletics Carnival 2026

Year 3-6 events will be trials to make the St Brigid's District Athletics team.

Time	Event
8:50am	Bus - Year 3-6 (2 x 57 seater)
9:00am	Year 3-6 Arrive
9:05	Warm Up/ Stretches
9:10am	80m Hurdles - 3-6 (while we wait for F-2 to arrive)
9:30am	Foundation - year 2 arrive
9:40am	Wendy - Whole school Welcome
9:50am	Whole school 100m SPRINTS
11:00am	Rotations Start (30 mins per rotation)
1:30pm	Whole school shuttle relay F-2 + 3-6 in House Colours House Chants
2:15pm	F-2 Leave 3-6 800m 3 Races 9/10 Boys and Girls 11 Boys and Girls 12/13 Boys and Girls
FRIDAY 7th AUGUST 3pm	Assembly

START TIME: **11am** Rotations - 30 mins (5 mins to rotate)

Year 3-6 Event Rotations

	Rotation 1 11am	Rotation 2 11:35am	Rotation 3 12:10pm	Rotation 4 12:45pm	Rotation 5 1:15pm	Whole school House Colour Relays 1:30pm
Long Jump	12/13 Girls + 11 Girls	9/10 B	9/10 G	11 Boys + 12/13 Boys	3-6 Break	Relays - shuttle with baton on 100m straight House colours Year F- 2 Year 3-6 Followed by House Chants
200m	11 Boys + 12/13 Boys	12/13 Girls + 11 Girls	9/10 B	9/10 G		
Shot put	9/10 G	11 Boys + 12/13 Boys	12/13 Girls + 11 Girls	9/10 B		
Discus	9/10 B	9/10 G	11 Boys + 12/13 Boys	12/13 Girls + 11 Girls		

Junior Rotations - 25 minute Rotation

	Rotation 1 11am	Rotation 2 11:30am	Rotation 3 12:00pm	Rotation 4 12:30pm	Rotation 5 1:00pm	Whole school House Colour Relays 1:30pm
Long Jump (2) + relays	2A		FE	1C	F-2 Break	Relays - shuttle with baton on 100m straight House colours Year F- 2 Year 3-6 Followed by House Chants
Shot put with bocce ball +Mini hurdles	1C	2A		FE		
Vortex + Tunnel Ball	FE	1C	2A			
Javelin Throw		FE	1C	2A		

TIME: 2:15pm

F-2 leave + 3-6 800m

